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Field exercise and evolutions of infantry Anatomy & Physiology Laboratory Manual and E-Labs E-Book Field Exercise and Evolutions of Infantry, as revised ... 1859. Pocket edition Anatomy and Physiology, Laboratory Manual Laboratory Manual for Anatomy and Physiology Lab Manual for Psychological Research The Psychology of Exercise Laboratory Notebook for Students in Chemistry 411 and 412 Corporate Computer Forensics Training System Laboratory Manual Volume I The teacher's manual of mental arithmetic Cognitive-behavioral Coping Skills Therapy Manual Instructor's Manual, Prentice Hall Handbook for Writers STAND TALL Teacher's Manual, Grades 4-6 Therapeutic Programs for Musculoskeletal Disorders The Care of Neuropathic Limbs: A Practical Manual Solutions Manual for Lang's Linear Algebra A Manual of Diet and Regimen for Physician and Patient The Psychology of Exercise Provisional Small Arms Firing Manual for the United States Army and for the Organized Militia of the United States, 1909 Student Solutions Manual to accompany Calculus: Multivariable 2e Manual of Gynecardiology Laboratory Manual of Microbiology Laboratory Manual for Biotechnology and Laboratory Science Student Solutions Manual for Gallian's Contemporary Abstract Algebra A Manual of Mammalogy The System of Discipline and Manoeuvres of Infantry Spin Now! Biophysical Agents Gunnery Instructions Basic Exercises in Immunochemistry Methods of Group Exercise Instruction-3rd Edition The Soviet Motorized Rifle Company Professional SQL Server High Availability and Disaster Recovery Exercise Physiology for Health, Fitness, and Performance Finding the River Physical Best Leadership Education and Training (LET) 2 Exercise Physiology for Health Fitness and Performance Advanced Personal Training



2008

using an approach that is geared toward developing solid logical habits in dissection and identification the laboratory manual for anatomy physiology 10th edition presents a series of 55 exercises for the lab all in a convenient modular format the exercises include labeling of anatomy dissection of anatomic models and fresh or preserved specimens physiological experiments and computerized experiments this practical full color manual also includes safety tips a comprehensive instruction and preparation guide for the laboratory and tear out worksheets for each exercise updated lab tests align with what is currently in use in today s lab setting and brand new histology dissection and procedures photos enrich learning enhance your laboratory skills in an interactive digital environment with eight simulated lab experiences elabs eight interactive elabs further your laboratory experience in an interactive digital environment labeling exercises provide opportunities to identify critical structures examined in the lab and lectures and coloring exercises offer a kinesthetic experience useful in retention of content user friendly spiral binding allows for hands free viewing in the lab setting step by step dissection instructions with accompanying illustrations and photos cover anatomical models and fresh or preserved specimens and provide needed guidance during dissection labs the dissection of tissues organs and entire organisms clarifies anatomical and functional relationships 250 illustrations including common histology slides and depictions of proper procedures accentuate the lab manual s usefulness by providing clear visuals and guidance easy to evaluate tear out lab reports contain checklists drawing exercises and questions that help you demonstrate your understanding of the labs you have participated in they also allow instructors to efficiently check student progress or assign grades learning objectives presented at the beginning of each exercise offer a straightforward framework for learning content and concept review questions throughout the manual provide tools for you to reinforce and apply knowledge of anatomy and function complete lists of materials for each exercise give you and your instructor a thorough checklist for planning and setting up laboratory activities allowing for easy and efficient preparation modern anatomical imaging techniques such as computed tomography ct magnetic resonance imaging mri and ultrasonography are introduced where appropriate to give future health professionals a taste for and awareness of how new technologies are changing and shaping health care boxed hints throughout provide you with special tips on handling specimens using equipment and managing lab activities evolve site includes activities and features for students as well as resources for instructors

## **Field exercise and evolutions of infantry**

1859

the allen laboratory manual for anatomy and physiology 6th edition contains dynamic and applied activities and experiments that help students both visualize anatomical structures and understand complex physiological topics lab exercises are designed in a way that requires students to first apply information they learned and then critically evaluate it with many different format options available and powerful digital resources it s easy to customize this laboratory manual to best fit your course

