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chemistry sizzles in this workplace rom com set in the world of high school basketball as the author of love other disasters delivers a sapphic romance full of humor and heart when a smart mouthed junior joins east nashville high s basketball team coach julie parker s ready for the challenge what she s not prepared for is the teen s new foster parent a super hot ex wnba baller and star of julie s fantasies julie knows the cool and confident elle cochrane is way out of her league but despite being completely tongue tied around her somehow julie persuades elle to step in as her assistant coach elle has not been on a court since her career ending injury but she can t seem to resist julie who is just as adorable as her nervous babbling maybe because being around her makes elle feel sparks for the first time in long while which is why she offers to help when julie reveals her lifelong insecurity about dating and how she wishes she could practice at it like sports as elle helps julie navigate dating life lines grow increasingly blurred and the two must decide whether they ll stay on the sidelines or finally take their shot taking their romance on the road camille carson has known performers like brett taylor arrogant egotistical incapable of commitment and brett the texas cowboy turned country music superstar is no different she knows that even if he makes her feel as though she s the only woman in the room when he starts crooning those romantic ballads resisting him is impossible still cammie s smart enough to know that this affair with brett is as fleeting as her temporary gig with his crew so when she starts believing his lyrics she knows she s heaping on the heartache yet there s something about him that whispers he might not be just another star could be his young daughter waiting in the wings could be how he is offstage if brett isn t the man cammie thinks he could be it s not too late to cut and run but what if he is are you getting prepared for your exit exam is a book that is written to encourage both students and adults about the necessity of being prepared for the inevitable no one is exempted from being tested both in the physical and spiritual life its the intent of the author s to focus on both in a personal way of the consequences that one will suffer in both instances if there is a lack of preparation which will ultimately lead to failure the contents of this book will surely strike a personal cord thats evident in the life of every individual after reading it you will be obligated to decide for yourself whether you can answer the question affirmatively the dramatization involves people who are faced with a dilemma in life and each is forced to make a decision that will affect their lives in one way or another leon hardnett graduated from west high school in jackson louisiana and was blessed with three sons theron aaron and joel and southern university in baton rouge louisiana he earned a b s degree in electronics technology in january of 1979 he married anna williams hardnett leon along with anna l woodard professor of english at southern university and several other members of the drama team at church point ministries co authored and portrayed a character in three musical dramas who do i turn to when im all alone its a summer thing and the black prodigal father leons first two books of poetry treasures from the source and gods little children were published in 2001 and 2006 respectively he received the shakespeare award of excellence as famous poet for both 2003 and 2004 and the outstanding achievement in poetry award from the international society of poets in 2004 tired of not getting what you want don t know how to ask for it best selling author richard templar brings his inimitable blend of originality imagination wisdom and straight talk to the challenges of negotiation persuasion and influence templar offers up 100 clever simple pain free ways to get people to happily say yes to you templar is the world renowned author of best sellers like the rules of money and the rules of life in this new book he offers practical principles and strategies covering a wide range of situations both at work and beyond you ll learn how to get what you want without saying a word and for those rare occasions when you have to ask you ll find the techniques and words that ll get the job done every solution gets its own bite size two page spread making this book incredibly easy to read and use some people seem to get what they want consistently and effortlessly it s not luck it s knowing how read this fresh funny and relentlessly practical book and you ll know how too when you look in the mirror are you unhappy with how you look do you wish that you could look younger stop looking for youth in lotions creams and treatments and take the wellness approach to looking and feeling younger if you want to rejuvenate your mind body and spirit this is the book that will tell you how to do it learn how to think young feel young and look young longer naturally without expensive facial products youth starts within the body so learn how to eat to stay young how to think to stay young and how to act to stay young the wellness approach will not only help you feel better but you will look better stop wishing that you were younger and do something about it by reading this book today stop feeling old and start feeling good again this book is full of tips on how to change your life for the better helping you keep off the signs of aging change your life now by picking up this book debunk all those assumptions that you will be rich if you study hard and work hard they don t teach you how to get rich at school 2 it is all about the importance of money the premise of the book clearly distinguishes the difference between the thinking of the rich and the poor in essence the only limitation between you and the rich is in your own mind and achieving success lies in breaking these walls you can t just graduate and leave formal education and expect yourself to be financially well equipped many people think that having a good education is sufficient to the roads to acquire new wealth well they can t be any more wrong it is having the mindset of the wealthy that will make you rich that is why many lotto winners who becomes instant millionaires loses most of their money because they don t have the proper mindset to maintain or grow their money you ll discover why some of your money beliefs might be wrong and that could be holding you back you need to consider what are the principles and what behaviors the rich have that you do not have laura maya takes this idea and breaks it into sixteen chapters you wouldn t find a recipe to turn rich overnight rather the book provides a solid foundation for setting the psychological stage for strong financial habits studying hard getting nice grades and getting a job is not enough to be rich that s one lie which we have been fed with since our childhood there is a difference between scholastic professional and financial education the book further analyzes the root cause of why you are not rich it all boils down to your education you were never taught about how to be rich at school forget that you never even learned personal finance or how to handle money it further touches upon how you can get smart with personal finance perhaps the biggest argument laura makes is the fact that everything can change if you change your mindset buying that expensive dress impulsive buying etc are all signs of a poor mentality if you make changes to your lifestyle and spending habits today you will reap the benefits tomorrow on making money laura s approach is simple she emphasizes on investing spend less and plan for a long term this isn t something new we have all heard it but we never implement it laura gives real life examples of how you can start your journey to being rich by investing for a long term planning your finances and by staying on a budget last but not the least she focuses on self investment by developing your mental financial and emotional intelligence to sum up laura has come up with a book that truly focuses on the core problem today financial planning and money making is simply not taught at schools the book truly provides a step by step guide to change your thinking about money set realistic goals and embark a journey towards riches when you face a cheating crisis you are overwhelmed with a storm or intense emotions this book is your battle plan to get your life back i give you the tools to think straight and make the right decisions i am a pro life coach and have been coaching women on this topic for 10 years the strategies i give you were designed in real cheating crisis situations when coaching my clients one on one get it it s the power kick that will radically boost your energy clarity and your success in dealing with this challenge this is advice on steroids it s a concentrated and ultra targeted energy

