

FREE READING PERSON CENTRED THERAPY IN FOCUS COUNSELLING PSYCHOTHERAPY IN FOCUS SERIES BY WILKINS PAUL 2002 PAPERBACK [PDF]

PSYCHOANALYSIS IN FOCUS PERSON-CENTRED THERAPY IN FOCUS PSYCHOANALYSIS IN FOCUS FAMILY THERAPY IN FOCUS SKILLS IN SOLUTION FOCUSED
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PSYCHOANALYSIS IN FOCUS

2003-02-28

ENCOURAGING PSYCHOANALYSTS PSYCHOTHERAPISTS AND COUNSELLORS TO ADOPT A MORE BALANCED VIEW OF THEIR OWN DISCIPLINE THIS BOOK ALSO AIMS TO HELP STUDENTS ENGAGE IN CRITICAL DEBATE DURING THEIR TRAINING

PERSON-CENTRED THERAPY IN FOCUS

2003

CHARACTERIZED BY ITS CRITICS AS THEORETICALLY LIGHT WEIGHT CULTURALLY BIASED AND LIMITED IN APPLICATION UNTIL RECENTLY THE PERSON CENTRED APPROACH TO THERAPY HAS HAD RELATIVELY LITTLE WRITTEN IN ITS DEFENCE PAUL WILKINS PROVIDES A RIGOROUS RESPONSE TO THE CRITICS WITH WELL RESEARCHED COUNTER ARGUMENTS

PSYCHOANALYSIS IN FOCUS

2003

ENCOURAGING PSYCHOANALYSTS PSYCHOTHERAPISTS AND COUNSELLORS TO ADOPT A MORE BALANCED VIEW OF THEIR OWN DISCIPLINE THIS BOOK ALSO AIMS TO HELP STUDENTS ENGAGE IN CRITICAL DEBATE DURING THEIR TRAINING

FAMILY THERAPY IN FOCUS

2003-02-28

DRAWING ON MANY YEARS EXPERIENCE IN PRACTICE TEACHING AND RESEARCH MARK RIVETT AND EDDY STREET PRESENT PHILOSOPHICAL SOCIOLOGICAL AND EMPIRICAL VIEWS OF FAMILY THERAPY BALANCING THE PERCEIVED BENEFITS AGAINST THE POTENTIAL LIMITATIONS THEY POSE QUESTIONS WHICH CHALLENGE THOSE WITHIN THE PROFESSION TO THINK HARD ABOUT THEIR ROLE DOES FAMILY THERAPY WORK CAN THOSE MOST IN NEED REALLY BE HELPED IS FAMILY THERAPY A MEANS OF SOCIAL CONTROL WHO DOES PROFESSIONALIZATION HELP WHILE MOST TEXTS OFFER A STRAIGHTFORWARD AND UNCRITICAL PERSPECTIVE IN CONTRAST FAMILY THERAPY IN FOCUS AIMS TO STIMULATE DEBATE AMONG PRACTITIONERS AND TO HELP TRAINEES ADOPT A MORE REFLECTIVE AND CRITICAL ATTITUDE TOWARDS THEIR OWN PROFESSIONAL DEVELOPMENT AND THE DEVELOPMENT OF THEIR PROFESSION

SKILLS IN SOLUTION FOCUSED BRIEF COUNSELLING AND PSYCHOTHERAPY

2011-05-09

AS PART OF THE BESTSELLING SAGE SKILLS IN COUNSELING PSYCHOTHERAPY SERIES THIS BOOK IS ONE OF THE FIRST TO FOCUS SPECIFICALLY ON SOLUTION FOCUSED BRIEF THERAPY SFBT SKILLS AND PRACTICE AIMED AT THOSE NEW TO THE APPROACH AND AS A REFRESHER TO THOSE THAT HAVE STARTED USING SFBT IT COVERS THE KEY TECHNIQUES AND INTERVENTIONS STRUCTURED STEP BY STEP ALONG THE LINES OF AN ACTUAL THERAPY SESSION THE BOOK CAN BE DIPPED INTO OR READ COVER TO COVER IT COVERS ASSUMPTIONS EXPECTATIONS AND WAYS OF WORKING THE ROLE OF THE SOLUTION FOCUSED BRIEF THERAPIST THE MIRACLE QUESTION SCALING TASKS ENDING SESSIONS AND CLOSURES SUPPORTED BY CASE STUDIES THERAPEUTIC DIALOGUE HINTS AND TIPS EXERCISES AND POINTS FOR REFLECTION THE BOOK IS AN IDEAL COMPANION FOR ANY COUNSELING HEALTH OR SOCIAL CARE TRAINEE WHO PLANS TO PRACTICE SOLUTION FOCUSED BRIEF THERAPY IN TODAY S TIME CONSTRAINED SETTINGS IT WILL ALSO BE A VALUABLE GUIDE FOR THOSE QUALIFIED IN THE CARING PROFESSIONS AND WHO WISH TO REFRESH THE WAY THAT THEY WORK

THE COUNSELLING AND PSYCHOTHERAPY RESEARCH HANDBOOK

2014-10-16

RESEARCH IS A VITAL AND OFTEN DAUNTING COMPONENT OF MANY COUNSELLING AND PSYCHOTHERAPY COURSES AS WELL AS COMPLETING THEIR OWN RESEARCH PROJECTS TRAINEES ACROSS MODALITIES MUST UNDERSTAND THE RESEARCH IN THE FIELD WHAT IT TELLS THEM AND HOW TO DO IT BREAKING DOWN THIS SEEMINGLY MOUNTAINOUS TASK INTO EASY TO SWALLOW PIECES THIS BOOK WILL NAVIGATE YOUR STUDENTS THROUGH EACH STAGE OF THE RESEARCH PROCESS FROM CHOOSING A RESEARCH QUESTION THROUGH THE PROS AND CONS OF DIFFERENT METHODS TO DATA ANALYSIS AND WRITING UP THEIR FINDINGS WRITTEN BY LEADING CONTRIBUTORS FROM THE FIELD INCLUDING JOHN MCLEOD MICK COOPER AND TIM BOND EACH CHAPTER FEATURES POINTS FOR REFLECTION ENGAGING ACTIVITIES AND SUGGESTIONS FOR FURTHER READING HELPING STUDENTS TO ENGAGE WITH ALL ASPECTS OF RESEARCH AN ORIGINAL GRAPHIC NARRATIVE RUNS THROUGHOUT THE BOOK BRINGING THIS COMPLEX TOPIC TO LIFE IN A UNIQUE WAY WHETHER EMBARKING ON RESEARCH FOR THE FIRST TIME OR ALREADY A LITTLE FAMILIAR WITH RESEARCH AND RESEARCH METHODS THIS UNIQUE GUIDE IS SOMETHING COUNSELLING AND PSYCHOTHERAPY STUDENTS WILL TURN TO CONTINUALLY THROUGHOUT THEIR RESEARCH PROJECTS

UNDERSTANDING COUNSELLING AND PSYCHOTHERAPY

2010-04-14

UNDERSTANDING COUNSELLING AND PSYCHOTHERAPY FOCUSES ON COMMON PROBLEMS SUCH AS ANXIETY AND DEPRESSION EXPLORING HOW DIFFERENT THERAPEUTIC APPROACHES UNDERSTAND AND WORK WITH THEM COUNSELLING AND PSYCHOTHERAPY ARE CONSIDERED WITHIN THE WIDER CONTEXT OF THEIR HISTORY AND THE MENTAL HEALTH SYSTEMS IN WHICH THEY ARE OFTEN LOCATED IN ADDITION TO THIS THE BOOK INTRODUCES KEY ASPECTS OF THE THEORY AND PRACTICE OF COUNSELLING AND PSYCHOTHERAPY AND THE INCREASING RELEVANCE OF RESEARCH IN THIS AREA

PRINCIPLES-BASED COUNSELLING AND PSYCHOTHERAPY

2015-06-05

MANY CURRENT APPROACHES TO THE TREATMENT OF PSYCHOLOGICAL PROBLEMS FOCUS ON SPECIFIC DISORDERS AND TECHNIQUES THAT ARE PURPORTED TO BE EFFECTIVE AND DISTINCT RECENT ADVANCES IN KNOWLEDGE AND THEORY HOWEVER HAVE CALLED INTO QUESTION THIS APPROACH THE CONCEPTUAL FRAMEWORK OF TRANSDIAGNOSTIC RATHER THAN DISORDER SPECIFIC PROCESSES IS GAINING TRACTION ALONGSIDE THIS HAS BEEN THE CALL TO FOCUS ON EVIDENCE BASED PRINCIPLES RATHER THAN EVIDENCE BASED PRACTICES AND TECHNIQUES THE RATIONALE BEHIND THIS IS THAT MANY APPARENTLY UNIQUE AND INNOVATIVE PRACTICES ARE USUALLY THE REFLECTION OF COMMON UNDERLYING PRINCIPLES THIS BOOK DESCRIBES THREE FOUNDATIONAL PRINCIPLES THAT ARE KEY TO UNDERSTANDING BOTH THE RISE AND THE RESOLUTION OF PSYCHOLOGICAL DISTRESS PRINCIPLES BASED COUNSELLING AND PSYCHOTHERAPY PROMOTES A METHOD OF LEVELS MOL APPROACH TO COUNSELLING AND PSYCHOTHERAPY USING CLINICAL EXAMPLES AND VIGNETTES TO HELP PRACTITIONERS IMPLEMENT A PRINCIPLES BASED APPROACH THIS BOOK DESCRIBES THREE FUNDAMENTAL PRINCIPLES FOR EFFECTIVE THERAPEUTIC PRACTICE AND THEIR CLINICAL IMPLICATIONS THE FIRST CHAPTER OF THE BOOK PROVIDES A RATIONALE FOR THE PRINCIPLES BASED APPROACH THE SECOND CHAPTER DESCRIBES THE THREE PRINCIPLES OF CONTROL CONFLICT AND REORGANISATION AND HOW THEY RELATE TO EACH OTHER FROM WITHIN A ROBUST THEORY OF PHYSICAL AND PSYCHOLOGICAL FUNCTIONING THE REMAINDER OF THE BOOK COVERS IMPORTANT ASPECTS OF PSYCHOLOGICAL TREATMENT SUCH AS THE THERAPEUTIC RELATIONSHIP APPOINTMENT SCHEDULING AND THE CHANGE PROCESS FROM THE APPLICATION OF THESE THREE PRINCIPLES WITH IMPORTANT IMPLICATIONS FOR ALL THERAPEUTIC APPROACHES PRINCIPLES BASED COUNSELLING AND PSYCHOTHERAPY WILL BE AN INVALUABLE RESOURCE FOR PSYCHOTHERAPISTS COUNSELLORS AND CLINICAL PSYCHOLOGISTS IN PRACTICE AND TRAINING IT PROVIDES CLARITY ABOUT THEIR ROLE AND A MEANS FOR PROVIDING A RESOLUTION TO PSYCHOLOGICAL DISTRESS AND IMPROVING THE EFFECTIVENESS OF THEIR PRACTICE