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2018-01-24

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activities and experiments that help students both visualize anatomical structures and understand complex physiological topics lab exercises are designed in a way that requires students to first apply information they learned and then critically evaluate it with many different format options available and powerful digital resources it's easy to customize this laboratory manual to best fit your course while the laboratory manual for anatomy and physiology is designed to complement the latest 16th edition of principles of anatomy physiology it can be used with any two semester a p text

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1859

packed with checklists and how to sections lab manual for psychological research by dawn m mcbride and j cooper cutting includes a wealth of hands on exercises focusing on research methods research projects apa style and avoiding plagiarism new to the revised third edition are 13 exercises designed to help students develop some of the more difficult research skills bundle the lab manual with mcbride s the process of research in psychology third edition order using bundle isbn 978 1 5063 2351 0

## ***Anatomy and Physiology, Laboratory Manual***

2016-12-28

the psychology of exercise integrating theory and practice fourth edition continues to weave together theory research application and interventions to provide readers with a solid foundation in exercise psychology in this comprehensive accessible book the authors apply prominent theories and models to actual situations encountered professionally compelling graphs models other visuals and effective pedagogical aids further enhance the material the chapters in part i help readers understand and modify exercise behavior while those in part ii discuss psychosocial influences and the consequences of physical activity among the topics explored are the impact of exercise on self perceptions including self esteem and body image stress anxiety and depression and emotional well being chapters on the relationship between physical activity and cognitive function as well as health related quality of life offer the latest information for these areas of study features of the fourth edition new streamlined chapter on self perceptions and exercise which combines previous chapters on self esteem and body image this more logical presentation of related topics makes it easier to teach these topics and better depicts their intersection refocused chapter on health related quality of life and exercise to include more emphasis on special populations and demonstrate how exercise can benefit those who have chronic diseases chronic disabilities or physical limitations discussions throughout on mobile devices apps social media and high tech point of decision and how these technologies can be used for tracking and measuring physical activity and for offering social support updated references glossary and graphics special features of the book reader friendly price outstanding author team of active researchers with diverse areas of expertise end of chapter review questions and learning activities to enhance understanding connections between theory and application throughout focus boxes with additional learning activities highlighting research on physical activity and populations with chronic disease and disability standardized questionnaires including some of the most frequently used measures in exercise psychology research

## **Laboratory Manual for Anatomy and Physiology**

2020-12-10

this is the laboratory and exercise manual to accompany the text manual for volume i of a corporate and law enforcement computer and digital forensics training system this training system consists of a text manual with explanations and descriptions with more than 200 pictures drawings and diagrams this laboratory and exercise manual contains more than 40 forensic exercises to help prepare students for entry into the profession as a corporate or law enforcement computer examiner the information presented in this training system is updated by industry practice and research this training system is designed to be used in a lecture demonstration environment and requires the use of associated case image files

## **Lab Manual for Psychological Research**

2015-08-14

teach respect and help students achieve their full potential stand tall is a video based educational program that educates teachers and students in grades 4 6 about how to respond to disrespectful behavior this stand tall teacher s manual accompanies the dvd the stand tall program results in three core competencies respect for individual differences discission to further understanding action that transforms behavior one module which includes commentary from educators legal experts and counselors is designed for teachers and provides guidance on using the student oriented materials the program also provides advice on preventing harassment clarification of relevant laws doe guidelines and a compendium of resources and classroom activities suggested use order one stand tall teacher s manual dvd to view together plus as many individual stand tall teacher s manuals as needed to accommodate your group

## **The Psychology of Exercise**

2016-12

therapeutic programs for musculoskeletal disorders is a guide for musculoskeletal medicine trainees and physicians to the art and science of writing therapy prescriptions and developing individualized treatment plans chapters are written by teams of musculoskeletal physicians allied health professionals and trainees to underscore the importance of collaboration in designing programs and improving outcomes the book employs a literature driven treatment approach to the common musculoskeletal problemsthat clinicians encounter on a daily basis each condition specific chapter includes clinical background and presentation physical examination and diagnostics followed by a comprehensive look at the rehabilitation program case examples with detailed therapy prescriptions reinforce key points the book includes a bound in dvd with downloadable patient handouts for most conditions therapeutic programs for musculoskeletal disorders features a concise but comprehensive approach to the conservative treatment of musculoskeletal disorders a focus on developing individualized treatment plans incorporating physical modalities manual therapy and therapeutic exercise a logical framework for writing effective therapy based prescriptions for common limb and spine problems case examples with detailed therapy prescriptions a targeted review of the associated literature in each condition specific chapter a dvd with illustrated handouts covering home modalities and therapeutic exercises for key problems that can be provided to patients the first reference bringing together physicians allied health professionals and residents to provide an integrated foundation for improved team care utilizing an evidence based approach to musculoskeletal rehabilitation