kick we ve all experienced frustration asking for and getting what we want it plays out regularly with our partners children employers and businesses we patronize sometimes we don t bother to ask for what we want even when it s perfectly reasonable thinking it will create hard feelings or spark an argument often it s because we don t think we can succeed in getting what we want but nothing could be further from the truth how to ask for what you want and get it common sense tips that work will help readers learn how to ask for what they want and get good results it teaches them how to stay in the game by using the right words it also shows how to build rapport by using positive body language the more you know what makes people operate as they do the better chance you ll have of helping them see things your way the most important aspect to negotiating anything is getting the other person on your side that means the person you re asking has to like and respect you enough to do what you want most of the advice in this book employs mindfulness techniques the mindfulness movement helps people live in the moment speak more effectively to one another and settle problems peacefully normal 0 false false false en au x none x none style definitions table msonormaltable mso style name table normal mso tstyle rowband size 0 mso tstyle colband size 0 mso style noshow yes mso style priority 99 mso style parent mso padding alt 0cm 5 4pt 0cm 5 4pt mso para margin top 0cm mso para margin right 0cm mso para margin bottom 10 0pt mso para margin left 0cm line height 115 mso pagination widow orphan font size 11 0pt font family calibri sans serif mso ascii font family calibri mso ascii theme font minor latin mso hansi font family calibri mso hansi theme font minor latin mso fareast language en us normal 0 false false false en au x none x none style definitions table msonormaltable mso style name table normal mso tstyle rowband size 0 mso tstyle colband size 0 mso style noshow yes mso style priority 99 mso style parent mso padding alt 0cm 5 4pt 0cm 5 4pt mso para margin top 0cm mso para margin right 0cm mso para margin bottom 10 0pt mso para margin left 0cm line height 115 mso pagination widow orphan font size 11 0pt font family calibri sans serif mso ascii font family calibri mso ascii theme font minor latin mso hansi font family calibri mso hansi theme font minor latin mso fareast language en us the ebook how to get a girlfriend faster a step by step guide is dedicated to helping single guys become self confident and in a long term relationship in no time at all based on extensive research and first hand experience it sets out the process of how to get a girlfriend in five simple steps 1 change your mindset 2 become desirable 3 socialise and flirt 4 date women 5 choose a girlfriend if you re sick of being single and want a practical step by step guide on how to get a girlfriend faster then this is it money msn com has named being an etsy based business operator one of the top ten ideas for retirees etsy receives more than 10 million unique views per month etsy com this market both young and old is ideal to target with a specialized how to start business book that goes beyond that of our craft book and focus solely on how to gain presence on etsy the most trustworthy source of information available today on savings and investments taxes money management home ownership and many other personal finance topics being successful in the modern world of finance requires a more in depth understanding of our global economies on a macro level what does a shifting demographic cycle mean how does the explosive growth of emerging markets matter why does the world s population affect my portfolio does the global monetary system impact my results this year how does government intervention in markets impact my strategy in pragmatic capitalism cullen roche explores how our global economy works and why it is more important now than ever for investors to understand macroeconomics cullen roche combines his expertise in global macro portfolio management quantitative risk management behavioral finance and monetary theory to explain to readers how macroeconomics works and provides insights and suggestions for getting the most out of their investment strategies this book will uncover market myths and explain the rise of macroeconomics and why it impacts the readers portfolio construction pragmatic capitalism is a must for any sophisticated investor who wants to make the most of their portfolio popular mechanics inspires instructs and influences readers to help them master the modern world whether it s practical diy home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science pm is the ultimate guide to our high tech lifestyle flappy bird available previously on android and ios operating systems the highly controversial game is just now catching on after almost a year after its initial release and demand for ways to get better at it haven t been higher this guide will hopefully teach and help you succeed at getting your flappy bird through many pipes within the structured level note this is a guide and not the game the game is a free app and can be found in various places on the internet it is not available anymore on any store 0000 0000 0000000400 001 000000000000 002 00000000 003 00000000 004 000000 00000000 0000 rooted in the creative success of over 30 years of supermarket tabloid publishing the weekly world news has been the world s only reliable news source since 1979 the online hub weeklyworldnews com is a leading entertainment news site learn how traditional herbal practitioners are responding to the sudden massive popularity of herbal medicine herbal voices american herbalism through the words of american herbalists examines how herbal practitioners who started in the 1960s and 1970s are reacting to the mainstream popularity of herbal medicine today this unique book features interviews with 20 of america s most prominent herbalistsfocusing on their careers their beliefs and their perspectives on the contemporary herbal product boom in recent years also included is important information on herbal organizations publications schools and companies where seeds and rootstock of endangered medicinal plants can be obtained as well as a list of the united plant savers at risk and to watch medicinal plants herbal voices synthesizes the words of a representative group of herbalists into a compelling picture of modern american herbalism as they offer their opinions on the roles of science folklore and spirituality in herbal medicine this timely resource addresses controversial issues that arise within the herbal community such as the endangered plant crisis professionalism and licensure and shifting the american consciousness toward a more earth centered way of life and health in herbal voices you ll hear from many well known herbal practitioners including rosemary gladstarfounder of the california school of herbal studies and united plant savers co founder of sage mountain herbs and author of herbal healing for women and of the sage healing way series james greenformer director of the california school of herbal studies a member of the advisory committee for united plant savers and author of both the herbal medicine makers handbook and the male herbal david hoffmannfellow of britain s national institute of medical herbalists former president of the american herbalists guild and author of the new holistic herbal an elder s herbal and therapeutic herbalism richo cechherbalist owner of horizon herbs executive board member of united plant savers and author of growing your garden pharmacy sharol tilgnerlicensed naturopathic physician founder and current president of wise woman herbs inc editor of herbal transitions associate editor of medical herbalism and author of herbal medicines from the heart of the earth for the first time these leading educators clinicians and business owners share the joys and pitfalls of practicing an age old healing tradition in modern america this rich resource of reflections fills a gap in the existing literature that will be useful for herbalists herbal enthusiasts historians anthropologists popular culturists and holistic alternative medical practitioners offers practical guidance to teachers working with pupils who have a wide variety of learning styles as well as disabilities and learning difficulties popular science gives our readers the information and tools to improve their technology and their world the core belief that popular science and our readers share the future is going to be better and science and technology are the driving forces that will help make it better secure venture capital easy getting a business up and running or pushing a brilliant product to the marketplace requires capital for many entrepreneurs a lack of start up capital can be the single biggest roadblock to their dreams of success and fortune venture capital for dummies takes entrepreneurs step by step through the process of finding and securing venture capital for their own projects find and secure venture capital for your business get your business up and running push a product to the marketplace if you re an entrepreneur looking for hands on guidance on how to secure capital for your business the information in venture capital for dummies gives you the edge you need to succeed bicycling magazine

