

# Epub free Plank grilling 75 recipes for infusing food with flavor using wood planks .pdf

we explain why you should try grilling planks this summer and how this technique imparts flavor to the foods you are grilling plus discover how different types of wood plank impart different flavors what to look for when buying grilling planks and how to use them to plank grill grilling on wood planks is a fun and easy way to add some variety to your grill game it prevents delicate foods from falling apart on the grill adds some great flavor to a variety of different seafood meats and vegetables and makes for super easy cleanup using a wood plank gives your food that nice smoky flavor that can often only be achieved with a real smoker or a smoker box with chips using a plank is a far easier far quicker solution which doesn't require the preparation or time needed with other methods grilling with wood planks is a technique used by top chefs grill masters and barbecue kings and queens all over the world and there are a few key reasons why plank grilling also known as planking is a method in which food is placed on a wooden board that has been set over indirect heat on a grill it's the best way to ensure that your dish gets a deep wood smoked flavor while there are many ways to go about soaking the wood planks i have found that the easiest way is to use two different sized but large baking dishes all you have to do is fill the larger one with water place the planks in it and then fill the smaller one with water and place it on top

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