## **Laboratory Notebook for Students in Chemistry**

**411 and 412**

1935

among the variety of problems that the medical profession treats there can be none so complicated regarding possibilities and yet none so simple regarding actual methods of management as those produced by neuropathy until recently however neuropathic limbs were considered irreparable and the condition unmanageable a distillation of dr warren s 40 years of experience the care of neuropathic limbs a practical manual fills the need for a guide to optimum care the book brings together the many issues involved in the management of neuropathic limbs and provides effective and easy to follow regimens that can save feet and hands dr warren demonstrates that lesions on limbs due to a nerve deficit will heal if the limb is adequately rested and protected from further trauma during healing she covers diagnosis understanding the effects of lack of normal sensation protection of skin ulcers conservative surgery functional reconstruction many publications contain special sections focusing on neuropathic limbs but few of them comprehensively cover the entire range of treatment available copiously illustrated with photographs and line drawings the care of neuropathic limbs a practical manual presents an integrated multidisciplinary approach that shows the medical team how to organize its program and help patients maintain their limbs in functional condition

**Corporate Computer Forensics Training System Laboratory Manual Volume I**

2007-07

this solutions manual for lang s undergraduate analysis provides worked out solutions for all problems in the text they include enough detail so that a student can fill in the intervening details between any pair of steps

**The teacher's manual of mental arithmetic**

1880

now in its fifth edition the psychology of exercise integrating theory and practice is the ideal resource for undergraduate courses devoted to the study of exercise behavior following the success of previous editions this book successfully integrates theoretical principles and the latest research with intervention strategies that students can apply in real world settings students will find multiple forms of presentation throughout including graphics and models questionnaires and other instruments focus boxes highlighting research on the impact of physical activity on specific populations and review questions and activities to enhance learning this edition includes a substantial revision of the theory and intervention chapters with a focus on the most popular theories currently thriving in the field a discussion of environmental and policy influences on behavior and an expanded presentation of intervention components design and evaluation separate chapters are also dedicated to popular topics such as personality self perceptions stress anxiety depression emotional well being cognitive function and health related quality of life for those seeking to learn more about exercise behavior the psychology of exercise integrating theory and practice is a must have resource

***Cognitive-behavioral Coping Skills Therapy Manual***

1995

a student manual for multivariable calculus practice and improved understanding of the subject calculus multivariable student solutions manual provides problems for practice organized by specific topics such as vectors and functions of several variables solutions and the steps to reach them are available for specific problems the manual is designed to accompany the multivariable calculus textbook which was published to enhance students critical thinking skills and make the language of mathematics more accessible

## **Instructor's Manual, Prentice Hall Handbook for Writers**

1985

this book provides a much needed internationally oriented text focusing on specific aspects of heart disease in women despite the large amount of information available there is still considerable confusion regarding female patients as such the book highlights the health events that occur during aging in women and that may influence the future cvd risk for instance pregnancy related disorders are important predictors for cvd risk in women and inflammatory diseases like rheumatic thyroid disorders etc which also interfere with cvd risk are also more common in women adopting a multidisciplinary approach including gynecology and endocrinology it offers separate chapters on female specific manifestations of ischemic heart disease such as tako tsubo cmp and spontaneous coronary artery dissections the book also discusses the effects and side effects of important medications the chapters are clearly formatted making it easy for readers to find subjects of interest

