

Epub free Pharmako poeia plant powers poisons and herbcraft .pdf

Pharmako/poeia Pharmako/Poeia, Revised and Updated Pharmakodynamis Nietzsche and Other Buddhas The Forest Reminds Us Who We Are Besom, Stang & Sword The Shamanic Path to Quantum Consciousness Smoke Signals The World According to Philip K. Dick Popular Spiritualities New World Witchery The Blackwell Companion to Consciousness The Witch's Cauldron Magic Mushrooms This Is Your Mind on Plants The Mythic Forest, the Green Man and the Spirit of Nature Rainforest Medicine The Enchanted Formulary B-Complex Vitamins Plant Teachers Ploughing the Clouds Natural Sleep Drugs of the Dreaming The Healing Magic of Cannabis The Art of Fermentation Shamanic Quest for the Spirit of Salvia Proving Homeopathy Mood Enhancing Plants Balderdash The Flowering Wand Elves, Witches & Gods Cannabis and the Soma Solution The Lost Language of Plants Witchcraft Medicine Flower Essences from the Witch's Garden Blackthorn's Botanical Brews Acorns: Windows High-Tide Foghat All About wikiHow Saints & Sinners Breaking Open the Head

Pharmako/poeia 1995

this paperback edition has a new introduction by the author and updated content this is the first volume of north atlantic books updated paperback edition of dale pendell's pharmako trilogy an encyclopedic study of the history and uses of psychoactive plants and related synthetics first published between 1995 and 2005 the books form an interrelated suite of works that provide the reader with a unique reliable and often personal immersion in this medically culturally and spiritually fascinating subject all three books are beautifully designed and illustrated and are written with unparalleled authority erudition playfulness and range pharmako poeia plant powers poisons and herbcraft includes a new introduction by the author and as in previous editions focuses on familiar psychoactive plant derived substances and related synthetics ranging from the licit tobacco alcohol to the illicit cannabis opium and the exotic absinthe salvia divinorum nitrous oxide each substance is explored in detail not only with information on its history pharmacology preparation and cultural and esoteric correspondences but also the subtleties of each plant's effect on consciousness in a way that only poets can do the whole concoction is sprinkled with abundant quotations from famous writers creating a literary brew as intoxicating as its subject the pharmako series is continued in pharmako dynamis focusing on stimulants and empathsogens and pharmako gnosis which addresses psychedelics and shamanic plants

Pharmako/Poeia, Revised and Updated 2010-09-28

dale pendell reactivates the ancient connection between the bardic poet and the shaman terence mckenna in pharmako dynamis dale pendell continues his exploration of psychoactive plants begun in pharmako poeia pharmacognosy is the study of the composition production use and history of drugs of natural origin pendell covers these topics and more in this volume charting a voyage around the world of plant teachers through poetry chemistry and a generous sprinkling of arcane lore pendell weaves and twists the many threads of tradition into a singularly bewitching brew pendell's voyage is a true circumnavigation it divulges what gary synder called dangerous knowledge that is a formidable weapon against even more dangerous ignorance dale pendell is a poet software engineer and longtime student of ethnobotany his poetry has appeared in many journals and he was the founding editor of kuksu journal of backcountry writing he has led workshops on ethnobotany and ethnopoetics for the naropa institute and the botanical preservation corps

Pharmakodynamis 2002

in nietzsche and other buddhas author jason m wirth brings major east asian buddhist thinkers into radical dialogue with key continental philosophers through a series of exercises that pursue what is traditionally called comparative or intercultural philosophy as he reflects on what makes such exercises possible and intelligible the primary questions he asks are how does this particular engagement and confrontation challenge and radicalize what is sometimes called comparative or intercultural philosophy how does this task reconsider what is meant by philosophy the confrontations that wirth sets up between dogen hakuin linji shinran nietzsche and deleuze ask readers to think more philosophically and globally about the nature of philosophy in general and comparative philosophy in particular he opens up a new and challenging space of thought in and between the cutting edges of western continental philosophy and east asian buddhist practice

Nietzsche and Other Buddhas 2019-03-04

a guide book for tapping into the medicinal power of wild plants for recovering and maintaining spiritual emotional and mental wellbeing our ancestors drew health strength nourishment and meaning from their relationship to the natural world and yet today most of us have lost that vital connection it should then come as no surprise that we are living in an age of unprecedented anxiety depression loneliness and illness drawing from herbal medicine somatic psychology celtic wisdom and his own experiences author seán pádraig o donoghue outlines an approach to herbal healing for the mind and spirit that is uniquely suited to our modern times plants are our wild kindred and have the power to connect us with the life within and around us o donoghue takes readers on a journey through some of the ways our bodies minds and spirits have become unbalanced in an unbalanced world he then blends lyrical mythic and scientific understandings to help us to understand the potent power of plant medicine also included are simple rituals designed to deepen our connections to our own bodies the land and both new and familiar plant allies this is the ideal book for anyone

new to herbalism as well as seasoned herbalists naturopaths body workers and psychologists