QUALITATIVE RESEARCH IN COUNSELLING AND PSYCHOTHERAPY

2011-03-17

THE NEED TO SHOW HOW AND WHY COUNSELLING WORKS HAS LED TO AN EXPLOSION OF RESEARCH ACTIVITY AND A GROWING FOCUS ON RESEARCH IN COUNSELLING AND PSYCHOTHERAPY TEACHING AND PRACTICE YET THIS BOOK EVEN NOW IN ITS SECOND EDITION STANDS ALONE IN ADDRESSING QUALITATIVE RESEARCH IN THERAPY LEADING EXPERT JOHN MCLEOD HELPS READERS THROUGH EACH STAGE OF THE RESEARCH PROCESS EXPLAINING TECHNIQUES FOR GATHERING DATA WRITING UP THE STUDY AND EVALUATING THE FINDINGS EACH QUALITATIVE METHOD IS CLEARLY DESCRIBED AND CRITICALLY ASSESSED IN TERMS OF ITS OWN STRENGTHS AND WEAKNESSES EXAMPLES FROM ACTUAL RESEARCH STUDIES ARE GIVEN TO SHOW HOW THE METHODS WORK IN PRACTICE THIS NEW EDITION INCORPORATES DEVELOPMENTS IN QUALITATIVE RESEARCH OVER THE LAST TEN YEARS AND INCLUDES EIGHT NEW CHAPTERS COVERING INTERPRETATIVE PHENOMENOLOGICAL ANALYSIS IPA AUTOETHNOGRAPHIC METHODS ACTION RESEARCH CASE STUDY METHODS FOR ALL THOSE INVOLVED IN RESEARCH WHETHER AS PART OF ACADEMIC STUDY OR IN PRACTICE THIS BOOK WILL BE ESSENTIAL READING AS AN INTRODUCTION TO QUALITATIVE METHODS IT IS THE PERFECT COURSE TEXT FOR ALL TRAINING PROGRAMMES IN COUNSELLING COUNSELLING PSYCHOLOGY AND PSYCHOTHERAPY AND WILL ALSO BE OF INTEREST TO THOSE WHO WORK IN AREAS SUCH AS PSYCHIATRY CLINICAL PSYCHOLOGY AND MENTAL HEALTH NURSING OR WHO PROVIDE COUNSELLING IN OTHER PROFESSIONAL AREAS SUCH AS TEACHING NURSING AND SOCIAL WORK MCLEOD IS PROFESSOR OF COUNSELLING UNIVERSITY OF ABERTAY DUNDEE

ETHICAL ISSUES IN COUNSELLING AND PSYCHOTHERAPY PRACTICE

2016-10-20

THIS EDITED VOLUME COMPREHENSIVELY EXAMINES THE CRITICAL ETHICAL CHALLENGES THAT ARISE IN THE PRACTICE OF COUNSELLING AND PSYCHOTHERAPY IT TRANSLATES PHILOSOPHICAL POSITIONS AND PROFESSIONAL ETHICAL GUIDELINES IN A WAY THAT CAN BE APPLIED TO PRACTICE THE VARIOUS CHAPTERS FOCUS ON SPECIFIC ETHICAL ISSUES THAT EMERGE IN WORKING WITH A RANGE OF DIFFERENT CLIENT GROUPS FOR EXAMPLE CHILDREN COUPLES AND FAMILIES WHILE SOME ETHICAL IMPERATIVES ARE COMMON ACROSS THE BOARD OTHERS COULD BE MORE CLOSELY ASSOCIATED WITH CERTAIN CLIENT GROUPS PRACTITIONERS MIGHT EXPERIENCE UNCERTAINTY IN WORKING WITH VULNERABLE CLIENT GROUPS FOR EXAMPLE LESBIAN GAY TRANSGENDER INTERSEX LGBT CLIENTS OR PERSONS WHO REPORT INTIMATE PARTNER VIOLENCE SEVERAL CHAPTERS RAISE QUESTIONS PROVIDE INFORMATION AND ADDITIONAL RESOURCES TO ENHANCE ETHICALLY INFORMED PRACTICE CHAPTER CONTRIBUTIONS ALSO HIGHLIGHT THE ETHICAL DILEMMAS THAT MIGHT BE UNIQUE TO CERTAIN CONTEXTS FOR EXAMPLE PRIVATE PRACTICE SCHOOLS AND CONSULTATION LIAISON SETTINGS THIS VOLUME ALSO ADDRESSES CONTEMPORARY AND RELATIVELY LESS UNDERSTOOD PLAYING FIELDS LIKE DIGITAL ETHICS RELATED TO THERAPIST CLIENT INTERFACE IN THE INTERNET SPACE AND THE NAVIGATION OF ETHICAL DILEMMAS IN THE NEWLY EMERGING FIELD OF EMPLOYEE ASSISTANCE PROGRAMMES WHICH ADDRESS MENTAL HEALTH NEEDS IN THE CORPORATE SECTOR WRITTEN BY EXPERIENCED PRACTITIONERS OF PSYCHOTHERAPY AND CULTURALLY CONTEXTUALIZED THIS IS A VALUABLE RESOURCE FOR ACADEMICS AND PRACTITIONERS INTERESTED IN PSYCHOTHERAPY AND COUNSELLING

PERSONAL DEVELOPMENT IN COUNSELLING AND PSYCHOTHERAPY

2012-07-18

THERE IS AN INCREASED EMPHASIS ON SELF AWARENESS AND SELF CARE IN COUNSELLING AND PSYCHOTHERAPY TRAINING WITH A FOCUS ON HOW THE THERAPIST AS A PERSON AFFECTS THE THERAPEUTIC OUTCOME THIS TIMELY BOOK RESPONDS TO THESE COMPLEX ISSUES AND IS DESIGNED TO HELP COUNSELLING STUDENTS TRAINEES AND GRADUATES WITH INTEGRATING THEIR PERSONAL DEVELOPMENT INTO THEIR PROFESSIONAL PLANNING THERE ARE CHAPTERS ON BRINGING THE SELF INTO THERAPY CHOOSING THE RIGHT TRAINING AND HOW TO SUCCEED AS AN ACCREDITED PRACTITIONER ACTIVITIES AND RESEARCH SUMMARIES THROUGHOUT GIVE THIS BOOK A FULLY INTEGRATED APPROACH IDEAL FOR BUSY STUDENTS

A PERSON-CENTERED FOUNDATION FOR COUNSELING AND PSYCHOTHERAPY

1999-01-01

THE FOCUS OF THIS NEW EDITION IS ON COUNSELING AND PSYCHOTHERAPY AND ITS GOALS ARE TO RENEW INTEREST IN THE PERSON CENTERED APPROACH IN THE U S MAKE A SIGNIFICANT CONTRIBUTION TO EXTENDING PERSON CENTERED THEORY AND PRACTICE AND PROMOTE FRUITFUL DIALOGUE AND FURTHER DEVELOPMENT OF PERSON CENTERED THEORY THE TEXT PRESENTS AND CLARIFIES THE FOLLOWING MAIN TOPICS THE RATIONALE FOR AN ECLECTIC

APPLICATION OF PERSON CENTERED COUNSELING THE RATIONALE AND PROCESS FOR REFLECTING CLIENTS FEELINGS THE IMPORTANCE OF THEORY AS THE FOUNDATION FOR THE COUNSELING PROCESS THE IMPORTANCE OF VALUES AND THEIR INFLUENCE ON THE COUNSELING RELATIONSHIP THE MODERN PERSON CENTERED COUNSELOR S ROLE THE ESSENTIAL CHARACTERISTICS OF A PERSON CENTERED COUNSELING RELATIONSHIP THE GROUP COUNSELING MOVEMENT AND THE PERSON CENTERED PERSPECTIVE THE APPLICATION OF PERSON CENTEREDNESS THROUGH PLAY THERAPY THE DIFFICULTIES AND OPPORTUNITIES SURROUNDING EVALUATION A PERSON CENTERED PERSPECTIVE ON THE PROCESS OF COUNSELOR EDUCATION AND THERAPEUTIC OPPORTUNITIES AVAILABLE OUTSIDE THE FIELD OF COUNSELING THESE DISCUSSIONS SERVE AS A TRANSITION FROM TRADITIONAL INTERPRETATION OF PERSONCENTERED TO AN ECLECTIC APPLICATION OF THE VIEWPOINT THE PROCESS OF PERSON CENTERED COUNSELING HAS EVOLVED OVER THE YEARS AND THIS COMPREHENSIVE BOOK CONTRIBUTES TO THAT EVOLUTION IT REPRESENTS THE STATUS OF PERSON CENTERED COUNSELING WHILE ALSO IDENTIFYING IDEAS WHICH CAN INFLUENCE ITS FUTURE