## **STAND TALL Teacher's Manual, Grades 4-6**

2012-01-30

this laboratory manual of microbiology has been written to meet the needs of students taking microbiology as major or subsidiary subject the intention is to provide the students with well organized user friendly tool to better enable them to understand laboratory aspects of microbiology as well as to hopefully make learning laboratory material and preparing for independent player of a given experiment each exercise provides step by step procedure to complete the assignment successfully and easily the lab exercises are designed to give the student hands on laboratory experience to better reinforce certain topics discussed in exercise the glossary is included covering terms as well as basic discipline specific terminology from microbiology that will be helpful to its readers the main contents of the manual are microbiology laboratory practices and safety rules basic laboratory techniques microscopy staining and motility techniques environmental microbiology microbiological culture techniques growth of lactose fermenting and non fermenting microbes medical microbiology environmental effect on bacterial growth application of microbiology microbiology of milk and appendices the academic level of the book is graduate post graduate students research workers teachers and scientists dealing with basic and applied aspects of microbiology

## **Therapeutic Programs for Musculoskeletal Disorders**

2012-12-17

provides the basic laboratory skills and knowledge to pursue a career in biotechnology written by four biotechnology instructors with over 20 years of teaching experience it incorporates instruction exercises and laboratory activities that the authors have been

using and perfecting for years these exercises and activities help students understand the fundamentals of working in a biotechnology laboratory building skills through an organized and systematic presentation of materials procedures and tasks the manual explores overarching themes that relate to all biotechnology workplaces including forensic clinical quality control environmental and other testing laboratories features provides clear instructions and step by step exercises to make learning the material easier for students emphasizes fundamental laboratory skills that prepare students for the industry builds students skills through an organized and systematic presentation of materials procedures and tasks updates reflect recent innovations and regulatory requirements to ensure students stay up to date supplies skills suitable for careers in forensic clinical quality control environmental and other testing laboratories

## ***The Care of Neuropathic Limbs: A Practical Manual***

1999-06-15

whereas many partial solutions and sketches for the odd numbered exercises appear in the book the student solutions manual written by the author has comprehensive solutions for all odd numbered exercises and large number of even numbered exercises this manual also offers many alternative solutions to those appearing in the text these will provide the student with a better understanding of the material this is the only available student solutions manual prepared by the author of contemporary abstract algebra tenth edition and is designed to supplement that text table of contents integers and equivalence relations 0 preliminaries groups 1 introduction to groups 2 groups 3 finite groups subgroups 4 cyclic groups 5 permutation groups 6 isomorphisms 7 cosets and lagrange s theorem 8 external direct products 9 normal subgroups and factor groups 10 group homomorphisms 11 fundamental theorem of finite abelian groups rings 12 introduction to rings 13 integral domains 14 ideals and factor rings 15 ring homomorphisms 16 polynomial rings 17 factorization of polynomials 18 divisibility in integral domains fields fields 19 extension fields 20 algebraic extensions 21 finite fields 22 geometric constructions special topics 23 sylow theorems 24 finite simple groups 25 generators and relations 26 symmetry groups 27 symmetry and counting 28 cayley digraphs of groups 29 introduction to algebraic coding theory 30 an introduction to galois theory 31 cyclotomic extensions biography joseph a gallian earned his phd from notre dame in addition to receiving numerous national awards for his teaching and exposition he has served terms as the second vice president and the president of the maa he has served on 40 national committees chairing ten of them he has published over 100 articles and authored six books numerous articles about his work have appeared in the national news outlets including the new york times the washington post the boston globe and newsweek among many others

## ***Solutions Manual for Lang's Linear Algebra***

2012-12-06

refined in detail through three editions the manuals outstanding features include an explanation of keys and how to use them the inclusion of keys designed to identify by order or family extant mammals of the world special sections containing comments and suggestions on identification information on working with map coordinates and global positioning receivers coverage of the use of computer programs to get estimates of home range size and characteristics and ideas for locating reliable authoritative literature on mammals a section on techniques for studying mammals in the field and in the laboratory rounds out this student friendly learning tool beautifully wrought illustrations and diagrams accurately portray visual details of mammal groups or characteristics that are unavailable to study in person moreover well designed laboratory exercises provide opportunities to apply knowledge and master