features bikes bike gear equipment reviews training plans bike maintenance how tos and more for cyclists of all levels the easiest most effective weight loss plan ever the concept is simple have one protein one carbohydrate and one fat at every meal and snack the results nothing short of amazing and delicious nutritionist rania batayneh mph shares the 1 1 1 formula she s used with hundreds of clients who lost the weight they never thought they could lose did it easily no forbidden foods no deprivation no complicated rules and kept it off for good on this plan as long as you adhere to the formula you naturally keep your body balanced your metabolism strong your cravings at bay and your weight down the best part no food is off limits not even chocolate pizza burgers or fries with dozens of perfectly balanced meal ideas and 75 easy tasty recipes the one one one diet isn t a drop pounds fast fad it s a strategy you can use to eat healthfully and stay slim for life praise for the one one one diet a customized approach for individuals who want to start up or maintain healthy eating habits and achieve weight loss without deprivation kristin kirkpatrick ms rd ld a simple straightforward easy to follow plan to help anyone get on the right track to eating well keri glassman ms rd cdn author of the new you and improved diet this useful resource gives time pressed managers the proven practical information they need to help their people accomplish more all managers want to hold their employees accountable for results but few know how moving far beyond the typical annual performance review keeping employees accountable for results provides simple ways to build teams by engaging participants in learning about themselves and their team players the book gives busy managers quick step by step advice on setting expectations monitoring progress giving feedback following through light on theory and heavy on practical application keeping employees accountable for results contains checklists templates techniques and other tools to manage performance on an ongoing basis the financial services world is changing technology is enabling an automated approach to investing that should bring down the cost of commodity services no longer do you have to fund the lifestyle of a broker or advisor to have him tell you how to diversify or where to find the next investment that cannot be missed this book will provide the tools for calculators that tell you most of what you need to know from how much insurance you need to have to how you should diversify the book will help readers with the following understand what you have plan your long term goals start to save maximizing your 401k reduce debt run your monte carlo simulation determine the appropriate asset allocation set up your auto rebalancing and periodically annually perhaps re examining your asset allocation to account for globalization deploy the asset mix through low cost tax efficient strategies look at it once per year this book will provide a better understanding of your investment decisions but we all cannot be do it yourselves advisors serve as an important resource for consumers when they are both capable and understand their duty to serve you the customer first to complement their moral station they must have the skills to deliver appropriate advice the book much like the company steve founded will simplify standards for consumers and audit advisors to those standards popular science gives our readers the information and tools to improve their technology and their world the core belief that popular science and our readers share the future is going to be better and science and technology are the driving forces that will help make it better techniques technologies and applications the arts and sciences of interrogating criminal suspects their victims and the witnesses to their crimes sounds exciting donâ t it adâ verâ saÂ â ial â œoooooh â kindâ a gets you all tingly wow and doesnâ t it just set you to thinking about gladiators locked in the deadly dance of hand to hand combat secrets takes you through the entire process of interrogation from start to finish but if you were expecting â waterboardingâ and other inefficient methods of torture â forget it the adversarial interview not only works but itâ s legal in the 1860s a turbulent and battered mexico fought for its survival against a french invasion for a moment in time the world order as we know it today was in question the nascent united states an independent mexico europe the worlds balance of power hung in the balance in a chaotic swirl of plots and intrigues yet from this struggle was born a deep national pride and sense of confidence as mexico too long a nation taken for granted rose to the challenge and united in heroic resistance follow the action as the interests of mexicans confederates unionists french and english collide emperors scheme and flail soldiers fight and die nations clash and in the vortex one young boy follows his heart to defend his country and become a man so you re interested in this book are you awesome read on what do pink chocolate syrup caps tuna casserole and a brand name soap have in common more than you might think especially if you take the time to curl up with this amazing book a raw and honest account of a husband and wife s experience with breast cancer our breast cancer journey how to kick cancer s ass follows michelle and corey joyce as they recount their fight against the dreaded cansah buy it today 2011 this book will provide you with a clear and accessible guide to the process of conducting a literature review giving you the skills confidence and knowledge required to produce your own successful review drawing on their wealth of teaching experience the authors outline best practice in choosing your topic effective search strategies taking notes organising your material accurate referencing managing the process of writing your literature review enhancing evidence based practice trying to complete a literature review research project or dissertation as part of your social work degree this book will prove the perfect companion robin kiteley is lecturer at the university of huddersfield chris stogdon is a social work educator and practitioner popular science gives our readers the information and tools to improve their technology and their world the core belief that popular science and our readers share the future is going to be better and science and technology are the driving forces that will help make it better best selling novelist and non fiction writer lee gruenfeld has been entertaining the triathlon world with hilarious essays in depth profiles and insightful observations for more than a decade now his best writings have been collected into a single volume that will let long time fans relive their favorite pieces while introducing new readers to his unique voice anyone who likes sports any sports and great writing will love this collection of amusing penetrating and often totally off the wall observations every day customers see the results of companies where fiefdoms have formed and silos create divisional or departmental strife poor sales and profits and lackluster products it s not hard to see that such companies are headed for an early grave regardless of the manner in which company fractures manifest themselves tech leaders must find a way to rid their workplaces of the divisions that threaten to undermine their company s productivity profits and survival that s why in unite the tribes leadership skills for technology managers christopher duncan bestselling author of the career programmer provides corporate leaders with a ten point plan for joining their company s divided ranks together in a way that helps employees achieve their goals while also accomplishing those of the company using the metaphors of the company as empire and the groups that form within companies as tribes duncan explains that the formation of tribes within an empire is unavoidable after all regardless of the situation in which they find themselves human beings are social creatures who align themselves with those whose goals and motivations match their own that s why the accountants hang together in the break room while developers talk shop and geek culture in a watering hole down the street yet the job of leaders is to build a cohesive powerful and enduring empire by bringing all groups together in service to a shared inspiring mission and that goes double for tech companies where breakthroughs create new landscapes on a daily basis in unite the tribes you will learn how to build alliances and a spirit of unity across all levels of the company to achieve higher employee morale greater profits and increased productivity how to come up with strategies that win market share as well as the hearts and minds of your employees how to manage conflict why self interest rules the day and how knowing another s wants and needs helps you achieve goals of your own unite the tribes will show you the visionary leader how to establish an empire by convincing your tribes of a simple but crucial truth alone you are weak and vulnerable united you are invincible what you ll learn readers of unite the tribes will learn practical down to earth approaches to problem solving and productivity that make sense to corporate leaders who have to do real work in the real world how to arrive at a plan for uniting the disparate groups that operate within their company when faced with the daily reality of office politics maneuvering ambition

