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and the policy implications for improving health equity pmcid pmc7050843 doi 10 1186 s40795 019 0275 x abstract background although the importance of capacity building for public health nutrition phn has been increasing globally reports on the current status of training programs for phn in east asia including japan are limited we identified nine points as enabling factors i clear description of the purpose of health education ii clear provision of teaching content and adequate time allocation iii comprehensive school health framework and clarification of the position of the health education iv systems for surveying and screening children s health problems evidence on the effects of a community wide intervention cwi on population level physical activity pa especially in the long term is limited therefore we evaluated the five year effect of cwi on promoting pa through information dissemination education and community support primarily target the journal of education and health science published by japanese society of education and health science 305 registered articles updated on october 24 2022 online issn 2434 9127 print issn 0285 0990 journal peer reviewed partially restricted access journal home all issues about the journal j stage home pmid 25739344 doi 10 1016 j pec 2015 02 013 abstract objective to examine the relationship between health literacy hl health information access health behavior and health status in japanese people methods a questionnaire survey was conducted at six healthcare facilities in japan in health class your child will have lessons on mental emotional and social health including how to prevent bullying nutrition and physical activity personal health and safety growth development and identity alcohol tobacco and other drug use prevention summary this chapter discusses what instructional design id is and differentiates it from curriculum development why id is important to medical educators the education theories underpinning id and leading 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