HANDBOOK OF GROUP COUNSELING AND PSYCHOTHERAPY

2004

THE HANDBOOK OF GROUP COUNSELING AND PSYCHOTHERAPY IS A COMPREHENSIVE REFERENCE GUIDE FOR GROUP PRACTITIONERS AND RESEARCHERS ALIKE EACH CHAPTER REVIEWS THE LITERATURE AND CURRENT RESEARCH AS WELL AS SUGGESTIONS FOR PRACTICE IN THE PSYCHO EDUCATIONAL ARENA COUNSELLING AND THERAPY GROUPS THE HANDBOOK ENCOURAGES THE NOTION THAT THE FIELD IS IMPROVED THROUGH INCREASED COLLABORATION BETWEEN RESEARCHERS AND PRACTITIONERS THROUGH A REVIEW OF CUTTING EDGE RESEARCH AND PRACTICE THE HANDBOOK INCLUDES 48 ARTICLES BY RENOWNED EXPERTS IN GROUP WORK THE HISTORY AND THEORY OF GROUP WORK TOPICS ACROSS THE LIFESPAN AN ENTIRE SECTION ON MULTICULTURAL ISSUES A VARIETY OF CLINICAL PROBLEMS AND SETTINGS APPENDICES INCLUDE THE ASSOCIATION FOR SPECIALISTS IN GROUP WORK TRAINING STANDARDS BEST PRACTICE STANDARDS AND PRINCIPLES FOR DIVERSITY COMPETENT GROUP WORKERS THE HANDBOOK IS DIVIDED INTO SEVEN SECTIONS CURRENT AND HISTORICAL PERSPECTIVES ON THE FIELD OF GROUP COUNSELLING AND PSYCHOTHERAPY REVIEWS AND ANALYZES THE MANY CONTRIBUTIONS AND CONTRIBUTORS THAT HAVE MADE GROUP COUNSELLING AND PSYCHOTHERAPY A VITAL AND POTENT TREATMENT METHOD THE CHAPTER OUTLINES REVIEW ARTICLES SPANNING FOUR DECADES AND OUTLINES THE EVOLUTION OF GROUP THEMES OVER THE LAST 100 YEARS BEST PRACTICES IN GROUP COUNSELLING AND PSYCHOTHERAPY USES RESEARCH THEORY AND GROUP COUNSELING EXPERIENCE TO PROVIDE GROUP LEADERS AND RESEARCHES WITH THE MOST CURRENT AND BEST PRACTICES IN CONDUCTING GROUP COUNSELING AND PSYCHOTHERAPY MULTICULTURAL GROUPS FOLLOWS THE ASGW PRINCIPLES FOR DIVERSITY COMPETENT GROUP WORKERS AND IS INTENDED TO PROVIDE GROUP LEADERS WITH ESSENTIAL INFORMATION ABOUT DIFFERENT CULTURAL GROUPS AND THEIR WORLD VIEWS PERCEPTIONS OF GROUPS NATURALISTIC HEALING METHODS SUGGESTED GROUP INTERVENTIONS AND IMPLICATIONS FOR GROUPS CHAPTERS COVER NATIVE AMERICANS LATINOS ASIANS AND AFRICAN AMERICANS DISABLED PERSONS AND GENDER AND SEXUALITY GROUPS ACROSS SETTINGS INCLUDES EXAMPLES OF PSYCHO EDUCATIONAL COUNSELING AND PSYCHOTHERAPY GROUPS IN A VARIETY OF SETTINGS THIS SECTION PRESENTS READERS WITH THEORETICAL AND EMPIRICAL SUPPORT FOR GROUP WORK IN SUCH SETTINGS AS THE VETERANS ADMINISTRATION SYSTEM UNIVERSITY COUNSELLING CENTERS AND MORE GROUPS ACROSS THE LIFESPAN CONSIST OF CHAPTERS ACROSS MANY AGE GROUPS FOR CHILDREN AND ADOLESCENTS COGNITIVE AND DEVELOPMENTAL ISSUES ARE ADDRESSED FOR ADULTS SOCIALIZATION AND INTERPERSONAL ISSUES ARE ADDRESSED INCLUDING SEPARATE CHAPTERS FOR MALE AND FEMALE GROUPS FINALLY A CHAPTER ON THE ELDERLY DEALS WITH COGNITIVE HEALTH AND LIFE REVIEW ISSUES SPECIAL TOPICS GROUPS PRESENTS A CONTINUUM OF DIFFERENT TYPES OF GROUPS USED TO TREAT PEOPLE WITH INTERPERSONAL AND DEVELOPMENTAL ISSUES SUCH AS GRIEF SUBSTANCE ABUSE DEPRESSION AND OTHERS EACH CHAPTER IN THIS SECTION PROVIDES DEFINITIONS AND DESCRIPTIONS OF THE ISSUES ALONG WITH THEORETICAL AND EMPIRICAL SUPPORT FINALLY CRITICAL ISSUES AND EMERGING TOPICS ATTEMPTS TO REFLECT THE ZEITGEIST AND PROVIDE A GLIMPSE INTO GROUP INTERVENTIONS FOR THE FUTURE EMERGING ISSUES SUCH AS ONLINE GROUPS PREVENTION GROUPS AND PEER LED MUTUAL HELP GROUPS RECEIVE CAREFUL ATTENTION AND ANALYSIS THE HANDBOOK OF GROUP COUNSELING AND PSYCHOTHERAPY THE FIRST REFERENCE DEVOTED TO THIS EMERGING AND RAPIDLY GROWING FIELD IS ESSENTIAL FOR ACADEMICS RESEARCHERS PROFESSIONALS AND LIBRARIANS SERVING THE GROUP THERAPY COMMUNITY THERE IS NO SIMILAR REFERENCE AVAILABLE AND IT WILL PROVE A LANDMARK VOLUME FOR YEARS TO COME

UNDERSTANDING MENTAL HEALTH AND COUNSELLING

2020-08-24

A CRITICAL INTRODUCTION TO KEY DEBATES ABOUT HOW PROBLEMS OF MENTAL HEALTH ARE UNDERSTOOD AND TO THE CORE APPROACHES TAKEN TO WORKING WITH COUNSELLING AND PSYCHOTHERAPY CLIENTS

INTRODUCTION TO COUNSELLING AND PSYCHOTHERAPY

2000-01-28

STEPHEN PALMER IS JOINT AWARD WINNER OF THE ANNUAL COUNSELLING PSYCHOLOGY AWARD FOR OUTSTANDING PROFESSIONAL AND SCIENTIFIC CONTRIBUTION TO COUNSELLING PSYCHOLOGY IN BRITAIN FOR 2000 AN INTRODUCTORY TEXT THAT APPLIES A DOWN TO EARTH APPROACH TO A DIVERSITY OF 23 THERAPEUTIC APPROACHES WITHIN COUSELLING AND PSYCHOTHERAPY IT WAS ACTUALLY A PLEASURE CONDUCTING THE REVIEW AND HAVING TO READ OVER THE OULINED MODELS IT IS A DEFINATE ENTRY FOR COUNSELLING TRAINING COURSES AND WILL OFFER PLEANTY OF IDEAS FOR THOSE TEACHING AS WELL AS TRAINING IT IS FUN TO READ AND OFFERS NUMEROUS IDEAS OF HOW TO PUT INTO PLACE COUNSELLING TECHNIQUES COUNSELLING PSYCHOLOGY REVIEW THIS ESSENTIAL GUIDE T

PSYCHOTHERAPY SUPERVISION

2000-12-16

MARIA GILBERT AND KEN EVANS HAVE GIVEN US A BEAUTIFULLY WRITTEN AND RICHLI ILLUSTRATED ACCOUNT OF PSYCHOTHERAPY SUPERVISION PROVIDING CLEAR GUIDELINES FOR EFFECTIVE CLINICAL SUPERVISION THE BOOK DESCRIBES AND VIVIDLY ILLUSTRATES HOW THE SUPERVISOR MONITORS INSTRUCTS MODELS CONSULTS AND SUPPORTS THE SUPERVISEE ALL WITHIN THE CONTEXT OF RESPECT AND EMPATHY MARVIN R GOLDFRIED PH D STATE UNIVERSITY OF NEW YORK AT STONY BROOK STONY BROOK NEW YORK USA DON T READ THIS BOOK IF YOU HAVE A WELL WORKED OUT PRE DETERMINED MODEL OF SUPERVISION THAT YOU DON T WANT TO CHANGE IT WILL ONLY DISTURB DISTRACT AND CHALLENGE YOU IF YOU WOULD LIKE TO REVIEW YOUR MODEL OF SUPERVISION ON THE OTHER HAND UPDATE IT IN THE LIGHT OF MODERN SCHOLARSHIP AND INSIGHTS OPEN IT TO MANUFACTURED UNCERTAINTY SO AS TO ADAPT IT TO THE CONTEMPORARY ISSUES OF THE DAY THEN IT S A MUST FOR YOU IT S A BOOK OF TOMORROW IN THE LIGHT OF THE BEST OF YESTERDAY