The Forest Reminds Us Who We Are 2021-07-06

bringing this authentic traditional spiritual practice to light in modern context regional traditional witchcraft is an animistic form of witchcraft that moves away from the religious harvest festivals and fertility minded practices associated with the more common wiccan form of witchcraft very few of us in this age are farmers or dependent upon crops and harvests regional traditional witchcraft teaches people to find their craft in their own backyards in the uncultivated land or urban cityscape alike and in their ancestors rather than in ancient foreign deities or in a neopagan styled religious form of witchcraft it s not about where you re from but where you are the material in this book is adaptable to any region in which the practitioner lives although the lack of deity worship and holy days is a significant part of the authors nonreligious approach this book presents a complete system of practice utilizing ritual chant trance the six paths of witchcraft as defined and explained by the text and the practices associated with traditional witchcraft

Besom, Stang & Sword 2018-12-01

uniting shamanism with quantum physics and psychology for conscious evolution manifestation of desires and the development of the soul details each of the 8 circuits of consciousness from the first circuit of physical survival to the eighth circuit of quantum consciousness reveals how to balance and upgrade your circuits through shamanic techniques and activate your creative power to shape reality explains how the 8 circuits are interconnected through feedback loops if one is overactive it can cause the others to shut down first outlined by timothy leary and later expanded by robert anton wilson and antero alli the eight circuit model of consciousness explains how the soul is multidimensional and functions on eight distinct interconnected planes that form the eight circuits of conscious awareness each circuit is connected to certain behaviors and personality traits the second circuit for example is connected to emotional consciousness such as intuition feelings of courage or in its unbalanced state aggression and domination and the eighth circuit the creative circuit of quantum consciousness is related to limitless perception understanding and action that extends far beyond the limits of planet earth laurent huguelit explains how these eight levels of awareness are interconnected through feedback loops forming a cybernetic mapping of the soul he explores the underactive overactive and balanced states of each circuit offering many psychological profiles as examples he reveals how activating a circuit that has been neglected can help bring another into balance connecting this model of conscious evolution to shamanism the oldest consciousness science known to man the author explains how to balance and upgrade your own circuits through shamanic techniques he reveals how to reconnect with source energy by deprogramming trauma from your childhood that can affect your circuits with access to this unlimited energy you can activate your innate creative power to manifest your desires and shape reality uniting shamanism and the law of attraction with advanced concepts of modern psychology quantum physics and the akashic field theory of ervin laszlo laurent huguelit offers a practical map of human consciousness and the development of the soul as well as a vision for the cybernetic future of shamanism

The Shamanic Path to Quantum Consciousness 2013-12-17

in this book the author an investigative journalist traces the social history of marijuana from its origins to its emergence in the 1960s as a defining force in an ongoing culture war he describes how the illicit marijuana subculture overcame government opposition and morphed into a multibillion dollar industry in 1996 californians voted to legalize marijuana for medicinal purposes similar laws have followed in several other states but not without antagonistic responses from federal state and local law enforcement the author draws attention to underreported scientific breakthroughs that are reshaping the therapeutic landscape medical researchers have developed promising treatments for cancer heart disease alzheimer s diabetes chronic pain and many other conditions that are beyond the reach of conventional cures this book is an examination of the medical recreational scientific and economic dimensions of the world s most controversial plant

Smoke Signals 2013-08-13

as the first essay collection dedicated to philip k dick in two decades this volume breaks new ground in science

fiction scholarship and brings innovative critical perspectives to the study of one of the twentieth century's most influential authors

The World According to Philip K. Dick 2015-04-05

in our contemporary post modern world popular forms of spirituality are increasingly engaging with notions of re-enchantment of self and community not only are narratives of re-enchantment appearing in popular culture at the personal and spiritual level but also they are often accompanied by a pragmatic approach that calls for political activism and the desire to change the world to incorporate these new ideas drawing on case studies of particular groups including pagans witches radical faeries post modern tourists and queer and goddess groups contributors from australia the uk and north america discuss various forms of spirituality and how they contribute to self knowledge identity and community life the book documents an emerging engagement between new quasi religious groups and political action eco paganism post colonial youth culture and alternative health movements to explore how social change emerges

