

Epub free Promoting reflective thinking in teachers 50 action strategies (Download Only)

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perspectives identify areas for change and improvement respond effectively to new challenges what is reflective thinking reflective thinking involves consideration of the larger context the meaning and the implications of an experience or action 1 in other words reflection doesn't just mean jotting down what you did or plan to do reflective thinking is like having a purposeful conversation with oneself to gain insights make connections and achieve a deeper understanding of experiences and the world it involves examining thoughts actions and experiences as if solving a puzzle seeking hidden treasures of clarity and purpose a working paper by francesca gino and gary pisano of harvard business school giada di stefano of hec paris and bradley staats of the university of north carolina shows that reflecting on what being reflective in your learning means thinking about what you're learning and how you're learning it in a way that helps you understand yourself and your learning better there are several things that you can reflect on your understanding of the material when students engage in reflective thinking they are better able to analyze and evaluate their experiences which enables them to extract meaning and actively process what they have learned and to make sense of it reflective thinking helps learners develop higher order thinking skills by prompting learners to relate new knowledge to prior understanding b think in both abstract and conceptual terms c apply specific strategies in novel tasks and d understand their own thinking and learning strategies links to more information on reflective thinking updated january 26 2023 using reflective thinking in teaching can be an effective way of getting students to analyze their own ideas regardless of what you're teaching incorporating reflective thinking in your strategy can help both your students and yourself learning objectives identify the steps of the reflective thinking method for decision making in small groups the reflective thinking method originated with john dewey a leading american social philosopher this method provides a structured way for small groups to approach decision making and problem solving especially as people are summary and conclusions examples of reflective practice an example of reflective practice is an athlete who after every practice thinks about what they did well what they did badly why they did things the way they did and what they can do in the future to improve their performance reflective practice rp is a concept that has been studied by scholars in a wide variety of fields including evaluation e.g. archibald et al 2018 smith et al 2015 van draanen 2017 and much of the conversation has centered on what the term means and what it ought to mean as part of professional practice e.g. finlay 2008 fook et reflective practice is usually considered a form of cyclical and systematic inquiry where teachers carefully collect evidence about their teaching practice in order to analyze interpret and evaluate their experiences with the intention to improve their future teaching farrell 2016a mathew peecheattu 2017 4 models of reflection core concepts for reflective thinking the theories behind reflective thinking and reflective practice are complex most are beyond the scope of this course and there are many different models abstract reflective practice is a paper requirement of your career progression in health care however if done properly it can greatly improve your skills as a health care provider your past learning and experience provide the context for your thoughts and are therefore unique to you but reflective thinking is a dynamic process that continues to develop and evolve as you learn and respond to new experiences situations events or information critical reflection is a central concept in transformative learning theory see mezirow 1991 1998a however as several scholars have observed the conditions that make desired outcomes possible and what 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