AND INDISPUTABLY FOR TODAY MICHAEL CARROLL PH D CHARTERED COUNSELLING PSYCHOLOGIST AND BAC FELLOW GILBERT AND EVANS BOOK IS SURE TO BECOME A KEY TEXT IN THE AREA OF PSYCHOTHERAPY SUPERVISION FROM AN INTEGRATIVE PERSPECTIVE THE AUTHORS REVEAL AN EXTENSIVE KNOWLEDGE OF THE WORK OF OTHER EXPERTS IN THE FIELD AND A DEEP UNDERSTANDING OF HOW THIS KNOWLEDGE MAY BE TRANSLATED INTO PRACTICE GILBERT AND EVANS DRAW MUCH NEEDED ATTENTION TO THE OFTEN NEGLECTED ASPECT OF THE CONTEXTS WITHIN WHICH SUPERVISION TAKES PLACE THEIR FOCUS ON THE MULTI CULTURAL ASPECTS OF SUPERVISION AND THEIR ADVOCACY FOR ANTI OPPRESSIVE PRACTICES IS OF NOTE VERY ACCESSIBLE AND HIGHLY RECOMMENDED TO BEGINNING SUPERVISEES AND SEASONED SUPERVISORS ALIKE THIS BOOK WILL MAKE A SUBSTANTIAL CONTRIBUTION TO THE FIELD FOR A LONG TIME TO COME GILLIAN STRAKER PROFESSOR OF PSYCHOLOGY AT THE UNIVERSITY OF SYDNEY WHAT ARE THE PRIMARY GOALS OF CLINICAL SUPERVISION WHAT IS THE BASIS FOR ETHICAL DECISION MAKING IN SUPERVISION HOW CAN ANTI OPPRESSIVE PRACTICE BE EMBEDDED IN THE TRAINING OF SUPERVISORS THIS BOOK PRESENTS AN INTEGRATIVE RELATIONAL MODEL FOR PSYCHOTHERAPY SUPERVISION THE FOCUS IS ON THE PRIMACY OF THE RELATIONSHIP BOTH IN PSYCHOTHERAPY AND IN SUPERVISION THIS IS ONE OF THE FEW BOOKS IN THE FIELD OF SUPERVISION TO FOCUS EXCLUSIVELY AND IN DEPTH ON ISSUES IN CLINICAL SUPERVISION IT PROVIDES AN INTEGRATIVE RELATIONAL MODEL OF SUPERVISION DRAWING ON DEVELOPMENTAL THEORY THAT IS APPLICABLE TO THE FIELDS OF PSYCHOTHERAPY COUNSELLING AND CLINICAL AND COUNSELLING PSYCHOLOGY THE AUTHORS BELIEVE THAT THIS INTEGRATIVE FRAMEWORK FOR SUPERVISION WILL BE OF USE TO SUPERVISORS OF PURE FORM APPROACHES AS WELL AS TO THOSE SUPERVISORS INVOLVED IN CROSS ORIENTATION SUPERVISION SINCE ITS MAIN FOCUS IS ON THE QUALITY OF THE SUPERVISORY ALLIANCE PSYCHOTHERAPY SUPERVISION CONTAINS A BALANCE OF THEORETICAL MATERIAL EXAMPLES OF IN VIVO SUPERVISION AND A DISCUSSION OF TECHNIQUES THE BOOK PRESENTS SOME INTERESTING AND INNOVATIVE MATERIAL ON ETHICAL DECISION MAKING AND ON ANTI OPPRESSIVE PRACTICE IN TRAINING ORGANISATIONS THE AUTHORS ILLUSTRATE THEIR MATERIAL WITH FREQUENT EXAMPLES OF SUPERVISION FROM THEIR OWN PRACTICE TO SHOW THE READER THE MODEL IN ACTION THE BOOK IS AIMED AT SUPERVISORS OF COUNSELLORS PSYCHOTHERAPISTS AND PSYCHOLOGISTS AT ALL LEVELS

THEME-CENTERED INTERACTION

1972

MAKING RESEARCH MATTER IS AN ORIGINAL CONTRIBUTION TO THE GROWING FIELD OF WORK BASED LEARNING WITH A FOCUS ON RESEARCH AIMED AT DEVELOPING THE PRACTICE OF COUNSELLING AND PSYCHOTHERAPY ADDRESSING THE PRACTICE RESEARCH GAP STEPHEN GOSS CHRISTINE STEVENS AND THEIR CONTRIBUTORS EXPLORE THE LINKS BETWEEN RESEARCH AND PROFESSIONAL PRACTICE AND SHOW HOW THIS CAN IMPACT ON PRACTICE TO MAKE A GENUINE DEMONSTRABLE CONTRIBUTION TO THE DEVELOPMENT OF THERAPEUTIC SERVICES GOOD PRACTICE AND THE UNDERSTANDING OF PSYCHOLOGICAL AND SOCIAL ISSUES THE BOOK IS DIVIDED INTO TWO PARTS PART ONE GIVES AN ACCOUNT OF THE THINKING ETHOS AND DEVELOPMENT OF WORK BASED LEARNING IT EXPLORES THE IMPORTANCE OF THE IN DEPTH RIGOROUS AND REFLEXIVE INQUIRY SKILLS NEEDED TO SUSTAIN RESEARCH PROJECT WORK PART TWO PRESENTS NINE STUDIES OF WORK BASED PSYCHOTHERAPY OR COUNSELLING RELATED RESEARCH EACH ACCOUNT SETS OUT THE FOCUS AND MOTIVATION OF THE STUDY AND CRITICALLY DISCUSSES HOW THE RESEARCH DESIGN WAS DEVELOPED THE CHOICE OF METHODS EMPLOYED WITH AN EXPLANATION OF THE OUTCOMES A VITAL PART OF EACH ACCOUNT IS A REVIEW OF HOW THE RESEARCH HAS BEEN USED TO MAKE CHANGES AND DEVELOPMENTS IN THE WORK SETTING MAKING RESEARCH MATTER PROVIDES INSIGHTS INTO THE LIVED EXPERIENCE OF THE PRACTITIONER RESEARCHER TO STIMULATE THE READER TO GENERATE THEIR OWN IDEAS FOR RESEARCH ENQUIRY IT PRESENTS A RANGE OF PROVEN SUCCESSFUL RESEARCH PROJECTS AND SHOWS HOW THEY HAVE MADE A DIFFERENCE IN THE DEVELOPMENT OF THEORY AND PRACTICE WHICH LEAD TO POSITIVE CHANGE BETTER SERVICES AND MORE INFORMED PRACTICE IT WILL BE AN ESSENTIAL RESOURCE FOR PSYCHOTHERAPISTS COUNSELLORS SOCIAL WORKERS AND THOSE INVOLVED IN COACHING AND CLINICAL PSYCHOLOGY

MAKING RESEARCH MATTER

2016

RECENT EVIDENCE HAS SHOWN THAT THE SUCCESSFUL SETTING OF GOALS BRINGS ABOUT POSITIVE OUTCOMES IN PSYCHOLOGICAL THERAPY THIS BOOK BRINGS TOGETHER THEORY PRACTICE AND RESEARCH TO GIVE A DEFINITIVE PRACTICAL AND CRITICAL GUIDE TO WORKING WITH GOALS IN THE PSYCHOLOGICAL THERAPIES

WORKING WITH GOALS IN PSYCHOTHERAPY AND COUNSELLING

2018

THIS BOOK PROVIDES AN INTRODUCTION TO THE DEVELOPMENT AND DELIVERY OF ADOLESCENT COUNSELLING PSYCHOLOGY BRINGING TOGETHER AN IMPRESSIVE SELECTION OF EXPERTS TO FOCUS ON PRACTICE THEORY AND RESEARCH

ADOLESCENT COUNSELLING PSYCHOLOGY

2012

FIRST PUBLISHED IN 1988 ALL COUNSELLING APPROACHES ARE MEANS TO HELPING PEOPLE STAND ON THEIR OWN TWO FEET AND ASSUME EFFECTIVE RESPONSIBILITY FOR THEIR LIVES THUS PERSONAL RESPONSIBILITY BECOMES AN OBVIOUS INTEGRATING FOCUS THOUGH THE CONCEPT GETS IMPLICITLY OR EXPLICITLY EMPHASIZED IN ALL EXISTING THEORETICAL POSITIONS NONE HAS PROVIDED THE DESERVED COVERAGE FOCUSING ON PERSONAL RESPONSIBILITY IS ALMOST LIKE FOCUSING ON ONE S NOSE THOUGH RIGHT IN FRONT OF THE FACE THE CONCEPT IS NOT ALWAYS EASY TO OBSERVE THIS BOOK AIMS AT INTEGRATION IN A NUMBER OF WAYS IT REJECTS THE NARROW MY THEORY RIGHT OR WRONG APPROACH TO COUNSELLING THEORETICAL CONCEPTS AND PRACTICAL INTERVENTIONS ARE DERIVED FROM A NUMBER OF DIFFERENT SOURCES INCLUDING THE RESEARCH LITERATURE THE BOOK DOES NOT TAKE A ONE DIMENSIONAL APPROACH TO BEHAVIOUR IN EMPHASIZING PEOPLE S ACTIONS ALONE INSTEAD IT TAKES A THREE DIMENSIONAL APPROACH EMPHASIZING FEELINGS THOUGHTS AND ACTIONS

PERSONAL RESPONSIBILITY COUNSELLING AND THERAPY

2022-03-01

THIS CONCISE PRACTICE ORIENTED MANUAL EFFECTIVELY SHOWS HOW PSYCHOLOGISTS PSYCHIATRISTS SOCIAL WORKERS SUPERVISORS AND COUNSELORS