Popular Spiritualities 2018-05-08

explore nearly 500 samples of folk magic stories artifacts rituals and beliefs one of the most comprehensive collections of witchcraft and folk magic ever written new world witchery shows you how to integrate folk traditions into your life and deepen your understanding of magic folklore expert cory thomas hutcherson guides you to the crossroads of folk magic where you'll learn about different practices and try them for yourself this treasure trove of witchery features an enormous collection of stories artifacts rituals and traditions explore chapters on magical heritage divination familiars magical protection and spirit communication discover the secrets of flying gathering and creating magical supplies living by the moon working contemporary folk magic and more this book also provides brief profiles of significant folk magicians healers and seers so you can both meet the practitioners and experience their craft with new world witchery you'll create a unique roadmap to the folk magic all around you

New World Witchery 2021-04-08

updated and revised the highly anticipated second edition of the blackwell companion to consciousness offers a collection of readings that together represent the most thorough and comprehensive survey of the nature of consciousness available today features updates to scientific chapters reflecting the latest research in the field includes 18 new theoretical empirical and methodological chapters covering integrated information theory renewed interest in panpsychism and more covers a wide array of topics that include the origins and extent of consciousness various consciousness experiences such as meditation and drug induced states and the neuroscience of consciousness presents 54 peer reviewed chapters written by leading experts in the study of consciousness from across a variety of academic disciplines

The Blackwell Companion to Consciousness 2017-05-08

explore the spellbinding history tradition and modern uses of the witch's cauldron from blessing and using your cauldron in ritual and divination to practicing kitchen witchery with it this easy to use book provides essential information for witches of all ages and skill levels the witch's cauldron shows you the ins and outs of one of the most iconic tools in witchcraft learn about the cauldron's role in lore and mythology its development through the ages and old world witchery discover how to choose personalize and care for your cauldron and find unconventional ones already in your home this entertaining book also features advice and spells from well known writers helping you delve into the endless possibilities for using a cauldron in your practice

The Witch's Cauldron 2017-05-08

describes the dramatic effects people experience when consuming psychoactive mushrooms there are over 100 entheogenic fungi known to stimulate ecstatic states in curious seekers stafford recounts the known history of magic mushrooms also called sacred mushrooms and describes the interesting aspects of this extraordinary class of mind changers he tells how they are psychically relaxing and focusing and act as a

catalyst to creative breakthroughs

Magic Mushrooms 2015-02-16

the instant new york times bestseller a washington post notable book one of npr s best books of the year expert storytelling pollan masterfully elevates a series of big questions about drugs plants and humans that are likely to leave readers thinking in new ways new york times book review from 1 new york times bestselling author michael pollan a radical challenge to how we think about drugs and an exploration into the powerful human attraction to psychoactive plants and the equally powerful taboos of all the things humans rely on plants for sustenance beauty medicine fragrance flavor fiber surely the most curious is our use of them to change consciousness to stimulate or calm fiddle with or completely alter the qualities of our mental experience take coffee and tea people around the world rely on caffeine to sharpen their minds but we do not usually think of caffeine as a drug or our daily use as an addiction because it is legal and socially acceptable so then what is a drug and why for example is making tea from the leaves of a tea plant acceptable but making tea from a seed head of an opium poppy a federal crime in this is your mind on plants michael pollan dives deep into three plant drugs opium caffeine and mescaline and throws the fundamental strangeness and arbitrariness of our thinking about them into sharp relief exploring and participating in the cultures that have grown up around these drugs while consuming or in the case of caffeine trying not to consume them pollan reckons with the powerful human attraction to psychoactive plants why do we go to such great lengths to seek these shifts in consciousness and then why do we fence that universal desire with laws and customs and fraught feelings in this unique blend of history science and memoir as well as participatory journalism pollan examines and experiences these plants from several very different angles and contexts and shines a fresh light on a subject that is all too often treated reductively as a drug whether licit or illicit but that is one of the least interesting things you can say about these plants pollan shows for when we take them into our bodies and let them change our minds we are engaging with nature in one of the most profound ways we can based in part on an essay published almost twenty five years ago this groundbreaking and singular consideration of psychoactive plants and our attraction to them through time holds up a mirror to our fundamental human needs and aspirations the operations of our minds and our entanglement with the natural world

This Is Your Mind on Plants 2021-07-06

in this world tour of folklore and ancient art varner examines the images we give to the spirit of nature and explores this important aspect of human perception