incompetence and short term thinking how to convey the company s purpose to employees in a way that is realistic and meaningful so that all workers can contribute to the company s greater good who this book is for those serving in leadership or managerial capacities i e those overseeing one or more employees at technology companies plagued with division and dysfunction will find the solutions they need to rally their employees to join forces in unite the tribes in addition leaders and managers of companies whose cohesion is still healthy yet is being threatened with fracture will be provided with real world strategies for reinforcing the glue that holds their company together in this practical applications driven guide table of contents the myth of absolute power building the future a lasting empire vision leadership organization mobility competitiveness persuasion strategy brilliance morale unite alien scientists create a new human race and keep them as sheltered pets it s time to discover donald moffitt greg bear after intercepting a message from earth nar scientists have learned the secret of human life the alien species understands everything about human technology and culture and uses this knowledge to build on each breakthrough until it succeeds in re creating humans now they encourage their pets to evolve within the alien community and learn the mysteries of the galaxy but prohibit any knowledge of the planet earth itself bram has always dreamed of traveling to the forbidden planet although earth is millions of miles away the bioengineer is determined to discover the truth about his species and the land that has been kept a secret his whole life bram must discover a way to unveil the truth and see the homeland he has been denied what do belle dorothy and snow white all have in common they have issues with the men in their lives interestingly enough weve been spoon fed these tales of relational dysfunction since the crib so no wonder half of all marriages suffer the fate of divorce often it is the expectations we learn as children that dictate the outcomes of adult life if we are to grow and develop into mature functional relationships it will take revisiting the lessons of the past to create a better tomorrow in this farcical yet relevant work life coach early jackson approaches the cycle of bad relationships from a fairy tale vantage women learn there is not a new problem that men present in fact these issues are as old as the stories we heard as children youll learn from the real housewives of fantasy what it takes to live happily ever after a practical introduction to snmp for system network administrators starts with the basics of snmp how it works and provides the technical background to use it effectively