CAN QUICKLY IDENTIFY AND PUT TO THERAPEUTIC USE AN INDIVIDUAL'S OWN TALENTS AND RESOURCES WRITTEN IN AN EASY AND RELAXED STYLE USING EVERYDAY LANGUAGE THIS MANUAL ILLUSTRATES HOW TO ACTIVELY TAKE A PERSON'S RESOURCES INTO CONSIDERATION DURING THERAPY AND COUNSELING SESSIONS AND HOW TO INTEGRATE THEM INTO EXISTING INTERVENTION CONCEPTS THE FIRST PART ILLUSTRATES APPROACHES THAT CAN BE USED TO FOCUS ATTENTION ON ASSESSMENT AND DIALOG AND THAT SHED LIGHT ON A PERSON'S INDIVIDUAL RESOURCES FROM VARIOUS ANGLES THESE THERAPEUTIC APPROACHES CAN BE USED IN THE FRAMEWORK OF EXISTING MANUALS AND GUIDELINES TO FOCUS ON HOW TO DO THINGS THE SECOND PART ILLUSTRATES PROCEDURES OFFERING A FRAMEWORK FOR FURTHER APPLYING THE DIFFERENT PERSPECTIVES AND PROVIDES SAMPLE WORKSHEETS FOR PRACTICAL USE

RESOURCE ACTIVATION

2010-02-01

MENTAL HEALTH PROFESSIONALS AND ACCREDITING BODIES HAVE STEADILY BEEN EMBRACING COMPETENCY FOCUSED LEARNING AND CLINICAL PRACTICE IN CONTRAST TO A SKILL A COMPETENCY IS A LEVEL OF SUFFICIENCY EVALUATED AGAINST AN EXTERNAL STANDARD LEARNING TO BE CLINICALLY COMPETENT INVOLVES CONSIDERABLY MORE THAN THE CURRENT EMPHASIS ON SKILL AND MICRO SKILL TRAINING WHILE THERE ARE NOW A SMALL NUMBER OF BOOKS THAT DESCRIBE THE VARIOUS CLINICAL COMPETENCIES OF COUNSELING AND PSYCHOTHERAPY NONE OF THESE BOOKS FOCUS ON HOW TO LEARN THEM HIGHLY EFFECTIVE THERAPY EMPHASIZES THE PROCESS OF LEARNING THESE ESSENTIAL COMPETENCIES IT ILLUSTRATES THEM IN ACTION WITH EVIDENCE BASED TREATMENT PROTOCOLS AND CLINICAL SIMULATIONS TO FOSTER LEARNING AND COMPETENCY HIGHLY EFFECTIVE THERAPY IS A HANDS ON BOOK THAT PROMOTES LEARNING OF THE 20 COMPETENCIES NEEDED FOR EFFECTIVE AND SUCCESSFUL CLINICAL PRACTICE

HIGHLY EFFECTIVE THERAPY

2010

RESEARCHING REFLECTING AND WRITING ABOUT WORK PROVIDES A GUIDE TO THE RESEARCH SKILLS AND CRITICAL THINKING REQUIRED TO COMPLETE A RESEARCH PROJECT FOR PROFESSIONAL LEARNING COURSES IN COUNSELLING AND PSYCHOTHERAPY WRITTEN AT A LEVEL EASILY ACCESSIBLE TO THOSE ENROLLED ON A WORK BASED QUALIFICATION AS WELL AS THOSE CONSIDERING POSTGRADUATE RESEARCH AT MASTER'S LEVEL THIS BOOK INCLUDES HOW WE REFLECT ON OUR WORK DISCUSSION ON PREPARATION AND STRUCTURING OF A CASE STUDY HOW TO PRESENT WORK IN SUPERVISION WITH ADVICE ON PROCESS RECORDING ESSAY PLAN STRUCTURES AND APPROPRIATE METHODOLOGIES FOR RESEARCH ETHICAL CONSIDERATIONS AND CRITICAL LINKING DILEMMAS AND TENSIONS INVOLVED IN RESEARCH AT WORK KEY LEARNING POINTS AND REFLECTIVE EXERCISES ARE INCLUDED THROUGHOUT AND THEORY IS SUPPORTED BY CONTRIBUTIONS DETAILING SPECIFIC LEARNING EXPERIENCES FROM A VARIETY OF WORK SETTINGS INCLUDING THE PUBLIC SECTOR AN ORGANISATION IN THE COMMUNITY AND AS AN INDEPENDENT COUNSELLOR IN A VOLUNTARY AGENCY THERE IS ALSO A SECTION ON HOW TO PREPARE YOUR RESEARCH FOR CONSIDERATION FOR PUBLICATION AND HOW TO PRESENT YOUR FINDINGS TO COLLEAGUES RESEARCHING REFLECTING AND WRITING ABOUT WORK WILL BE OF INTEREST TO ALL THOSE ON COUNSELLING COURSES OR TRAINING AS PSYCHOTHERAPISTS AS WELL AS PEOPLE INVOLVED IN PROFESSIONAL LEARNING LINKED TO THE HELPING PROFESSIONS INCLUDING THOSE INTERESTED IN WORK BASED RESEARCH LINKED TO THERAPY IN ANY SETTING

RESEARCHING, REFLECTING AND WRITING ABOUT WORK

2009-09-10

TIMULAK'S AIMS TO CLARIFY RESEARCH AND ITS VALUE FOR PRACTICE AND TO ALERT PEOPLE TO ITS LIMITATIONS AND POTENTIAL MISUSE HAVE CERTAINLY BEEN ACHIEVED THIS BOOK DESERVES A PLACE IN EVERY PROFESSIONAL LIBRARY AND I RECOMMEND IT TO ANYONE WHO IS INTERESTED IN UNDERSTANDING MORE ABOUT RESEARCH THERAPY TODAY MAY 2009 AN AUTHORITATIVE TEXT PROVIDING A FIRST RATE OUTLINE OF THE SPECIFIC METHODS THAT COUNSELLING AND PSYCHOTHERAPY RESEARCHERS USE AND ILLUSTRATED THROUGH A WEALTH OF EXAMPLES PROFESSOR MICK COOPER SENIOR LECTURER IN COUNSELLING UNIVERSITY OF STRATHCLYDE THE CONTENT IS COMPREHENSIVE AND COVERS THE FULL RANGE OF KNOWLEDGE AND INFORMATION THAT A TRAINEE PSYCHOLOGIST PSYCHOTHERAPY RESEARCHER WOULD WANT TO HAVE IT OFFERS A GENERAL OVERVIEW OF PSYCHOTHERAPY RESEARCH METHODS AND THEIR LOGIC WHICH IS NOT DUPLICATED IN ANY BOOK THAT I KNOW OF GEORGIA LEPPER SENIOR LECTURER IN PSYCHOTHERAPY UNIVERSITY OF KENT RESEARCH IN PSYCHOTHERAPY AND COUNSELLING IS A GUIDE TO METHODS USED IN STUDYING THE OUTCOMES AND PROCESSES OF THERAPY INTRODUCING A RANGE OF METHODOLOGIES WHICH ARE USED INTERNATIONALLY THE AUTHOR DESCRIBES DIFFERENT RESEARCH DESIGNS AND ILLUSTRATES THEM THROUGH EXAMPLES OF ACTUAL STUDIES PRESENTING THE FINDINGS FROM KEY STUDIES HE CLEARLY DEMONSTRATES THE USEFULNESS OF THE RESEARCH IN THERAPEUTIC PRACTICE RESEARCH IN PSYCHOTHERAPY AND COUNSELLING IS IDEAL FOR RESEARCHERS AND FOR STUDENTS ON COURSES IN COUNSELLING PSYCHOTHERAPY CLINICAL AND COUNSELLING PSYCHOLOGY AND PSYCHIATRY LADISLAV TIMULAK IS COURSE DIRECTOR OF THE MSc IN COUNSELLING PSYCHOLOGY AT TRINITY COLLEGE DUBLIN HE PREVIOUSLY WORKED AT THE UNIVERSITY OF TRNAVA SLOVAKIA AND HAS EXTENSIVE PRACTICAL EXPERIENCE IN THE FIELD OF COUNSELLING AND PSYCHOTHERAPY AS WELL AS EXPERIENCE IN CONDUCTING PSYCHOTHERAPY TRAINING

RESEARCH IN PSYCHOTHERAPY AND COUNSELLING

2008-11-18

MANY COUNSELLING AND PSYCHOTHERAPY RESEARCHERS ARE SUSPICIOUS OF THE PRONOUNCEMENTS OF PRACTITIONERS BECAUSE THEY ARE NOT BACKED UP BY RESEARCH SIMILARLY PRACTITIONERS TEND TO IGNORE RESEARCH FINDINGS BECAUSE THEY CONSIDER THAT THEY HAVE LITTLE RELEVANCE TO THEIR CLINICAL PRACTICE THIS BOOK BRIDGES THE GAP THAT CURRENTLY EXISTS BETWEEN RESEARCH AND PRACTICE IN COUNSELLING AND PSYCHOTHERAPY BY PROVIDING DETAILED CLINICAL EXAMPLES OF THE PRACTICAL RELEVANCE OF RESEARCH IT BRINGS TOGETHER CONTRIBUTIONS FROM LEADING BRITISH AND AMERICAN PSYCHOTHERAPY RESEARCHERS WHO DESCRIBE THEIR RESEARCH PROGRAMMES AND EXPLORE HOW THEIR FINDINGS CAN SUBSTANTIALLY INFORM THERAPEUTIC PRACTICE THE BOOK CALLS FOR THE CLOSE INTEGRATION OF RE

RESEARCH IN COUNSELLING AND PSYCHOTHERAPY

1996-03-28

THEORIES OF COUNSELING AND PSYCHOTHERAPY SYSTEMS STRATEGIES AND SKILLS CATEGORIZES THEORIES BY THEIR FOCUS BACKGROUND EMOTIONS AND