The Mythic Forest, the Green Man and the Spirit of Nature 2006

chronicling the practices legends and wisdom of the vanishing traditions of the upper amazon this book reveals the area s indigenous peoples approach to living in harmony with the natural world rainforest medicine features in depth essays on plant based medicine and indigenous science from four distinct amazonian societies deep forest and urban lowland rainforest and mountain the book is illustrated with unique botanical and cultural drawings by secoya elder and traditional healer agustin payaguaje and horticulturalist thomas y wang as well as by the author himself payaguaje shares his sincere imaginal view into the spiritual life of the secoya plates of petroglyphs from the sacred valley of cotundo relate to an ancient language and other illustrations show traditional secoya ayahuasca symbols and indigenous origin myths two color sections showcase photos of the plants and people of the region and include plates of previously unpublished full color paintings by pablo cesar amaringo 1938 2009 an acclaimed peruvian artist renowned for his intricate colorful depictions of his visions from drinking the entheogenic plant brew ayahuasca vine of the soul in quechua languages today the once dense mysterious rainforest realms are under assault as the indiscriminate colonial frontier of resource extraction moves across the region as the forest disappears the traditional human legacy of sustainable utilization of this rich ecosystem is also being buried under modern realities with over 20 years experience of ground level environmental and cultural conservation author jonathon miller weisberger s commitment to preserving the fascinating unfathomably precious relics of the indigenous legacy shines through chief among these treasures is the shimmering golden plant medicine science of ayahuasca or yajé a rainforest vine that was popularized in the 1950s by western travelers such as william burroughs and alan ginsberg it has been sampled reviled and celebrated by outsiders ever since currently sought after by many in

the industrialized west for its powerful psychotropic and life transforming effects this sacred brew is often imbibed by visitors to the upper amazon and curious seekers in faraway venues sometimes with little to no working knowledge of its principles and precepts perceiving that there is an evident need for in depth information on ayahuasca if it is to be used beyond its traditional context for healing and spiritual illumination in the future miller weisberger focuses on the fundamental knowledge and practices that guide the use of ayahuasca in indigenous cultures weaving first person narrative with anthropological and ethnobotanical information rainforest medicine aims to preserve both the record and ongoing reality of ayahuasca s unique tradition and of course the priceless forest that gave birth to these sacred vines featuring words from amazonian shamans the living torchbearers of these sophisticated spiritual practices the book stands as testimony to this sacred plant medicine s power in shaping and healing individuals communities and nature alike

Rainforest Medicine 2013-09-17

make your own oils blends and fragrances and make your dreams come true the proper oils blends and fragrances are central to the practice of wicca and essential for many spells candle magick mojo bags ritual bathing incenses floor washes potpourri anointing sacred objects and much more for over thirty years wiccan expert lady rhea has been creating her own special formulas that she supplies to some of the world s quintessential pagan stores such as the warlock shoppe and enchantments and now she shares them with you in the enchanted formulary lady rhea gives you the recipes that she s perfected over three decades and also shows you where to get some of the harder to find ingredients some of the 300 blends included are formulas for love money luck and success healing and personal transformation and uncrossing and protection you ll also learn the magick of oils mixology how to mix and blend magical application different uses of oils for magickal purposes popular perfume fragrances today and the their role in magick astrological influences on when to blend your oils the enchanted formulary can be easily used on its own or with lady rhea s the enchanted candle and each recipe comes with detailed information on the origins of the fragrance the road to self empowerment begins here praise for the enchanted candle the enchanted candle includes rituals for every occasion together with details on the basics of how to do it and most important why this all works all aspects are here candles oils herbs seals all the ancillary items plus where to find them this is a complete book that you ll use time and again raymond buckland author of practical candleburning rituals and advanced candle magick

The Enchanted Formulary 2006-09-01

this book provides the most current information on the effects of vitamin b deficiency as well as the roles of niacin vitamin b3 pyridoxine vitamin b6 folate vitamin b9 and vitamin b12 in numerous disorders chapters discuss novel applications of b complex vitamins such as thiamin in patients with critical conditions dietary supplements in the prevention of renal stones and treatment of covid 19 throughout the authors discuss the effects of vitamin b deficiency from retrospective perspective and prospective points of view

B-Complex Vitamins 2022-02-23

a trailblazing anthropologist and an indigenous amazonian healer explore the convergence of science and shamanism the dose makes the poison says an old adage reminding us that substances have the potential to heal or to harm depending on their use although western medicine treats tobacco as a harmful addictive drug it is considered medicinal by indigenous people of the amazon rainforest in its unadulterated form it holds a central place in their repertoire of traditional medicines along with ayahuasca tobacco forms a part of treatments designed to heal the body stimulate the mind and inspire the soul with visions in plant teachers anthropologist jeremy narby and traditional healer rafael chanchari pizuri hold a cross cultural dialogue that explores the similarities between ayahuasca and tobacco the role of these plants in indigenous cultures and the hidden truths they reveal about nature juxtaposing and synthesizing two worldviews plant teachers invites readers on a wide ranging journey through anthropology botany and biochemistry while raising tantalizing questions about the relationship between science and other ways of knowing

