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Psychotherapy with Adolescent Girls Psychotherapy with Adolescent Girls Adolescent Girls in Approved Schools Adolescent Girls at Risk Girls in Power Arm in Arm with Adolescent Girls The Subnormal Adolescent Girl The Inside Story on Teen Girls Making Connections Ophelia Speaks Reviving Ophelia Dilemmas of Desire Discovering Their Voices Working Relationally with Girls Beyond Appearance Educating Adolescent Girls Around the Globe Counseling Adolescent Girls The Adolescent Girl in Conflict Catholic Sexual Theology and Adolescent Girls Well-Being in Adolescent Girls Adolescent Girls and Their Friends: a Feminist Ethnography Bodily Knowledge Reviving Ophelia 25th Anniversary Edition Personality Development in Adolescent Girls The Adolescent Girl "It's Just Easier Not to Go to School" Ophelia Speaks Clinical Psychology and Adolescent Girls in a Postfeminist Era Transforming Girls The Popular Girls Adolescent Girls in Crisis Girls Rising Educating Young Adolescent Girls Empowering Adolescent Girls in Developing Countries Well-Being in Adolescent Girls Adolescent Girls' Migration in The Global South Voices of Hope Case Studies of Normal Adolescent Girls Educating Adolescent Girls

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Psychotherapy with Adolescent Girls

2012-12-06

when i was getting my medical and psychiatric training in the late 1950s and early 1960s the model of normal and deviant adolescent development was the white male this was not surprising since for every clinical or psychological study of adolescent girls done during the past 2 decades there were seven studies on adolescent males this tremendous discrepancy in actual clinical and research data between male and female adolescents led to the following myths 1 female adolescents are different only biologically from their male peers they have similar psychosocial problems 2 adolescent girls have not been studied because their problems are not worth studying 3 studying adolescent girls might be dangerous to either the patient or therapist or to both in relation to the third myth male psychotherapists were told that they should not treat female adolescent patients because erotic inter play could develop which would be harmful to the patient and per haps impossible to resolve many clinics in the united states had a rule that young adolescent girls could not be treated by male therapists it was thus difficult for girls to obtain treatment for most therapists were males it also intensified the feelings among parents teachers v vi foreword community leaders and the girls themselves that perhaps female adolescents were not worth treating

Psychotherapy with Adolescent Girls

1978

this is volume i of twenty eight in the sociology of education series originally published in 1969 adolescent girls in approved schools looks at the subject of delinquency in relation to women and girls

Adolescent Girls in Approved Schools

2013-06-19

girls in power offers a fascinating and unique look at the social aspects of menstruation in the lives of adolescent girls and also in the lives of adolescent boys although there has been much research on other aspects of gender and the body this is one of the few books to examine menstruation and the first to explore how it plays a part in power interactions between boys and girls talking openly in single and mixed gender settings individuals and groups of high school age girls and boys share their interpretations and experiences of menstruation author laura fingerson reveals that while teens have negative feelings about menstruation teen girls use their experiences of menstruation as a source of embodied power in their interactions with other girls and with boys she also explores how boys deal with their own reduced power the book extends our theoretical and analytical understanding of youth gender power and embodiment by providing a more balanced view of adolescent social life

Adolescent Girls at Risk

1977

adolescent girls are filled with passion excitement joy critique wit and energy even as they face and overcome a wide variety of difficult challenges some challenges are spirit and even life threatening the stories of more than twenty adolescent girls are put into dialogue with the apostle paul especially in rom 6 8 through that perhaps unlikely pairing those who love and work with adolescent girls will find a depth of understanding and a call to action christian educators pastors youth workers parents and adolescent girls will find a new way to look at the world around them and a new way to bring scripture to bear on real life experience by offering this powerful scripturally grounded approach to the world around us adolescent girls and others will learn compelling methods for putting a new perspective into action in their personal lives social circles and churches this thoughtful and respectful look at the lives of adolescent girls seeks to equip faithful christians in the

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church to use their prophetic voices to call out the sins of racism sexism homophobia and sizeism in
the experiences of these strong and resilient girls

Girls in Power

2012-02-01

the inside story on teen girls reveals expert answers to real questions asked by parents and teen girls readers will find the wonderful collection of questions and answers to be like having a personal confidant or private therapist who they can ask anything and everything they have ever wanted to know about being a teenager or being a parent in separate sections parents and teen girls will find useful tips and practical suggestions for better communication and greater understanding of each other plus ways to reconnect with other family members and strengthen their sense of self but mostly parents and teen girls will learn ways to value and appreciate this exceptional and exciting phase everyone goes through to grow up the inside story on teen girls grew out of a survey of parents and teens with diverse backgrounds across the country the result is this book that directly helps teen girls and their parents and it might just help you

