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overview bipolar disorder formerly called manic depression is a mental health condition that causes extreme mood swings that include emotional highs mania or hypomania and lows depression when you become depressed you may feel sad or hopeless and lose interest or pleasure in most activities

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treatment resources why memory loss happens in bipolar disorder and how to manage it co occurring conditions like anxiety or certain medications like lithium can raise your risk of

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bipolar disorder formerly known as manic depressive illness or manic depression is a lifelong mood disorder and mental health condition that causes intense shifts in mood energy levels thinking patterns and behavior these shifts can last for hours days weeks or months and interrupt your ability to carry out day to day tasks

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takeaway between misconceptions and mood episodes bipolar disorder can be difficult to navigate despite the challenges you can live a full healthy life with the right tools and tips

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bipolar disorder formerly called manic depressive illness or manic depression is a mental illness that causes unusual shifts in a person's mood energy activity levels and concentration these shifts can make it difficult to carry out day to day tasks there are three types of bipolar disorder

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loss of interest in things that you once enjoyed including sex feeling restless or irritable inability to focus think or make decisions low energy fatigue being slowed down keep having thoughts of death or suicide wishing to die or attempting suicide note people with this symptom should get treatment right away

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basics what is bipolar disorder bipolar disorder is a serious mental condition that causes major abnormalities in mood thoughts energy and behavior the kind of changes that cause

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racial disparities in children and teens treatment causes and risk factors prevention co occurring conditions coping tips takeaway bipolar disorder is a mental health condition marked by

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bipolar disorder refers to a group of mental health conditions characterized by sudden dramatic changes in mood energy and behavior formerly known as manic depression this condition causes mood episodes lasting days or weeks at a time and hinder day to day functioning school or work performance and relationships

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racing thoughts during a high or manic phase anxiety difficulty remembering things in some cases psychosis including delusions and hallucinations studies report that some people with

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loss of interest in activities you normally enjoy being in an excessively good mood overactivity feelings of hyperactivity being easily distracted forgetfulness being overly defensive

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key points bipolar disorder particularly type ii is often misdiagnosed people tend to spend much more time in a depressive state and often do not recognize mild or hypomanic symptoms the

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experts think it s because you slowly lose amino acids they help build the proteins that make up the insulation around your neurons over time bipolar disorder may affect memory

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why does it happen how does it show up how to overcome it next steps questioning yourself you re not alone for many who live with bipolar disorder one of the most challenging aspects can

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experts believe that environmental and lifestyle factors play a role in bipolar disorder these factors include extreme stress physical or sexual abuse substance misuse death of a family

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bipolar disorder is a complex mental health condition that affects millions of people worldwide it is characterized by extreme shifts in mood energy levels and behavior such as the loss of

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summary if you have bipolar disorder you may experience delusions that make it challenging to know what s real treatment through meds and therapy can help bipolar disorder is a mental

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some of the best ways to deal with grief when you have bipolar disorder include expressing your true feelings to loved ones finding an outlet to express yourself exercising eating a healthy diet

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