Plant Teachers 2021-08-31

the rig veda written in india about 1500bc praises a holy plant called soma which is sacrificed and consumed granting the drinker an experience of enlightenment and ecstasy the late gordon wasson identified soma as a magic mushroom amanita muscaria and he and his followers discovered that such indo europeans as the ancient greeks iranians and norse had also used a soma type plant in ploughing the clouds peter lamborn wilson investigates the probability of a soma cult in ancient ireland tracing clues in irish and other celtic lore by comparing celtic folktales romances epics and topographic lore with the rig veda he uncovers the irish branch of the great indo european tradition of psychedelic or entheogenic shamanism and even reconstructs some of its secret rituals he uses this comparative material to illuminate the deep meaning of the soma function in all cultures the entheogenic origin of poetic frenzy the link between intoxication and inspiration

Ploughing the Clouds 2021-10-20

if you have insomnia this book is for you insomnia may be tough to deal with but you can get to sleep easily and sleep better and deeper with certain proven natural foods herbal medicines and simple lifestyle changes this book does the investigation into the science for you and provides you the proven answers you need to get to sleep and stay asleep with easy and low cost natural solutions getting to sleep naturally means utilizes evidence based effective and safe solutions from hundreds of scientific studies unveiled in clear terms this research reveals surprising information about how much sleep we really need what kind of sleep we need and how we can improve our sleep quality in this book we discover our biological clocks how they are set and reset and how they affect our moods our hormones and our sleep cycles we also learn how light plays an important role in sleep this book also teaches us about the proven effectiveness of inexpensive herbal medicines and foods that will immediately help us fall asleep and stay asleep hint it s not melatonin this book also explores the latest dream research revealing the mysterious realm of rem dreaming and lucid dreaming learning to remember steer and take control over our dreams and sleep cycles is accomplished with a refreshing science based understanding of the dreamscape and nightmares in natural sleep we also find a complete scientific resource for hundreds of ancient and modern natural strategies for sleeplessness to help us achieve both good quality sleep and productive positive dreams

Natural Sleep 2024-01-09

the first comprehensive guide to oneirogens naturally occurring substances that induce and enhance dreaming includes extensive monographs on dream enhancing substances derived from plant animal and human sources presents the results of scientific experiments on the effects of using oneirogens shows how studies in this area of ethnobotany can yield a scientific understanding of the mysterious mechanism of dreams oneirogens are plant and animal substances that have long been used to facilitate powerful and productive dreaming from the beginning of civilization dreams have guided the inner and outer life of human beings both in relation to each other and to the divine for centuries shamans have employed oneirogens in finding meaning and healing in their dreams drugs of the dreaming details the properties and actions of these dream allies establishing ethnobotanical profiles for 35 oneirogens including those extracted from organic sources such as calea zacatechichi dream herb or leaf of the god salvia divinorum and a variety of plants from north and south america and the pacific used in shamanic practices as well as synthetically derived oneirogens they explain the historical use of each oneirogen its method of action and what light it sheds on the scientific mechanism of dreaming they conclude that oneirogens enhance the comprehensibility and facility of the dream dreamer relationship and hold a powerful key for discerning the psychological needs and destinies of dreamers in the modern world

Drugs of the Dreaming 2007-05-21

it s the high that heals the healing magic of cannabis unveils the secret at the heart of marijuana s medicinal power getting high engages the healing power of the mind furthering healing vitality and recovery the healing high feels good promoting wellness relaxes you dissolving worry and restoring equilibrium makes you laugh refreshing perspective and cleansing emotions uplifts your mood to see the possibility of healing inspires faith that you are moving towards healing the healing magic of cannabis describes how to use cannabis including

preparation and hazards of smoking along with recipes also covered are methods for making tinctures and topical applications including the advantages and disadvantages of each the healing magic of cannabis explains how cannabis alleviates pain soothes discomfort and can interfere with the biological progression of certain diseases it provides clear information on cannabis use for fifteen medical conditions and common ailments from menstrual cramps back pain arthritis and insomnia to epilepsy aids and withdrawal from addictive drugs