Arm in Arm with Adolescent Girls

2018-06-28

these essays are a series of exercises en route to a new psychology of adolescence and of women and part of a process that they also describe of changing a tradition by including girls voices of listening to girls and asking again about the meaning of self relationship and morality concepts central to any psychology of human development

The Subnormal Adolescent Girl

1942

three years on the new york times bestseller list and more than 1 5 million copies sold when reviving ophelia was first published nearly a decade ago the response was extraordinary and dr mary pipher became one of the most sought after speakers in the country she posed the provocative question why are american adolescent girls falling prey to depression eating disorders and suicide attempts at an alarming rate the answer hit a nerve we live in a look obsessed sexist girl poisoning culture and despite the advances of feminism girls continue to struggle to find their true selves here are girls unmuted voices from the front lines of adolescence personal and painfully honest by laying bare their harsh day to day reality reviving ophelia issues a call to arms and offers parents compassion strength and strategies with which to revive these ophelias lost sense of self

The Inside Story on Teen Girls

2002-04-15

be sexy but not sexual don t be a prude but don t be a slut these are the cultural messages that barrage teenage girls in movies and magazines in music and advice columns girls are portrayed as the object or the victim of someone else s desire but virtually never as someone with acceptable sexual feelings of her own what teenage girls make of these contradictory messages and what they make of their awakening sexuality so distant from and yet so susceptible to cultural stereotypes emerges for the first time in frank and complex fashion in deborah tolman s dilemmas of desire a unique look into the world of adolescent sexuality this book offers an intimate and often disturbing sometimes inspiring picture of how teenage girls experience understand and respond to their sexual feelings and of how society mediates shapes and distorts this experience in extensive interviews we listen as actual adolescent girls both urban and suburban speak candidly of their curiosity and confusion their pleasure and disappointment their fears defiance or capitulation in the face of a

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~~seemingly imperishable double standard that smiles upon burgeoning sexuality in boys yet frowns~~
even panics at its equivalent in girls as a vivid evocation of girls negotiating some of the most vexing issues of adolescence and as a thoughtful richly informed examination of the dilemmas these girls face this readable and revealing book begins the critical work of understanding the sexuality of young women in all its personal social and emotional significance

Making Connections

1990

helps adolescent girls deal constructively with difficult issues and develop their own authentic voices

Ophelia Speaks

2000

discover how girls develop a sense of self as they struggle to make sense of complex and complicated times working relationally with girls complex lives complex identities examines the experience of being a girl in today s society and the difficulties social work practitioners face in developing a universal theory that represents that experience this unique book analyzes how and why gender is still a complicated barrier for most girls despite living in post feminist times working from a variety of orientations the book offers practical suggestions on how to help girls deal with interpersonal tensions interpersonal conflicts relational dilemmas and the difficulties that stem from rules and norms of what is still a male dominated society human service practitioners regardless of their fields face an everyday struggle to understand how adolescent girls construct identities in relation to the culture in which they live the contributors to working relationally with girls call on a range of disciplines including child and youth care cultural studies feminist theory counseling and social psychology to examine how girls interpret cultural expectations to develop a sense of self under complex conditions this unique book addresses the subtle and not so subtle practices symbols metaphors images scripts rules norms and narratives that shape girls lives providing the tools to build a basic framework that will help you understand how girls are alike and how they re different working relationally with girls examines how mothers and daughters perceive general differences regarding sexual experiences in adolescence how girls health issues are constructed within the context of their dating relationships what do mothers and daughters want to know about each other s sexuality the difficulty girls have in articulating their needs and desires in romantic relationships how many girls deal with what they see as an impossible choice compromising their sense of self to maintain a relationship or compromising the relationship to maintain their sense of self how the dynamics of a dating relationship can affect a girl s development and health the influence of media on constructing an identity how minorities form an identity when dealing with exclusion and belonging in a predominately white community using theater to examine the experience of identity formation and much more working relationally with girls is an essential guide to understanding how girls make sense of the world and how their decisions affect their gender and identity development social workers health care professionals child and youth care practitioners and counselors will find this rich combination of theory and practice invaluable as an everyday resource

Reviving Ophelia

2002

going beyond superficial media stereotypes this volume seeks to present a balanced view of teenage girls it reviews and assesses research on girls from a variety of racial ethnic and socio economic backgrounds searching for commonalities and differences the contributing authors explore topics at the heart of adolescence including gender role prescriptions body image concerns relationships with family and peers sexual decision making experiences at school and in the community and health and safety concerns a concluding chapter suggests ways of improving the support that can be given to adolescent girls on their developmental journey