SENSATIONS THOUGHTS OR ACTIONS THIS STRUCTURE HELPS STUDENTS BETTER UNDERSTAND SIMILARITIES AND DIFFERENCES AMONG THEORIES AND PROVIDES AN OVERARCHING FRAMEWORK THAT OTHER TEXTS LACK THE BOOK EXPLORES BOTH ESTABLISHED AND EMERGING TREATMENT SYSTEMS USING SKILL DEVELOPMENT SECTIONS DIVERSE CASE STUDIES AND INNOVATIVE EXERCISES THE TEXT MOVES BEYOND TRADITIONAL TEXTS TO DIRECTLY CONNECT COUNSELING THEORIES TO CLINICAL PRACTICE IT REFLECTS CURRENT KNOWLEDGE ABOUT EFFECTIVE TREATMENT THEORIES AND INTERVENTIONS AND CONTINUALLY PROMOTES READERS SKILL DEVELOPMENT AND CONFIDENCE BY THE END OF THE TEXT READERS WILL HAVE AN INTRODUCTION TO THE THEORETICAL FOUNDATIONS OF THE FIELD AND THE BASIC CLINICAL SKILLS NEEDED TO BE AN EFFECTIVE HELPING PROFESSIONAL

THEORIES OF COUNSELING AND PSYCHOTHERAPY

2010

COUNSELLING ADVICE SERVICES

HANDBOOK OF COUNSELLING PSYCHOLOGY

2003-04-03

WITH A FOCUS ON THE TERMINATION OF PSYCHOTHERAPY THIS GUIDE EXAMINES THE PERTINENT ADDITIONAL TRAINING THAT WILL AID MENTAL HEALTH PROFESSIONALS IN PROVIDING THE MOST FINANCIALLY SENSIBLE AND CLINICALLY DEEP TREATMENT FOR THEIR CLIENTS IT COVERS A WIDE SPECTRUM OF THERAPY APPROACHES PATIENT POPULATIONS AND TERMINATION STRATEGIES

TERMINATING PSYCHOTHERAPY

2010-10-18

FOUNDATIONS OF COUNSELING AND PSYCHOTHERAPY PROVIDES AN OVERVIEW OF THE MOST PREVALENT THEORIES OF COUNSELING WITHIN THE CONTEXT OF A SCIENTIFIC MODEL THAT IS BOTH PRACTICAL AND UP TO DATE AUTHORS DAVID SUE AND DIANE SUE PROVIDE YOU WITH THE BEST PRACTICE STRATEGIES FOR WORKING EFFECTIVELY WITH YOUR CLIENTS USING AN APPROACH THAT RECOGNIZES AND UTILIZES EACH CLIENT S UNIQUE STRENGTHS VALUES BELIEF SYSTEMS AND ENVIRONMENT TO EFFECT POSITIVE CHANGE NUMEROUS CASE STUDIES SELF ASSESSMENT AND CRITICAL THINKING EXAMPLES ARE INCLUDED

FOUNDATIONS OF COUNSELING AND PSYCHOTHERAPY

2012-10-15

CORE CLINICAL COMPETENCIES IN COUNSELING AND PSYCHOTHERAPY ADDRESSES THE CORE COMPETENCIES COMMON TO THE EFFECTIVE PRACTICE OF ALL PSYCHOTHERAPEUTIC APPROACHES AND INCLUDES SPECIFIC INTERVENTION COMPETENCIES OF THE THREE MAJOR ORIENTATIONS THIS SECOND EDITION EMPHASIZES SIX CORE COMPETENCIES COMMON TO THE EFFECTIVE PRACTICE OF ALL PSYCHOTHERAPEUTIC APPROACHES IT INCLUDES THE MOST COMMONLY USED INTERVENTION COMPETENCIES OF THE COGNITIVE BEHAVIORAL APPROACHES INCLUDING MINDFULNESS BASED COGNITIVE THERAPY DIALECTICAL BEHAVIORAL THERAPY AND ACCEPTANCE AND COMMITMENT THERAPY PSYCHODYNAMIC APPROACHES AND SYSTEMIC APPROACHES THIS HIGHLY READABLE AND EASILY ACCESSIBLE BOOK ENHANCES THE KNOWLEDGE AND SKILL BASE OF CLINICIANS BOTH NOVICE AND EXPERIENCED THE SECOND EDITION HAS BEEN FULLY REVISED THROUGHOUT AND INCLUDES A NEW APPENDIX FEATURING HANDOUTS AND WORKSHEETS THIS BOOK IS ESSENTIAL TO PRACTICING CLINICIANS AND TRAINEES IN ALL MENTAL HEALTH SPECIALTIES SUCH AS COUNSELING COUNSELING PSYCHOLOGY CLINICAL PSYCHOLOGY FAMILY THERAPY SOCIAL WORK AND PSYCHIATRY

CORE CLINICAL COMPETENCIES IN COUNSELING AND PSYCHOTHERAPY

2023-02-24

THEORIES OF COUNSELING AND PSYCHOTHERAPY SYSTEMS STRATEGIES AND SKILLS OFFERS AN INNOVATIVE LOOK AT EMERGING AND WELL ESTABLISHED COUNSELING THEORIES ORGANIZING THEORIES INTO FOUR BROAD THEMES BACKGROUND EMOTIONS THOUGHTS AND ACTIONS AUTHORS UNDERSCORE KEY SIMILARITIES AND DIFFERENCES IN EACH APPROACH MOVING BEYOND A TRADITIONAL THEORIES BOOK CHAPTERS INCLUDE SKILL DEVELOPMENT SECTIONS THAT CONNECT COUNSELING THEORIES WITH CLINICAL PRACTICE FULLY REVISED THIS EDITION BRINGS A STRONGER MULTICULTURAL FOCUS INCLUDES OVER 400 NEW RESEARCH REFERENCES AND OFFERS NEW ACTIVITIES TO SHARPEN CLINICAL UNDERSTANDING EXPANDED RESEARCH COVERAGE INCLUDES OVER 400 NEW REFERENCES THAT VALIDATE EACH TREATMENT APPROACH IN THE TEXT MORE INFORMATION ON COGNITIVE AND COGNITIVE BEHAVIORAL TREATMENTS APPEARS IN CHAPTERS 12 16 NEW INFORMATION ON PSYCHODYNAMIC PSYCHOTHERAPY EXPERIENTIAL THERAPIES AND INTERPERSONAL PSYCHOTHERAPY APPEARS IN CHAPTERS 2 5 6 18 AND 19 MORE ON THE COMMON FACTORS APPROACH APPEARS IN CHAPTER 1 AND CHAPTER 19 A STRONGER MULTICULTURAL FOCUS COVERS HAYES S ADDRESSING ACRONYM AND REVISES MULTICULTURAL SECTIONS IN EACH THEORETICAL CHAPTER CONSOLIDATED COVERAGE OF SOLUTION FOCUSED THERAPY APPEARS WITHIN CHAPTER 11 ON CONSTRUCTIVIST THEORIES A REORGANIZED INTEGRATIVE THERAPY CHAPTER CHAPTER 19 EXPANDS DISCUSSION OF WACHTEL S CYCLICAL PSYCHODYNAMICS AND THE TRANSTHEORETICAL MODEL OF CHANGE EXPANDED TREATMENT OF SPIRITUALLY INTEGRATED APPROACHES APPEARS IN THIS EDITION ALSO FROM LINDA SELIGMAN AND LOURIE W REICHENBERG 0135034760 THEORIES OF COUNSELING AND PSYCHOTHERAPY SYSTEMS STRATEGIES AND SKILLS 3 E C 2010 ALSO FROM LINDA SELIGMAN 0132230453 CONCEPTUAL SKILLS FOR MENTAL HEALTH PROFESSIONALS 1 E C 2009 0132292319 FUNDAMENTAL SKILLS FOR MENTAL HEALTH PROFESSIONALS 1 E C 2009

THEORIES OF COUNSELING AND PSYCHOTHERAPY

2013-04-02

THIS WELL STRUCTURED BOOK SHOULD PROVE A LEADING TEXT IN THE SOLUTION FOCUSED THERAPY SFT WORLD AND WILL SERVE AS AN EXCELLENT OVERVIEW OF SFT ON THOSE TRAINING COURSES INTEGRATIVELY ORIENTED TOWARDS THE IMMEDIATE NEEDS OF MANY SERVICES AND THEIR CLIENTS THIS BOOK WILL PLEASE BOTH SFT AFICIONADOS AND THOSE LIKE ME WHO ARE SCEPTICAL BUT OPEN TO SOME PERSUASION THE AUTHOR HAS DONE A SUPERB JOB