The Healing Magic of Cannabis 2009-05-01

the bible for the d i y set detailed instructions for how to make your own sauerkraut beer yogurt and pretty much everything involving microorganisms the new york times named a best gift for gardeners by new york magazine the original guide to kraut kombucha kimchi kefir and kvass mead wine and cider pickles and relishes tempeh koji miso sourdough and so much more winner of the james beard foundation book award for reference and scholarship and a new york times bestseller with more than a quarter million copies sold the art of fermentation is the most comprehensive guide to do it yourself home fermentation ever published sandor katz presents the concepts and processes behind fermentation in ways that are simple enough to guide a reader through their first experience making sauerkraut or yogurt and in depth enough to provide greater understanding and insight for experienced practitioners while katz expertly contextualizes fermentation in terms of biological and cultural evolution health and nutrition and even economics this is primarily a compendium of practical information how the processes work parameters for safety techniques for effective preservation troubleshooting and more with two color illustrations and extended resources this book provides essential wisdom for cooks homesteaders farmers gleaners foragers and food lovers of any kind who want to develop a deeper understanding and appreciation for arguably the oldest form of food preservation and part of the roots of culture itself readers will find detailed information on fermenting vegetables sugars into alcohol meads wines and ciders sour tonic beverages milk grains and starchy tubers beers and other grain based alcoholic beverages beans seeds nuts fish meat and eggs as well as growing mold cultures using fermentation in agriculture art and energy production and considerations for commercial enterprises sandor katz has introduced what will undoubtedly remain a classic in food literature and is the first and only of its kind

The Art of Fermentation 2012-05-14

the first practical guide to the transformative uses of salvia explains how salvia connects you with your higher purpose and aids you in envisioning your unique path in life describes appropriate methods of use a shamanic diet to increase effectiveness and the meaning of the symbols experienced during salvia s ecstatic embrace explores recent clinical research into salvia s long term positive psychological effects and its potential as a treatment for alzheimer s depression and addiction salvia divinorum has been used since ancient times by the mazatec shamans of mexico for divination vision quests and healing known by many names nearly all associated with the virgin mary who has come to symbolize the spirit of salvia this plant ally is now regarded as the most powerful natural hallucinogen providing the first practical guide to the shamanic spiritual and therapeutic uses of salvia ross heaven shares his in depth quest to connect with the spirit of this plant teacher he explores recent clinical research into its many long term psychological effects such as increased insight and self confidence improved mood and concentration and feelings of calmness and connection with nature as well as salvia s potential for combating diseases like alzheimer s depression and even cocaine addiction reviewing the traditional mazatec ceremonies surrounding salvia s harvest and use heaven describes appropriate methods of consumption typical dosages and the shamanic diet he used to increase salvia s effectiveness examining firsthand accounts of salvia journeys from around the world he decodes the meaning of the symbolic images experienced during salvia s ecstatic embrace and details the interplay between salvia and the lucid dreaming state comparing salvia to ayahuasca and the san pedro cactus heaven explains that salvia s greatest strength as a shamanic plant ally lies in its ability to connect you with your higher purpose and aid you in envisioning your unique path in life

Shamanic Quest for the Spirit of Salvia 2013-05-20

homeopathy is an old medical science with a history of clinical success it is also controversial with many detractors who propose homeopathy has no mechanism of action in proving homeopathy the author presents

the scientific basis for the mechanisms of action for homeopathy proving that it has the therapeutic potential but only under the right conditions utilizing a compendium of scientific resources the reader is taken through the fundamentals and the research providing an invaluable resource for those who utilize homeopathy as either practitioners or patients note this is not a diagnostic resource

Proving Homeopathy 2024-01-28

chris wildwood is an international aromatherapy educator and best selling author of fourteen books on aromatherapy herbal medicine and other natural therapies here she has written a unique book to delight plant enthusiasts everywhere focussing on the less explored beneficial effects upon mood of common herbs and healing plants it provides thoroughly researched up to date information previously unavailable in a single volume and you don't have to be unwell to benefit from mood enhancing plants for herbs fragrant flowers plant essences and traditional incense can be used to enrich your daily life presents safe options to chemical antidepressants and tranquillisers including the mood enhancing benefits of diet healing music and contemplation of living plants gives a cornucopia of recipes and ideas for healing disharmonious states of being preventing the development of stress related illness and engendering an inner sense of wellbeing promotes the use of herb combinations tailored to individual need with detailed instruction on preparing your own plant remedies essential oil blends and inspirational incenses provides botanical biochemical pharmacological and traditional data on around one hundred healing plants including those used by indigenous peoples for sacramental purposes encourages the development of ecological awareness the reawakening of our deep connection with the living earth with mood enhancing plants you can engender tranquility revitalisation mental clarity romance creative inspiration contemplation and a sense of celebration

Mood Enhancing Plants 2011-09-30

discussing everything from god to santa claus prozac to the taliban and beyond the author asserts that ethics is balderdash