How You Get the Girl

2024-02-13

chemistry sizzles in this workplace rom com set in the world of high school basketball as the author of love other disasters delivers a sapphic romance full of humor and heart when a smart mouthed junior joins east nashville high s basketball team coach julie parker s ready for the challenge what she s not prepared for is the teen s new foster parent a super hot ex wnba baller and star of julie s fantasies julie knows the cool and confident elle cochrane is way out of her league but despite being completely tongue tied around her somehow julie persuades elle to step in as her assistant coach elle has not been on a court since her career ending injury but she can t seem to resist julie who is just as adorable as her nervous babbling maybe because being around her makes elle feel sparks for the first time in long while which is why she offers to help when julie reveals her lifelong insecurity about dating and how she wishes she could practice at it like sports as elle helps julie navigate dating life lines grow increasingly blurred and the two must decide whether they ll stay on the sidelines or finally take their shot

The Closer You Get

2013-02-01

taking their romance on the road camille carson has known performers like brett taylor arrogant egotistical incapable of commitment and brett the texas cowboy turned country music superstar is no different she knows that even if he makes her feel as though she s the only woman in the room when he starts crooning those romantic ballads resisting him is impossible still cammie s smart enough to know that this affair with brett is as fleeting as her temporary gig with his crew so when she starts believing his lyrics she knows she s heaping on the heartache yet there s something about him that whispers he might not be just another star could be his young daughter waiting in the wings could be how he is offstage if brett isn t the man cammie thinks he could be it s not too late to cut and run but what if he is

Are You Getting Prepared for Your Exit Exam?

2008-10

are you getting prepared for your exit exam is a book that is written to encourage both students and adults about the necessity of being prepared for the inevitable no one is exempted from being tested both in the physical and spiritual life its the intent of the author s to focus on both in a personal way of the consequences that one will suffer in both instances if there is a lack of preparation which will ultimately lead to failure the contents of this book will surely strike a personal cord thats evident in the life of every individual after reading it you will be obligated to decide for yourself whether you can answer the question affirmatively the dramatization involves people who are faced with a dilemma in life and each is forced to make a decision that will affect their lives in one way or another leon hardnett graduated from west high school in jackson louisiana and was blessed with three sons theron aaron and joel and southern university in baton rouge louisiana he earned a b s degree in electronics technology in january of 1979 he married anna williams hardnett leon along with anna l woodard professor of english at southern university and several other members of the drama team at church point ministries co authored and portrayed a character in three musical dramas who do i turn to when im all alone its a summer thing and the black prodigal father leons first two books of poetry treasures from the source and gods little children were published in 2001 and 2006 respectively he received the shakespeare award of excellence as famous poet for both 2003 and 2004 and the outstanding achievement in poetry award from the international society of poets in 2004

How to Get What You Want

2011-07-27

tired of not getting what you want don t know how to ask for it best selling author richard templar brings his inimitable blend of originality imagination wisdom and straight talk to the challenges of negotiation persuasion and influence templar offers up 100 clever simple pain free ways to get people to happily say yes to you templar is the world renowned author of best sellers like the rules of money and the rules of life in this new book he offers practical principles and strategies covering a wide range of situations both at work and beyond you ll learn how to get what you want without saying a word and for those rare occasions when you have to ask you ll find the techniques and words that ll get the job done every solution gets its own bite size two page spread making this book incredibly easy to read and use some people seem to get what they want consistently and effortlessly it s not luck it s knowing how read this fresh funny and relentlessly practical book and you ll know how too

How to Stay Young and Fit No Matter How Old You Get: Anti-Aging Secrets

2014-01-31

when you look in the mirror are you unhappy with how you look do you wish that you could look younger stop looking for youth in lotions creams and treatments and take the wellness approach to looking and feeling younger if you want to rejuvenate your mind body and spirit this is the book that will tell you how to do it learn how to think young feel young and look young longer naturally without expensive facial products youth starts within the body so learn how to eat to stay young how to think to stay young and how to act to stay young the wellness approach will not only help you feel better but you will look better stop wishing that you were younger and do something about it by reading this book today stop feeling old and start feeling good again this book is full of tips on how to change your life for the better helping you keep off the signs of aging change your life now by picking up this book

They Don't Teach You How To Get Rich At School-2 (1, #2)

2018-11-13

debunk all those assumptions that you will be rich if you study hard and work hard they don't teach you how to get rich at school 2 it is all about the importance of money the premise of the book clearly distinguishes the difference between the thinking of the rich and the poor in essence the only limitation between you and the rich is in your own mind and achieving success lies in breaking these walls you can't just graduate and leave formal education and expect yourself to be financially well equipped many people think that having a good education is sufficient to the roads to acquire new wealth well they can't be any more wrong it is having the mindset of the wealthy that will make you rich that is why many lotto winners who becomes instant millionaires loses most of their money because they don't have the proper mindset to maintain or grow their money you'll discover why some of your money beliefs might be wrong and that could be holding you back you need to consider what are the principles and what behaviors the rich have that you do not have laura maya takes this idea and breaks it into sixteen chapters you wouldn't find a recipe to turn rich overnight rather the book provides a solid foundation for setting the psychological stage for strong financial habits studying hard getting nice grades and getting a job is not enough to be rich that's one lie which we have been fed with since our childhood there is a difference between scholastic professional and financial education the book further analyzes the root cause of why you are not rich it all boils down to your education you were never taught about how to be rich at school forget that you never even learned personal finance or how to handle money it further touches upon how you can get smart with personal finance perhaps the biggest argument laura makes is the fact that everything can change if you change your mindset buying that expensive dress impulsive buying etc are all signs of a poor mentality if you make changes to your lifestyle and spending habits today you will reap the benefits tomorrow on making money laura's approach is simple she emphasizes on investing spend less and plan for a long term this isn't something new we have all heard it but we never implement it laura gives real life examples of how you can start your journey to being rich by investing for a long term planning your finances and by staying on a budget last but not the least she focuses on self investment by developing your mental financial and emotional intelligence to sum up laura has come up with a book that truly focuses on the core problem today financial planning and money making is simply not taught at schools the book truly provides a step by step guide to change your thinking about money set realistic goals and embark a journey towards riches