OF REPRESENTING SFT IN AN UP TO DATE RIGOROUS AND ACCESSIBLE WAY AND HAS INCIDENTALLY SHOWN WHAT A CONCISE TEXT ON ANY CORE THEORETICAL MODEL SHOULD LOOK LIKE COLIN FELTHAM THERAPY TODAY PACKED FULL OF IDEAS AND EXERCISES FOR TRAINERS AND THERAPISTS AN ESSENTIAL READ FOR PROFESSIONALS WISHING TO DEVELOP THEIR SOLUTION FOCUSED PRACTICE ALASDAIR COMMUNICATES THE WISDOM ACCUMULATED OVER YEARS AS A PRACTITIONER RESEARCHER AND ENTHUSIAST FOR THE SOLUTION FOCUSED APPROACH BILL O CONNELL DIRECTOR OF TRAINING WITH FOCUS ON SOLUTIONS LIMITED BIRMINGHAM ALASDAIR MACDONALD HAS PRODUCED A LANDMARK IN THE DEVELOPMENT OF SOLUTION FOCUSED APPROACHES HE BRINGS TOGETHER THE HISTORY RESEARCH AND EVIDENCE FOR SF PRACTICE WITH MANY PRACTICAL STRATEGIES FOR CONTEXTS FROM SEVERE MENTAL HEALTH CASES TO WORKPLACE CONFLICT THE BOOK IS PACKED WITH CONCISE INSIGHTS CONNECTIONS AND THOUGHT PROVOKING QUESTIONS PRESENTED WITH GREAT AUTHORITY AND CLARITY MARK MCKERGOW PHD MBA AUTHOR OF THE SOLUTIONS FOCUS THE SIMPLE WAY TO POSITIVE CHANGE AND CO FOUNDER OF SOLWORLD ALASDAIR S BOOK IS A WELCOME ADDITION TO THE LITERATURE IN THE FIELD OF SOLUTION FOCUSED BRIEF THERAPY HIS WEALTH OF EXPERIENCE IN THIS APPROACH TO THERAPY IS EFFECTIVELY COMMUNICATED THROUGH SIMPLE EXPLANATIONS OF SOLUTION FOCUSED SKILLS AND USEFUL EXAMPLES OF THERAPIST CLIENT INTERACTIONS THAT ILLUSTRATE IMPLEMENTATION THE BOOK CONTRIBUTES AND BUILDS UPON THE EXISTING LITERATURE THE CHAPTER REGARDING ETHICAL CONSIDERATIONS IS UNIQUE FOR A BOOK OUTLINING THIS THERAPEUTIC APPROACH AND THE CHAPTER EXPLORING THE STATUS OF SFBT RESEARCH IS CONTEMPORARY AND COMPREHENSIVE ALASDAIR S BOOK WILL BE A USEFUL RESOURCE FOR THOSE STUDENTS TRAINING IN THE SFBT APPROACH FRED RUDDICK SENIOR LECTURER MENTAL HEALTH STUDIES RMN RGN ADVANCED DIP COUNSELLING MA COUNSELLING THIS BOOK BY ALASDAIR MACDONALD PROVIDES AN INTERESTING AND USEFUL INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY FROM THE PERSPECTIVE OF A WELL RESPECTED CONSULTANT PSYCHIATRIST THE CHAPTERS ON RESEARCH AND THE HISTORY OF BRIEF THERAPY WILL BE VALUED BY EXPERIENCED SOLUTION FOCUSED PRACTITIONERS AND PROVIDES AN EXCELLENT PICTURE OF THE CURRENT PLACE OF SOLUTION FOCUSED BRIEF THERAPY IN CONTEMPORARY MENTAL HEALTH PRACTICE RAYYA GHUL CO AUTHOR OF CREATING POSITIVE FUTURES SOLUTION FOCUSED RECOVERY FROM MENTAL DISTRESS ALASDAIR HAS MADE A PARTICULAR AND IMPORTANT CONTRIBUTION TO THE WORLD OF SOLUTION FOCUSED BRIEF THERAPY THROUGH HIS LONG STANDING INTEREST IN RESEARCH THIS INTEREST AND HIS BACKGROUND IN ADULT MENTAL HEALTH WORK ARE BOTH REFLECTED IN THIS BOOK THEREBY SETTING IT APART FROM OTHER INTRODUCTIONS TO THE APPROACH AT A TIME WHEN RESOURCES ARE TIGHT AND PROFESSIONALS UNDER PRESSURE THIS BOOK HIGHLIGHTS THE PARTICULAR RELEVANCE AND FLEXIBILITY OF THE SOLUTION FOCUSED APPROACH WHICH CAN BE DRAWN UPON USEFULLY BY CLINICIANS AND MANAGERS ALIKE EVAN GEORGE BRIEF LONDON SOLUTION FOCUSED THERAPY IS A RELATIVELY NEW BUT STRONGLY SUPPORTED AND GROWING APPROACH SOLUTION FOCUSED THERAPY THEORY RESEARCH PRACTICE CONTAINS AN OVERVIEW OF CURRENT RESEARCH IN THE AREA AND AN ACCOUNT OF THE USE OF SOLUTION FOCUSED APPROACHES IN VARIOUS RELEVANT THERAPEUTIC SITUATIONS AS WELL AS OUTLINING THE MODEL AND BASIC PRINCIPLES THE TEXT ALSO SUMMARISES THE EVIDENCE BASE FOR SOLUTION FOCUSED THERAPY DISCUSSES ETHICAL ISSUES AND INCLUDES A SERIES OF CHAPTERS ON APPLICATIONS OF THE APPROACH WITH ILLUSTRATIVE CASE STUDIES A SPECIFIC FEATURE OF THIS BOOK IS ITS USE WITH ACUTE AND LONG TERM MENTAL ILLNESS AND THE APPLICATION OF THE METHOD TO A VARIETY OF SITUATIONS IN MANAGEMENT AND IN RESOLVING DISAGREEMENTS A HELPFUL RESOURCE FOR EXPERIENCED PRACTITIONERS SOLUTION FOCUSED THERAPY THEORY RESEARCH PRACTICE ALSO CONTAINS INSTRUCTIONAL MATERIAL AND GUIDANCE AND IS THUS AN ACCESSIBLE AND VALUABLE TEXT FOR TRAINEES DR ALASDAIR J MACDONALD HAS BEEN A CONSULTANT PSYCHIATRIST IN THE NHS SINCE 1980 AND CURRENTLY HOLDS AN HONORARY CONTRACT WITH NORTH DORSET PRIMARY CARE TRUST HE IS THE RESEARCH COORDINATOR AND FORMER PRESIDENT AND SECRETARY OF THE EUROPEAN BRIEF THERAPY ASSOCIATION AND IS CURRENTLY A PSYCHOTHERAPIST AND SUPERVISOR IN PRIVATE PRACTICE IN DORSET

SOLUTION-FOCUSED THERAPY

2007

PSYCHOTHERAPY AND COUNSELING TAKE PLACE WITHIN THE BASIC CONTEXT OF HUMAN RELATIONSHIPS THIS BOOK WAS WRITTEN WITH THE FUNDAMENTAL GOAL OF PROVIDING AN ENHANCED AWARENESS AND IN DEPTH APPRECIATION OF THE ALLIANCE IMPACT AND RELEVANCE WITHIN THE CONTEXT OF ALL FORMS OF ADDICTIONS PSYCHOTHERAPY COUNSELING AND TREATMENT EACH CHAPTER EXAMINES SEVERAL SPECIFIC FACETS OF THERAPEUTIC ALLIANCE RELATED TO OUTCOMES PATIENT RETENTION AND EXPOSURE TO INTERVENTIONS ACTIONS AND INGREDIENTS THAT FACILITATE PATIENT ENGAGEMENT AND RECOVERY BEGINNING WITH AN INTRODUCTION THE MAJOR TOPICS INCLUDE PSYCHOTHERAPY RELATIONSHIPS THAT HEAL THE THERAPEUTIC ALLIANCE ALLIANCE INGREDIENTS IN EFFECTIVE PSYCHOTHERAPY AND COUNSELING RELATIONSHIPS ANCILLARY THERAPIST PATIENT ALLIANCE DYNAMICS PSYCHOPATHOLOGY PSYCHODYNAMICS AND ALLIANCE DYNAMICS IN INTEGRATIVE ADDICTIONS FOCUSED PSYCHOTHERAPY AND COUNSELING A REVIEW OF THE NORCROSS WAMPOLD CLINICAL PRACTICE GUIDELINES AND CONCLUSIONS CLINICAL PRACTICE SUGGESTIONS AND RECOMMENDATIONS FOR ADDICTION FOCUSED THERAPISTS COUNSELORS AND TREATMENT PROVIDERS ALLIANCE UNIVERSALITY AND THE HEART AND SOUL OF CHANGE AND RECOVERY THIS BOOK INCLUDES A WEALTH OF THERAPEUTIC VIGNETTES CASE STUDIES CLINICAL INFORMATION TREATMENT STRATEGIES MODALITIES AND DIAGNOSTIC ISSUES THAT WILL ENHANCE THE SKILL SETS FOR COUNSELORS AND THERAPISTS RESULTING IN IMPROVED THERAPEUTIC OUTCOMES ADDICTION FOCUSED COUNSELORS THERAPISTS PSYCHOLOGISTS PSYCHIATRISTS SOCIAL WORKERS FAMILY AND MARRIAGE THERAPISTS FAMILY PHYSICIANS NURSES AND NAADAC PROFESSIONALS WILL FIND THE EVIDENCE BASED INFORMATION AND CLINICAL STRATEGIES IN THIS BOOK TO BE EXTREMELY USEFUL IN THEIR CLINICAL WORK

THERAPEUTIC ALLIANCE IN INTEGRATIVE ADDICTIONS-FOCUSED PSYCHOTHERAPY AND COUNSELING

2021-03-18

FEATURING IMPORTANT THEORIES AND TRENDS NOT COVERED IN OTHER FOUNDATIONAL TEXTS THIS BOOK IS DESIGNED TO EQUIP THE NEXT GENERATION OF COUNSELORS WITH THE TOOLS THEY NEED FOR UNDERSTANDING THE CORE DIMENSIONS OF THE HELPING RELATIONSHIP TOPICAL EXPERTS PROVIDE CONTEMPORARY INFORMATION AND INSIGHT ON THE FOLLOWING THEORIES PSYCHOANALYTIC JUNGIAN ADLERIAN EXISTENTIAL PERSON CENTERED GESTALT COGNITIVE BEHAVIOR DIALECTICAL BEHAVIOR RATIONAL EMOTIVE BEHAVIOR REALITY THERAPY CHOICE THEORY FAMILY FEMINIST TRANSPERSONAL AND NEW TO THIS EDITION SOLUTION FOCUSED AND NARRATIVE THERAPIES AS WELL AS CREATIVE APPROACHES TO COUNSELING EACH THEORY IS DISCUSSED FROM THE PERSPECTIVE OF HISTORICAL BACKGROUND HUMAN NATURE MAJOR CONSTRUCTS APPLICATIONS THE CHANGE PROCESS TRADITIONAL AND BRIEF INTERVENTION STRATEGIES CROSS CULTURAL CONSIDERATIONS AND LIMITATIONS THE USE OF A CONSISTENT CASE STUDY ACROSS CHAPTERS REINFORCES THE DIFFERENCES BETWEEN THEORIES REQUESTS FOR DIGITAL VERSIONS FROM THE ACA CAN BE FOUND ON WILEY.COM TO REQUEST PRINT COPIES PLEASE VISIT THE ACA WEBSITE HERE REPRODUCTION REQUESTS FOR MATERIAL FROM BOOKS PUBLISHED BY ACA SHOULD BE DIRECTED TO PERMISSIONS.COUNSELING.ORG