Balderdash 2012

a deep exploration of the regenerative and magical secrets of sacred masculinity hidden in familiar myths both ancient and modern reveals the restorative fungi archetype of osiris the orphic mysteries as an underground mycelium linking forests and people how dionysus teaches us about invasive species and playful sexuality and the ecology of jesus as depicted in his nature focused parables liberates tristan merlin and the grail legends from the bounds of campbell's hero's journey and invites the masculine into more nuanced complex ways of dealing with trauma growth and self knowledge long before the sword wielding heroes of legend readily cut down forests slaughtered the old deities and vanquished their enemies there were playful gods animal headed kings mischievous lovers trickster harpists and vegetal magicians with flowering wands as eco feminist scholar sophie strand discovered these wilder more magical modes of the masculine have always been hidden in plain sight sharing the culmination of eight years of research into myth folklore and the history of religion strand leads us back into the forgotten landscapes and hidden secrets of familiar myths revealing the beautiful range of the divine masculine including expressions of male friendship male intimacy and male creative collaboration in discussing dionysus and osiris strand encourages us to think like an ecosystem instead of like an individual she connects dying vegetal gods to the virtuous cycle of composting and decay highlighting the ways in which mushrooms can restore soil and heal polluted landscapes exploring esoteric christianity the author celebrates the gnostic jesus of the gospel of thomas imagining the ecology that the rabbi yeshua would have actually been referencing in his nature focused parables strand frees tristan merlin and the grail legends from the bounds of campbell's hero's journey and invites the masculine into more nuanced complex ways of dealing with trauma growth and self knowledge strand reseeds our minds with new visions of male identity and shows how each of us regardless of gender can develop a matured ecological empathy and witness a blossoming of sacred masculine powers that are soft curious connective and celebratory

The Flowering Wand 2022-11-29

weave the threads of ancient heathen magic into your life journey into the fascinating depths of heathenry with

this tremendous source of history inspiration and practical information based on decades of research and experimentation elves witches gods provides explanations and hands on techniques for galdr seidr fiber magic herb craft journeying going under the cloak and connecting with deities and elves working with authentic source material cat heath has carefully pieced together and recreated heathen magic techniques and she shares the theories skills and tools you need to begin or deepen your own practice this book introduces you to deities such as the spinning goddess the spear god odin and ingvi freyr you will discover recipes spells and prayers as well as learn how to work with specific oils and charms whether you are interested in using magic to influence your fate or you want to take a deep dive into the craft of the helrune and the völva this book s guidance will help you take the next steps on the heathen path includes a foreword by patricia m lafayllve author of a practical heathen s guide to asatru

Elves, Witches & Gods 2021-03-08

seeking to identify the plant origins of the early sacramental beverages soma and haoma this study draws a connection between the psychoactive properties of these drinks and the widespread use of cannabis among indo europeans during this time exploring the role of these libations as inspiration for the indian rig veda and the persian avestan texts this examination discusses the spread of cannabis use across europe and asia the origins of the soma and haoma cults and the shamanic origins of modern religion

Cannabis and the Soma Solution 2010-09-01

this could be the most important book you will read this year around the office at chelsea green it is referred to as the pharmaceutical silent spring well known author teacher lecturer and herbalist stephen harrod buhner has produced a book that is certain to generate controversy it consists of three parts a critique of technological medicine and especially the dangers to the environment posed by pharmaceuticals and other synthetic substances that people use in connection with health care and personal body care a new look at gaia theory including an explanation that plants are the original chemistries of gaia and those phytochemistries are the fundamental communications network for the earth s ecosystems extensive documentation of how plants communicate their healing qualities to humans and other animals western culture has obliterated most people s capacity to perceive these messages but this book also contains valuable information on how we can restore our faculties of perception the book will affect readers on rational and emotional planes it is grounded in both a new age spiritual sensibility and hard science while some of the author s claims may strike traditional thinkers as outlandish buhner presents his arguments with such authority and documentation that the scientific underpinnings however unconventional are completely credible the overall impact is a powerful eye opening expos of the threat that our allopathic western medical system in combination with our unquestioning faith in science and technology poses to the primary life support systems of the planet at a time when we are preoccupied with the terrorist attacks and the possibility of biological warfare perhaps it is time to listen to the planet this book is essential reading for anyone concerned about the state of the environment the state of health care and our cultural sanity

The Lost Language of Plants 2002-03-01

an in depth investigation of traditional european folk medicine and the healing arts of witches explores the outlawed alternative medicine of witches suppressed by the state and the church and how these plants can be used today reveals that female shamanic medicine can be found in cultures all over the world illustrated with color and black and white art reproductions dating back to the 16th century witch medicine is wild medicine it does more than make one healthy it creates lust and knowledge ecstasy and mythological insight in witchcraft medicine the authors take the reader on a journey that examines the women who mix the potions and become the healers the legacy of hecate the demonization of nature s healing powers and sensuousness the sorceress as shaman and the plants associated with witches and devils they explore important seasonal festivals and the plants associated with them such as wolf s claw and calendula as herbs of the solstice and alder as an herb of the time of the dead samhain or halloween they also look at the history of forbidden medicine from the inquisition to current drug laws with an eye toward how the sacred plants of our forebears can be used once again