How To Get Your Power Back When He Cheats On You - For Women

2011-01-19

when you face a cheating crisis you are overwhelmed with a storm or intense emotions this book is your battle plan to get your life back i give you the tools to think straight and make the right decisions i am a pro life coach and have been coaching women on this topic for 10 years the strategies i give you were designed in real cheating crisis situations when coaching my clients one on one get it it's the power kick that will radically boost your energy clarity and your success in dealing with this challenge this is advice on steroids it's a concentrated and ultra targeted energy kick

How to Ask for and Get What You Want

2020-10-01

we've all experienced frustration asking for and getting what we want it plays out regularly with our partners children employers and businesses we patronize sometimes we don't bother to ask for what we want even when it's perfectly reasonable thinking it will create hard feelings or spark an argument often it's because we don't think we can succeed in getting what we want but nothing could be further from the truth how to ask for what you want and get it common sense tips that work will help readers learn how to ask for what they want and get good results it teaches them how to stay in the game by using the right words it also shows how to build rapport by using

positive body language the more you know what makes people operate as they do the better chance you ll have of helping them see things your way the most important aspect to negotiating anything is getting the other person on your side that means the person you re asking has to like and respect you enough to do what you want most of the advice in this book employs mindfulness techniques the mindfulness movement helps people live in the moment speak more effectively to one another and settle problems peacefully

How To Get A Girlfriend Faster

2013-09-26

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How to Start a Home-based Etsy Business

2014-01-07

money msn com has named being an etsy based business operator one of the top ten ideas for retirees etsy receives more than 10 million unique views per month etsy com this market both young and old is ideal to target with a specialized how to start business book that goes beyond that of our craft book and focus solely on how to gain presence on etsy

Kiplinger's Personal Finance

1955-02

the most trustworthy source of information available today on savings and investments taxes money management home ownership and many other personal finance topics

Pragmatic Capitalism

2014-07-08

being successful in the modern world of finance requires a more in depth understanding of our global economies on a macro level what does a shifting demographic cycle mean how does the explosive growth of emerging markets matter why does the world s population affect my portfolio does the global monetary system impact my results this year how does government intervention in markets impact my strategy in pragmatic capitalism cullen roche explores how our global economy works and why it is more important now than ever for investors to understand macroeconomics cullen roche combines his expertise in global macro portfolio management quantitative risk management behavioral finance and monetary theory to explain to readers how macroeconomics works and provides insights and suggestions for getting the most out of their investment strategies this book will uncover market myths and explain the rise of macroeconomics and why it impacts the readers portfolio construction pragmatic capitalism is a must for any sophisticated investor who wants to make the most of their portfolio

Popular Mechanics

1941-11

popular mechanics inspires instructs and influences readers to help them master the modern world whether it s practical diy home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science pm is the ultimate guide to our high tech lifestyle

Flappy Bird

2014-02-28

flappy bird available previously on andoid and ios operating systems the highly controversial game is just now catching on after almost a year after its initial release and demand for ways to get better at it haven t been higher this guide will hopefully teach and help you succeed at getting your flappy bird through many pipes within the structured level note this is a guide and not the game the game is a free app and can be found in various places on the internet it is not available anymore on any store

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2017-05

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Weekly World News

1994-07-05

rooted in the creative success of over 30 years of supermarket tabloid publishing the weekly world news has been the world s only reliable news source since 1979 the online hub weeklyworldnews com is a leading entertainment news site

Herbal Voices

2013-10-11

learn how traditional herbal practitioners are responding to the sudden massive popularity of herbal medicine herbal voices american herbalism through the words of american herbalists examines how herbal practitioners who started in the 1960s and 1970s are reacting to the mainstream popularity of herbal medicine today this unique book features interviews with 20 of america s most prominent herbalistsfocusing on their careers their beliefs and their perspectives on the contemporary herbal product boom in recent years also included is important information on herbal organizations publications schools and companies where seeds and rootstock of endangered medicinal plants can be obtained as well as a list of the united plant savers at risk and to watch medicinal plants herbal voices synthesizes the words of a representative group of herbalists into a compelling picture of modern american herbalism as they offer their opinions on the roles of science folklore and spirituality in herbal medicine this timely resource addresses controversial issues that arise within the herbal community such as the endangered plant crisis professionalism and licensure and shifting the american consciousness toward a more earth centered way of life and health in herbal voices you ll hear from many well known herbal practitioners including rosemary gladstarfounder of the california school of herbal studies and united plant savers co founder of sage mountain herbs and author of herbal healing for women and of the sage healing way series james greenformer director of the california school of herbal studies a member of the advisory committee for united plant savers and author of both the herbal medicine makers handbook and the male herbal david hoffmannfellow of britain s national institute of medical herbalists former president of the american herbalists guild and author of the new holistic herbal an elder s herbal and therapeutic herbalism richo cechherbalist owner of horizon herbs executive board member of united plant savers and author of growing your garden pharmacy sharol tilgnerlicensed naturopathic physician founder and current president of wise woman herbs inc editor of herbal transitions associate editor of medical herbalism and author of herbal medicines from the heart of the earth for the first time these leading educators clinicians and business owners share the joys and pitfalls of practicing an age old

healing tradition in modern america this rich resource of reflections fills a gap in the existing literature that will be useful for herbalists herbal enthusiasts historians anthropologists popular culturists and holistic alternative medical practitioners