understanding

## **A Manual of Diet and Regimen for Physician and Patient**

1872

technical spin now puts you on the fast track to djing whether you want to be a digital dj or vinyl junkie in this book with accompanying audio and video los angeles dj world class turntablist producer and classroom instructor dj shortee teaches you everything you need to know so you can start mixing tunes like the pros from cdjs turntables and dj mixers to dj software midi controllers and more discover the tools of the trade and how to choose which are best for you learn how to set up different gear and how to operate it correctly find out where to get music and how to select your tunes in order to create your own unique sound learn how to identify beats count music sync tempos and match keys master the basics of cueing scratching and droppin on the one learn how to create seamless mixes through beat matching blending and eqing discover useful practice techniques get advice on how to promote yourself learn how to survive your first gig and more the included clips contain specific exercises directly correlating with lessons in the text including material that lets you play along in real time each technique is taught using both cdjs and turntables and can easily be applied to any dj software and controllers no matter what equipment you use shortee s lessons are essential to learning how to dj like a pro want to become a pro dj learn from one

## ***The Psychology of Exercise***

2019-09-12

written specifically for ptas develop the clinical decision making skills you need to be a successful pta this easy to follow approach helps you learn how to successfully relate thermal mechanical and electrical biophysical agents to specific therapeutic goals while understanding all the physiologic ramifications drawing from the apta s guide to physical therapist practice this text will enable you to make the connection between a physical agent and the appropriate treatment interventions as part of a comprehensive successful physical therapy treatment program

## **Provisional Small Arms Firing Manual for the United States Army and for the Organized Militia of the United States, 1909**

1909

based on industry standards and guidelines this text highlights a variety of group exercise formats through training principles correction and progression techniques and safety to enhance the skills of group exercise leaders

## **Student Solutions Manual to accompany Calculus: Multivariable 2e**

2011-09-21

leverage powerful features of the sql server and watch your infrastructure transform into a high performing reliable network of systems key features explore more than 20 real world use cases to understand sql server features get to grips with the sql server always on technology learn how to choose ha and dr topologies for your system book



description professional sql server high availability and disaster recovery explains the high availability and disaster recovery technologies available in sql server replication alwayson and log shipping you ll learn what they are how to monitor them and how to troubleshoot any related problems you will be introduced to the availability groups of alwayson and learn how to configure them to extend your database mirroring through this book you will be able to explore the technical implementations of high availability and disaster recovery technologies that you can use when you create a highly available infrastructure including hybrid topologies note that this course does not cover sql server failover cluster installation with shared storage by the end of the book you ll be equipped with all that you need to know to develop robust and high performance infrastructure what you will learn configure and troubleshoot replication alwayson and log shipping study the best practices to implement ha and dr solutions design ha and dr topologies for the sql server and study how to choose a topology for your environment use t sql to configure replication alwayson and log shipping migrate from on premise sql server to azure sql database manage and maintain alwayson availability groups for extended database mirroring who this book is for professional sql server high availability and disaster recovery is for you if you are a database administrator or database developer who wants to improve the performance of your production environment prior experience of working with sql server will help you get the most out of this book

## **Manual of Gynecardiology**

2017-06-12

with this new 6th edition exercise physiology for health fitness and performance continues to provide an authoritative resource for mastering exercise physiology this engaging accessible and approachable resource integrates theoretical and research based basic exercise physiology with real world application to prepare students for exciting positions in exercise science fitness physical education athletic training rehabilitation coaching and or allied health professions updated throughout the text uses sound pedagogical principles to explain scientific research that is the foundation of exercise physiology and incorporates multiple features to help students apply their knowledge to improve human health fitness and performance content in this edition is organized by independent units metabolic cardiovascular respiratory neuromuscular skeletal and neuroendocrine immune offering maximum teaching flexibility for faculty and ensuring a consistent efficient and effective learning experience for students

## ***Laboratory Manual of Microbiology***

2012-03-01

presents a compendium of self help exercises and techniques which are designed to help a person cope with life s challenges find inner peace and feel a comforting sense of connection between oneself and the natural world