COUNSELING AND PSYCHOTHERAPY

2016-03-24

PRAGMATIC EXISTENTIAL COUNSELING AND PSYCHOTHERAPY INTEGRATES CONCEPTS OF POSITIVE PSYCHOLOGY AND STRENGTHS BASED THERAPY INTO EXISTENTIAL THERAPY TURNING EXISTENTIAL THERAPY ON ITS HEAD THIS EXCITING ALL NEW TITLE APPROACHES THE THEORY FROM A POSITIVE RATHER THAN

THE TRADITIONAL DEFICIT MODEL AUTHORED BY A LEADING FIGURE IN EXISTENTIAL THERAPY JERROLD LEE SHAPIRO THE AIM IS TO MAKE EXISTENTIAL THERAPY POSITIVE AND EASILY ACCESSIBLE TO A WIDE AUDIENCE THROUGH A PRAGMATIC STAGE WISE MODEL SHAPIRO EXPANDS ON THE WORK OF VIKTOR FRANKL AND FOCUSES ON DELIVERY TO INDIVIDUALS AND GROUPS MEN AND WOMEN AND EVIDENCE BASED THERAPY THE KEY TO HIS WORK IS TO HELP THE CLIENT FOCUS ON RESISTANCE AND TO USE IT AS A MEANS OF ACHIEVING THERAPEUTIC BREAKTHROUGHS FILLED WITH VIGNETTES AND RICH CASE EXAMPLES THE BOOK IS COMPREHENSIVE ACCESSIBLE CONCRETE PRAGMATIC AND VERY HUMAN IN CONNECTION BETWEEN AUTHOR AND READER THIS IS A MASTERFUL PRIMER ON EXISTENTIAL THERAPY THAT HAS BEEN FORGED FROM THE PEN OF A HIGHLY SEASONED THEORIST RESEARCHER AND PRACTITIONER IN PRAGMATIC EXISTENTIAL COUNSELING AND PSYCHOTHERAPY WE GAIN THE INSIGHT AND PERSONAL EXPERIENCE OF ONE WHO HAS LIVED AND BREATHED THE FIELD FOR OVER 50 YEARS ALONGSIDE SOME OF THE GREATEST PRACTITIONERS OF THE CRAFT MOST NOTABLY VIKTOR FRANKL THIS VOLUME IS SUPERB FOR STUDENTS INTERESTED IN A BROAD AND SUBSTANTIVE OVERVIEW OF THE FIELD KIRK SCHNEIDER COLUMBIA UNIVERSITY

PRAGMATIC EXISTENTIAL COUNSELING AND PSYCHOTHERAPY

2015-10-01

PRAISE FOR FIRST EDITION I THINK IT WILL BECOME A MUST HAVE AT THE START OF ANY COURSE AND AN ESSENTIAL RESOURCE TO BE REFERRED TO OVER AND OVER AGAIN COUNSELLING PSYCHOLOGY REVIEW THE TRAINEE HANDBOOK SECOND EDITION IS DESIGNED AS A COMPANION TO TRAINING IN COUNSELLING COUNSELLING PSYCHOLOGY AND PSYCHOTHERAPY UNLIKE MOST TEXTS WHICH FOCUS ON THEORY AND PRACTICE THIS BESTSELLING BOOK IDENTIFIES THE BROADER KNOWLEDGE AND SKILLS YOU WILL NEED TO SUCCEED IN YOUR TRAINING AND AS YOU MAKE YOUR FIRST STEPS IN PRACTICE IT INCLUDES NEW CHAPTERS ON CASE FORMULATION PERSONAL AND PROFESSIONAL DEVELOPMENT AND CONTINUING PROFESSIONAL DEVELOPMENT

THE TRAINEE HANDBOOK

2006-03-29

MANY FACTORS IN THE WORLD TODAY SUCH AS GLOBALIZATION AND A RISE IN IMMIGRATION ARE INCREASING THE NEED FOR MENTAL HEALTH PRACTITIONERS TO ACQUIRE THE ABILITY TO INTERACT EFFECTIVELY WITH PEOPLE OF DIFFERENT CULTURES THIS TEXT WILL BE THE MOST COMPREHENSIVE VOLUME TO ADDRESS THIS NEED TO DATE EXPLORING THE HISTORY PHILOSOPHY PROCESSES AND TRENDS IN COUNSELING AND PSYCHOTHERAPY IN COUNTRIES FROM ALL REGIONS OF THE GLOBE ORGANIZED BY CONTINENT AND COUNTRY EACH CHAPTER IS WRITTEN BY ESTEEMED SCHOLARS DRAWING ON INTIMATE KNOWLEDGE OF THEIR HOMELANDS THEY EXPLORE SUCH TOPICS AS THEIR COUNTRIES DEMOGRAPHICS COUNSELOR EDUCATION PROGRAMS CURRENT COUNSELING THEORIES AND TRENDS AND SIGNIFICANT TRADITIONAL AND INDIGENOUS TREATMENT AND HEALING METHODS THIS CONSISTENT STRUCTURE FACILITATES QUICK AND EASY COMPARISONS AND CONTRASTS ACROSS CULTURES OFFERING AN ENHANCED UNDERSTANDING OF DIVERSITY AND MULTICULTURAL COMPETENCIES OVERALL THIS TEXT IS AN INVALUABLE RESOURCE FOR PRACTITIONERS RESEARCHERS STUDENTS AND FACULTY SHOWING THEM HOW TO LOOK BEYOND THEIR OWN BORDERS AND CULTURES TO ENHANCE THEIR COUNSELING PRACTICES

HANDBOOK OF COUNSELING AND PSYCHOTHERAPY IN AN INTERNATIONAL CONTEXT

2013-05-07

THIS CONCISE PRACTICE ORIENTED MANUAL EFFECTIVELY SHOWS HOW PSYCHOLOGISTS PSYCHIATRISTS SOCIAL WORKERS SUPERVISORS AND COUNSELORS CAN QUICKLY IDENTIFY AND PUT TO THERAPEUTIC USE AN INDIVIDUAL S OWN TALENTS AND RESOURCES WRITTEN IN AN EASY AND RELAXED STYLE USING EVERYDAY LANGUAGE THIS MANUAL ILLUSTRATES HOW TO ACTIVELY TAKE A PERSON S RESOURCES INTO CONSIDERATION DURING THERAPY AND COUNSELING SESSIONS AND HOW TO INTEGRATE THEM INTO EXISTING INTERVENTION CONCEPTS THE FIRST PART ILLUSTRATES APPROACHES THAT CAN BE USED TO FOCUS ATTENTION ON ASSESSMENT AND DIALOG AND THAT SHED LIGHT ON A PERSON S INDIVIDUAL RESOURCES FROM VARIOUS ANGLES THESE THERAPEUTIC APPROACHES CAN BE USED IN THE FRAMEWORK OF EXISTING MANUALS AND GUIDELINES TO FOCUS ON HOW TO DO THINGS THE SECOND PART ILLUSTRATES PROCEDURES OFFERING A FRAMEWORK FOR FURTHER APPLYING THE DIFFERENT PERSPECTIVES AND PROVIDES SAMPLE WORKSHEETS FOR PRACTICAL USE

RESOURCE ACTIVATION

2010

CONSTRUCTIVE CLINICAL SUPERVISION IN COUNSELING AND PSYCHOTHERAPY ARTICULATES A PRACTICAL THEORETICAL APPROACH TO SUPERVISION THAT INTEGRATES SALIENT ELEMENTS OF A NUMBER OF DIVERSE BUT COMPLEMENTARY THEORETICAL PERSPECTIVES FROM THE FIELDS OF HUMAN DEVELOPMENT PSYCHOTHERAPY AND CLINICAL SUPERVISION TO ASSIST IN FACILITATING SUPERVISEE GROWTH AND CHANGE FROM A CONSTRUCTIVIST FRAMEWORK THIS CONSTRUCTIVE APPROACH TO SUPERVISION IS DESIGNED TO SERVE AS A PRACTICAL INTEGRATIVE META THEORY FOR SUPERVISORS OF ANY THEORETICAL ORIENTATION FOR READERS WHO ALREADY IDENTIFY WITH CONSTRUCTIVIST IDEAS THIS BOOK WILL PROVIDE A THEORETICAL GROUNDING FOR THEIR WORK ALONG WITH STRATEGIES TO DEEPEN THEIR CLINICAL PRACTICE FOR THOSE WHO ARE NEW TO CONSTRUCTIVIST THINKING THIS BOOK OFFERS AN INNOVATIVE POSSIBILITY FOR CONCEPTUALIZING THEIR ROLE AS CLINICAL SUPERVISORS AND ALTERNATIVE INTERVENTIONS TO CONSIDER DURING TIMES OF IMPASSE

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