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you can create a nurturing environment in a center based child care setting or a family child care home the time you spend making thoughtful and careful decisions about the environment will help you create high quality spaces where infants toddlers and the adults caring for them can thrive environments that foster successful development and prevent the development of psychological and behavioral problems are usefully characterized as nurturing environments first these environments minimize biologically and psychologically toxic events safe responsive and nurturing environments are an important part of supporting the learning and development of infants toddlers and preschoolers such environments also help to prevent challenging behaviors and serve as a core component of interventions for infants and young children with identified disabilities we define nurturing and environments broadly biglan flay embry under review by nurturing we mean any act process or condition that promotes and supports optimal developmental outcomes within a given environmental context to nurture a child means to meet their physical emotional and developmental needs kids need to feel supported creating safe stable nurturing relationships and environments builds kids confidence makes it easier for them to learn new skills and adjust to new situations safe and nurturing environments refer to physical and emotional spaces that promote a sense of security and well being for young children they include factors such as stable relationships consistent routines age appropriate activities positive reinforcement and a physically safe setting examples of nurturing how to create a supportive environment in early years written by cath hunter subject emotional development view page as pdf download now share this it s vital we pay close attention to the environment in which children are cared for to support their emotional wellbeing says cath hunter nurture encompasses the environmental factors that impact who we are this includes our early childhood experiences the way we were raised our social relationships and the surrounding culture a few biologically determined characteristics include genetic diseases eye color hair color and skin color you are the most important part of the early learning environment offering young children calm nurturing and predictable social and emotional environments and promoting their self regulation skills helps them feel safe and secure so they can learn play and grow a nurturing environment can be defined as a setting that promotes growth development and emotional well being it is a space where individuals feel safe supported and valued in a nurturing environment there is a balance between structure and emotional support environments that foster successful development and prevent the development of psychological and behavioral problems are usefully characterized as nurturing environments first these learning nurturing care is about children their families and other caregivers and the places where they interact we know what strengthens families and caregivers capacity to support young children's development an enabling environment is needed policies programmes and services that give families parents and the distinguishing features of nurturing environments include a minimizing biologically and psychologically toxic environments b promoting and reinforcing prosocial behaviours such as self regulatory skills c reducing the opportunities for problem behaviour d encouraging psychological flexibility of individuals 5 children thrive when their relationships and environments are consistently safe stable and nurturing mercy saul 2009 such positive experiences are associated with optimal brain development and developing biological systems including the nervous endocrine and immune systems gail innis michigan state university extension january 17 2013 increase the health and wellbeing of children by improving your nurturing skills children who are nurtured learn to treat themselves others and their environment in a nurturing way photo credit pixabay evidence shows that early childhood development is an outcome of healthy nurturing interactions between caregivers and children and as such the guideline focuses on the needs of both the caregivers and young children the guideline intended for a wide range of stakeholders also recommends integrating caregiving and nutrition interventions tiffini pruitt britton anne garrison wilhelm and jonee wilson share

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