## **Laboratory Manual for Biotechnology and Laboratory Science**

2022-12-23

physical educators play a critical role in shaping the health and fitness of america s youth and physical best fourth edition is the resource that will help them achieve success in that role physical best developed by experts identified by shape america has long been the standard in the field for health related fitness education and this latest rendition is the best and most complete package yet a comprehensive three in

one resource the entire physical best program was previously spread over three books physical education for lifelong fitness physical best activity guide elementary level and physical best activity guide middle and high school levels it now is offered in one all inclusive resource to reinforce the scope and sequence of the program so teachers can see what comes before and after the grade levels they teach updated material to address standards all chapters and activities are updated to address shape america s national standards and grade level outcomes for k 12 physical education teachers can be confident they are measuring student progress effectively new or revised chapters teachers will benefit from the new information on the latest research technology power training professional development best practices and more an attractive four color layout the text now features four color illustrations a web resource that includes k 12 activities with previous editions the activities were housed in two separate books one for elementary teachers and one for middle and secondary teachers now all activities are on the accompanying web resource where teachers can sort the activities by standard grade outcome and skill and then use them on a mobile device or download and print them most activities are supported by ready to use reproducible forms such as handouts assessments posters and worksheets other useful web ancillaries include an instructor guide to help teachers deliver effective lessons a test package that teachers can use to create various types of tests and quizzes and a presentation package that offers slides with key points and graphics from the book physical best meets needs on many levels for veteran teachers it outlines strategies for emphasizing health related fitness in their existing programs new teachers will benefit from the specific examples from master teachers and be able to use this guidance for creating an effective fitness education program for teacher education programs it provides an overview of current research trends and best practices in health related fitness and for district coordinators it reinforces professional development training and continued education this latest edition of the official shape america resource is organized into four parts part i offers an in depth look at physical activity behavior and motivation and explores basic training principles an expanded chapter on nutrition covers the foundations of a healthy diet and reflects the most up to date usda guidelines part ii examines health related fitness concepts cardiorespiratory endurance muscular strength muscular endurance power flexibility and body composition the text supplies tips for addressing each fitness component within a program part iii presents strategies for integrating health related fitness education throughout the curriculum employing best teaching practices and being inclusive in the gym on the field and in the classroom in part iv readers study assessment and learn assessment strategies for effective teaching and health related programming they discover how to collect and use assessment results and how to assess fitness concept knowledge physical best helps teachers impart the skills and knowledge that students need to become physically literate the first step to leading healthier less stressful and more productive lives it details best practices provides current content and shows how to integrate health related fitness education into an existing curriculum it helps students meet standards and grade level outcomes it can help spark student interest in lifelong physical activity and it will help teachers be the best physical educators they can be as they shape the future health of the nation

## **Student Solutions Manual for Gallian's Contemporary Abstract Algebra**

2021-06-14

updated for its fourth edition with increased art and photos this undergraduate exercise physiology textbook integrates basic exercise physiology with research studies to stimulate learning allowing readers to apply principles in the widest variety of exercise and sport science careers the book has comprehensive coverage including integrated material on special populations and a flexible organization of independent units so instructors can teach according to their preferred approach each unit is

designed with a consistent and comprehensive sequence of presentation basic anatomy and physiology the measurement and meaning of variables important to understanding exercise physiology exercise responses training principles and special applications problems and considerations plowman smith provides a consistently organized comprehensive approach to exercise physiology with excellent supporting ancillary materials its ability to relate up to date research to key concepts and integrate special populations makes this book ideal for classroom use

## ***A Manual of Mammalogy***

2011-11-30

effective fitness instruction and training programme design require an exercise specialist trainer to combine professional experience with strategies underpinned by scientific evidence this is the first comprehensive fitness instruction and training programme design resource to explore the evidence base of effective programme design drawing on cutting edge scientific research to identify optimum training methods and dispel some common myths around fitness training putting clients training goals at the centre of the process by focusing on their most common objectives such as improving general health enhancing cardiorespiratory fitness decreasing body fat and increasing muscle mass this book helps the reader develop a better understanding of the physiological principles at the core of successful programme design simple to navigate and full of helpful features including applied case studies example training programmes and guides to further reading it covers a variety of key topics such as pre exercise health screening lifestyle and fitness assessment nutrition cardiorespiratory endurance resistance and core training recovery from exercise an essential text for fitness instructors personal trainers and sport and exercise students this book provides an invaluable resource for fitness courses exercise science degree programmes and continued professional development for exercise professionals

## **The System of Discipline and Manoeuvres of Infantry**

1809

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2012-03-01

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2020-09-29

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1863

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2014-02-12

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1976

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2019-01-31

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2022-07-12

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2010

## **Physical Best**

2019-03-27

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2001

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2013-02-25

## **Advanced Personal Training**

2016-11-10

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