How to Teach Your Kids about Sex So You Won't Get Embarrassed & They Won't Get AIDS, a Disease Or a Baby

1991

offers practical guidance to teachers working with pupils who have a wide variety of learning styles as well as disabilities and learning difficulties

Violations of Free Speech and Rights of Labor: Labor espionage and strikebreaking

1936

popular science gives our readers the information and tools to improve their technology and their world the core belief that popular science and our readers share the future is going to be better and science and technology are the driving forces that will help make it better

The Drug Problem in Sioux City--a Multistate Approach to Drug Control

1990

secure venture capital easy getting a business up and running or pushing a brilliant product to the marketplace requires capital for many entrepreneurs a lack of start up capital can be the single biggest roadblock to their dreams of success and fortune venture capital for dummies takes entrepreneurs step by step through the process of finding and securing venture capital for their own projects find and secure venture capital for your business get your business up and running push a product to the marketplace if you re an entrepreneur looking for hands on guidance on how to secure capital for your business the information in venture capital for dummies gives you the edge you need to succeed

Supporting Inclusive Education

2002-11

bicycling magazine features bikes bike gear equipment reviews training plans bike maintenance how tos and more for cyclists of all levels

Popular Science

1938-10

the easiest most effective weight loss plan ever the concept is simple have one protein one carbohydrate and one fat at every meal and snack the results nothing short of amazing and delicious nutritionist rania batayneh mph shares the 1 1 1 formula she s used with hundreds of clients who lost the weight they never thought they could lose did it easily no forbidden foods no deprivation no complicated rules and kept it off for good on this plan as long as you adhere to the formula you naturally keep your body balanced your metabolism strong your cravings at bay and your weight down the best part no food is off limits not even chocolate pizza burgers or fries with dozens of perfectly balanced meal ideas and 75 easy tasty recipes the one one one diet isn t a drop pounds fast fad it s a strategy you can use to eat healthfully and stay slim for life praise for the one one one diet a customized approach for individuals who want to start up or maintain healthy eating habits and achieve weight loss without deprivation kristin kirkpatrick ms rd ld a simple straightforward easy to follow plan to help anyone get on the right track to eating well keri glassman ms rd cdn author of the new you and improved diet

Venture Capital For Dummies

2013-09-10

this useful resource gives time pressed managers the proven practical information they need to help their people accomplish more all managers want to hold their employees accountable for results but few know how moving far beyond the typical annual performance review keeping employees accountable for results provides simple ways to build teams by engaging participants in learning about themselves and their team players the book gives busy managers quick step by step advice on setting expectations monitoring progress giving feedback following through light on theory and heavy on practical application keeping employees accountable for results contains checklists templates techniques and other tools to manage performance on an ongoing basis

Bicycling

2007-10

the financial services world is changing technology is enabling an automated approach to investing that should bring down the cost of commodity services no longer do you have to fund the lifestyle of a broker or advisor to have him tell you how to diversify or where to find the next investment that cannot be missed this book will provide the tools for calculators that tell you most of what you need to know from how much insurance you need to have to how you should diversify the book will help readers with the following understand what you have plan your long term goals start to save maximizing your 401k reduce debt run your monte carlo simulation determine the appropriate asset allocation set up your auto rebalancing and periodically annually perhaps re examining your asset allocation to account for globalization deploy the asset mix through low cost tax efficient strategies look at it once per year this book will provide a better understanding of your investment decisions but we all cannot be do it yourselfers advisors serve as an important resource for consumers when they are both capable and understand their duty to serve you the customer first to complement their moral station they must have the skills to deliver appropriate advice the book much like the company steve founded will simplify standards for consumers and audit advisors to those standards

The One One One Diet

2013-12-24

popular science gives our readers the information and tools to improve their technology and their world the core belief that popular science and our readers share the future is going to be better and science and technology are the driving forces that will help make it better

Keeping Employees Accountable for Results

2006-01-20

techniques technologies and applications the arts and sciences of interrogating criminal suspects their victims and the witnesses to their crimes sounds exciting donâ t it adâ verâ saÂ â ial â œoooooh â kindâ a gets you all tingly wow and doesnâ t it just set you to thinking about gladiators locked in the deadly dance of hand to hand combat secrets takes you through the entire process of interrogation from start to finish but if you were expecting â waterboardingâ and other inefficient methods of torture â forget it the adversarial interview not only works but itâ s legal

Get Wise to Your Advisor

2013-09-03

in the 1860s a turbulent and battered mexico fought for its survival against a french invasion for a moment in time the world order as we know it today was in question the nascent united states an independent mexico europe the worlds balance of power hung in the balance in a chaotic swirl of plots and intrigues yet from this struggle was born a deep national pride and sense of confidence as mexico too long a nation taken for granted rose to the challenge and united in heroic resistance follow the action as the interests of mexicans confederates unionists french and english collide emperors scheme and flail soldiers fight and die nations clash and in the vortex one

young boy follows his heart to defend his country and become a man

Popular Science

1923-01

so you re interested in this book are you awesome read on what do pink chocolate syrup caps tuna casserole and a brand name soap have in common more than you might think especially if you take the time to curl up with this amazing book a raw and honest account of a husband and wife s experience with breast cancer our breast cancer journey how to kick cancer s ass follows michelle and corey joyce as they recount their fight against the dreaded cansah buy it today 2011