Witchcraft Medicine 2003-10-01

2023 coalition of visionary resources gold award provides detailed instructions for making single flower essences and magickal and therapeutic essence blends shares new magickal uses for flower essences from creating sacred space to dressing candles to preparing incense as well as how to use essences in meditation potions spells spagyrics and ritual includes a detailed directory of 100 flower and plant essences complete with astrological elemental and magickal correspondences in this practical guide to using flower essences in witchcraft alchemy and healing nicholas pearson provides detailed instructions for making and using flower essences based on traditional western magick practices he shares new uses for essences from creating sacred space to dressing candles to preparing incense and explains how to use them in meditation potions spells spagyrics and ritual he shares exercises for connecting more deeply to the energies of the green world and exploring how essences can be used in traditional sacraments of witchcraft like the great rite in the hands on formulary the author provides recipes for essence combinations for the eight sabbats and formulas based on familiar blends like traditional flying ointments of european witchcraft he shares his method for creating flower essence spagyrics alchemical preparations made from the body mind and soul of the plant that offer the highest vibrational potency for therapeutic and spiritual uses pearson also provides a detailed directory of 100 flower and plant essences complete with astrological elemental and magickal correspondences and the therapeutic indications for each essence weaving together magickal herbalism traditional plant lore and flower essence therapy this guide allows you to see flower essences not just as vibrational remedies but also as powerful tools for transformation magick and spiritual practice

Flower Essences from the Witch's Garden 2022-02-08

an absolutely exceptional magical resource that you ll enjoy reading cover to cover from teas and kombucha to liquors and liqueurs and even a few delectable bites author amy blackthorn s zesty exciting writing and impressive knowledge will inspire your kitchen witchery julia halina hadas author of witchcraft cocktails 70 seasonal drinks infused with magic and ritual blackthorn s botanical brews has something for everyone this book outlines the magical uses for many well loved traditional beverage ingredients found throughout time readers learn what potions are what purpose they serve and how to create their own brews bitters vermouth and kombucha as well as how to blend the perfect tea for their magical desires included getting to know your spirits adding magic to your daily activities in the kitchen in the bar fruit feeling frisky making sodas and syrups herbal beers mead and cider what to do with leftover potions

Blackthorn's Botanical Brews 2020-10-05

acorns delineates the future of humanity as a reunification of intellect with the deep self having chosen to focus upon ego established securely by the time of christ much more beta brain wave development will destroy our species and others which process has already begun we create our own realities through beliefs intents and desires and we were in and out of probabilities constantly feelings follow beliefs not the other way around

Acorns: Windows High-Tide Foghat 2013-01-23

this unique look at history elaborately recounts the birth of human civilization through the vehicle of ancient egyptian deities albeit in light of the most recent knowledge on archaeology anthropology comparative religion linguistics sociology and general history it moves quickly but seamlessly to greece via crete revealing the relatively young age of continental european and by extension all western culture science art and religion and their highly derivative nature a point subtly repeated throughout this stunningly wide ranging work a book of contrasts it constantly compares not only the saints and the sinners but the east and the west be the issues dealt with political or religious in most cases the one cannot be separated from the other it does not however presume to pass judgement only to relate the events as they happened the facts as they stand even if many of them are little known ones conspicuous by their absence in standard school history books

All About wikiHow 2008

a dazzling work of personal travelogue and cultural criticism that ranges from the primitive to the postmodern in a quest for the promise and meaning of the psychedelic experience while psychedelics of all sorts are demonized in america today the visionary compounds found in plants are the spiritual sacraments of tribal cultures around the world from the iboga of the bwiti in gabon to the mazatecs of mexico these plants are sacred because they awaken the mind to other levels of awareness to a holographic vision of the universe breaking open the head is a passionate multilayered and sometimes rashly personal inquiry into this deep division on one level daniel pinchbeck tells the story of the encounters between the modern consciousness of the west and these sacramental substances including such thinkers as allen ginsberg antonin artaud walter benjamin and terence mckenna and a new underground of present day ethnobotanists chemists psychonauts and philosophers it is also a scrupulous recording of the author s wide ranging investigation with these outlaw compounds including a thirty hour tribal initiation in west africa an all night encounter with the master shamans of the south american rain forest and a report from a psychedelic utopia in the black rock desert that is the burning man festival breaking open the head is brave participatory journalism at its best a vivid account of psychic and intellectual experiences that opened doors in the wall of western rationalism and completed daniel pinchbeck s personal transformation from a jaded manhattan journalist to shamanic initiate and grateful citizen of the cosmos

Saints & Sinners 2002-08-06

Breaking Open the Head

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