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gastrointestinal gi tract bypassing the oral cavity 1 each year in the united states this nutrition sup the present guideline is an update and extension of the pre vious espen guidelines on enteral nutrition en and parenteral nutrition pn in adult critically ill patients published 2006 and 2009 respectively 1 2 since then the espen methodology has beenupgradedtothe s3guidelineslevel describedelsewhere 3 this article provides practical guidance on enteral nutrition in compliance with recent american and european guidelines low dose enteral nutrition can be safely started within 48 h after admission even during treatment with small or moderate doses of vasopressor agents these guidelines are intended to give evidence based recommendations for the use of en in patients who have a complicated course during their icu stay focusing particularly on those who develop a severe inflammatory response i e patients who have failure of at least one organ during their icu stay this new edition of the enteral nutrition handbook has been updated and expanded to deliver the best of evidence based recommendations practical application and hands on clinical skills along with the foundational science that underpins enteral nutrition this guideline covers identifying and caring for adults who are malnourished or at risk of malnutrition in hospital or in their own home or a care home it offers advice on how oral enteral tube feeding and parenteral nutrition support should be started administered and stopped low dose enteral nutrition can be safely started within 48 h after admission even during treatment with small or moderate doses of vasopressor agents a percutaneous access should be used when enteral nutrition is anticipated for 4 weeks main structure of the espen practical guideline home enteral nutrition hen the guideline consists of ve chapters presented in figs 2 18 for details see text fi e fig 2 indication and contraindication for home enteral nutrition abbreviations hen home enteral nutrition qol quality of life enteral nutrition en is a valuable clinical intervention for patients of all ages in a variety of care settings along with its many outcome benefits come the potential for adverse effects these safety issues are the result of clinical complications and of process related errors enteral nutrition en provides critical macro and micronutrients to individuals who cannot maintain sufficient oral intake to meet their nutritional needs en is most commonly required for neurological conditions that impair swallow function such as stroke amyotrophic lateral sclerosis and parkinson s disease clinical guidelines are systematically developed evidence based evidence informed statements and recommendations that assist and guide practitioner and patient decisions about appropriate nutrition care for specific clinical circumstances including but not limited to the role of specific diagnostic and treatment modalities in the management the present guideline is intended to give evidence based recommendations for the use of ons and tf in patients with liver disease ld it was developed by an interdisciplinary expert group in accordance with officially accepted standards and is based on all relevant publications since 1985 this article provides practical guidance on enteral nutrition in compliance with recent american and european guidelines low dose enteral nutrition can be safely started within 48 h after admission even during treatment with small or moderate doses of vasopressor agents these guidelines are intended to give evidence based recommendations for the use of ons and tf in nephrology patients they were developed by an interdisciplinary expert group in accordance with officially accepted standards and are based on all relevant publications since 1985 they were discussed and accepted in a consensus conference from a metabolic and nutritional point of view the key aspects of perioperative care include enteral nutrition en by means of oral nutritional supplements ons and if necessary tube feeding tf offers the possibility of increasing or ensuring nutrient intake in cases where food intake is inadequate this guidance provides recommendations regarding in vitro testing of oral drug products other than solutions administered via enteral feeding tube hereinafter enteral tube these products

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