Secrets of the Adversarial Interview

2010-01-06

this book will provide you with a clear and accessible guide to the process of conducting a literature review giving you the skills confidence and knowledge required to produce your own successful review drawing on their wealth of teaching experience the authors outline best practice in choosing your topic effective search strategies taking notes organising your material accurate referencing managing the process of writing your literature review enhancing evidence based practice trying to complete a literature review research project or dissertation as part of your social work degree this book will prove the perfect companion robin kiteley is lecturer at the university of huddersfield chris stogdon is a social work educator and practitioner

The Spirit of Cinco De Mayo

2009-11-30

popular science gives our readers the information and tools to improve their technology and their world the core belief that popular science and our readers share the future is going to be better and science and technology are the driving forces that will help make it better

Our Breast Cancer Journey

2011-12-21

best selling novelist and non fiction writer lee gruenfeld has been entertaining the triathlon world with hilarious essays in depth profiles and insightful observations for more than a decade now his best writings have been collected into a single volume that will let long time fans relive their favorite pieces while introducing new readers to his unique voice anyone who likes sports any sports and great writing will love this collection of amusing penetrating and often totally off the wall observations

Literature Reviews in Social Work

2013-11-14

every day customers see the results of companies where fiefdoms have formed and silos create divisional or departmental strife poor sales and profits and lackluster products it s not hard to see that such companies are headed for an early grave regardless of the manner in which company fractures manifest themselves tech leaders must find a way to rid their workplaces of the divisions that threaten to undermine their company s productivity profits and survival that s why in unite the tribes leadership skills for technology managers christopher duncan bestselling author of the career programmer provides corporate leaders with a ten point plan for joining their company s divided ranks together in a way that helps employees achieve their goals while also accomplishing those of the company using the metaphors of the company as empire and the groups that form within companies as tribes duncan explains that the formation of tribes within an empire is unavoidable after all regardless of the situation in which they find themselves human beings are social creatures who align themselves with

those whose goals and motivations match their own that's why the accountants hang together in the break room while developers talk shop and geek culture in a watering hole down the street yet the job of leaders is to build a cohesive powerful and enduring empire by bringing all groups together in service to a shared inspiring mission and that goes double for tech companies where breakthroughs create new landscapes on a daily basis in unite the tribes you will learn how to build alliances and a spirit of unity across all levels of the company to achieve higher employee morale greater profits and increased productivity how to come up with strategies that win market share as well as the hearts and minds of your employees how to manage conflict why self interest rules the day and how knowing another's wants and needs helps you achieve goals of your own unite the tribes will show you the visionary leader how to establish an empire by convincing your tribes of a simple but crucial truth alone you are weak and vulnerable united you are invincible what you'll learn readers of unite the tribes will learn practical down to earth approaches to problem solving and productivity that make sense to corporate leaders who have to do real work in the real world how to arrive at a plan for uniting the disparate groups that operate within their company when faced with the daily reality of office politics maneuvering ambition incompetence and short term thinking how to convey the company's purpose to employees in a way that is realistic and meaningful so that all workers can contribute to the company's greater good who this book is for those serving in leadership or managerial capacities i.e. those overseeing one or more employees at technology companies plagued with division and dysfunction will find the solutions they need to rally their employees to join forces in unite the tribes in addition leaders and managers of companies whose cohesion is still healthy yet is being threatened with fracture will be provided with real world strategies for reinforcing the glue that holds their company together in this practical applications driven guide table of contents the myth of absolute power building the future a lasting empire vision leadership organization mobility competitiveness persuasion strategy brilliance morale unite

Popular Science

1923-01

alien scientists create a new human race and keep them as sheltered pets it's time to discover donald moffitt greg bear after intercepting a message from earth nar scientists have learned the secret of human life the alien species understands everything about human technology and culture and uses this knowledge to build on each breakthrough until it succeeds in re-creating humans now they encourage their pets to evolve within the alien community and learn the mysteries of the galaxy but prohibit any knowledge of the planet earth itself bram has always dreamed of traveling to the forbidden planet although earth is millions of miles away the bioengineer is determined to discover the truth about his species and the land that has been kept a secret his whole life bram must discover a way to unveil the truth and see the homeland he has been denied

Stumbling Towards The Finish Line

2013-04-25

what do belle dorothy and snow white all have in common they have issues with the men in their lives interestingly enough we've been spoon fed these tales of relational dysfunction since the crib so no wonder half of all marriages suffer the fate of divorce often it is the expectations we learn as children that dictate the outcomes of adult life if we are to grow and develop into mature functional relationships it will take revisiting the lessons of the past to create a better tomorrow in this farcical yet relevant work life coach early jackson approaches the cycle of bad relationships from a fairy tale vantage women learn there is not a new problem that men present in fact these issues are as old as the stories we heard as children you'll learn from the real housewives of fantasy what it takes to live happily ever after

Unite the Tribes

2013-09-09

a practical introduction to snmp for system network administrators starts with the basics of snmp how it works and provides the technical background to use it effectively

The Genesis Quest

2014-04-01

The Modern Princess

2014-01-31

Scope of Soviet Activity in the United States

1956

Tariff Hearings Before the Committee on Ways and Means of the House of Representatives, Sixtieth Congress, 1908-1909

1909

Essential SNMP

2001

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