Dilemmas of Desire

2009-06-30

while many initial education benchmarks are being met new and continuing challenges exist for adolescent girls in the developing world discrimination violence marginalization and health related issues prevail making proper education at the middle school level crucial during this unique development time as we continue to see the expectations for girls grow education for girls must also find a new place within the evolving norms of political economic cultural and social life this volume takes a global look at the obstacles and enablers in girls education that can have lasting institutional psychological and social consequences it looks at many complex issues affecting education for adolescent girls around the world including the underlying global demands for women in the formal workforce and the universal impact of gender based violence and provides a critical framework through which researchers may explore and critique these complexities

Discovering Their Voices

2007

this book is an introduction to the worlds lives and struggles of diverse kinds and communities of girls that ministers and youth leaders are likely to encounter in the church issues such as spirituality family relationships sexuality and school are explored from a cultural and contextual perspective

Working Relationally with Girls

2012-12-06

abstract this indepth 3 year study of delinquents girls attempted to delineate what factors brought young girls into conflict with society and what elements in the maturing process made them vulnerable during their adolescent years interviews were conducted with girls whose behavioral problems had brought them to the reformatory and the delinquency institution

Beyond Appearance

2001

this book explores the intersection in contemporary western culture of catholic sexual theology and adolescent female developmental and sexual experiences the voices of adolescent females so long silent in sexual theologies are given privilege here in the articulation of a normative theology applying a feminist natural law framework the book engages both theoretical scholarship and practical evidence from psychological and other social sciences to inform sexual theology in the catholic tradition attending to gendered developmental and social contexts doris kieser explores adolescent females experiences of puberty menarche various sexual activities communities of support sexual desire and the pleasure and danger these realities reap she critically explores historical and traditional sexual theologies and prevailing social patriarchal and androcentric sexual attitudes through a feminist lens the author s attention to the voices of girls and women and her aim to see their sexual flourishing in particular and diverse social contexts yields a theology mindful of the rich complexities of female sexual desire pleasure and well being the result is an integrated sexual theology that grapples with the catholic theological tradition feminist theory and theology and the embodied experiences of females for anyone who is invested in the lives and well being of adolescent females this work uncovers both barriers and boons to their sexual flourishing

Educating Adolescent Girls Around the Globe

2015-04-10

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~~this book equips school psychologists and other mental health professionals with a comprehensive~~
understanding of mental health and well being in adolescent girls the text places adolescent girls in a developmental and social cultural context and outlines factors that can shape girls well being including family peers and media chapters discuss trajectories that might result in mental distress and dysfunction in adolescent girls and identify pathways to their optimal development additionally the book reviews the domains of well being including physical health and habits emotional well being healthy relationships and identity and agency each chapter includes theory informed and empirically supported interventions to help promote girls positive physical and socio emotional development and culminates in a list of further recommended resources for the reader well being in adolescent girls is a valuable resource for school psychologists counselors and other mental health professionals working with adolescents along with those in graduate level courses in school psychology and school counseling programs

Counseling Adolescent Girls

1966

annotation based on conversations with and the journals of four adolescent girls education professors at the u of alabama and virginia tech respectively identify destructive culturally mediated female growth patterns discuss body image research issues and suggest making the body a topic in an integrated curriculum of transformation annotation c book news inc portland or booknews com

The Adolescent Girl in Conflict

2015-06-08

the 25th anniversary edition of the iconic book revised and updated for 21st century adolescent girls and their families in 1994 *reviving ophelia* was published and it shone a much needed spotlight on the problems faced by adolescent girls the book became iconic and helped to reframe the national conversation about what author mary pipher called a girl poisoning culture surrounding adolescents fast forward to today and adolescent girls and the parents teachers and counselors who care about them find themselves confronting many of the same challenges pipher wrote about originally as well as new ones specific to today girls still struggle with misogyny sexism and issues of identity and self esteem but they re also more isolated than ever before they don t talk face to face to the people around them including their peers as they used to they re texting or on social media for hours at a time and while girls today are less likely to be in trouble for their drinking or sexual behavior they have a greater chance of becoming depressed anxious or suicidal in this revised and updated *reviving ophelia* pipher and her daughter sara pipher gilliam who was a teenager at the time of the book s original publication have incorporated these new issues for a 21st century readership in addition to examining the impact that social media has on adolescent girls lives today pipher and gilliam explore the rising and empowering importance of student activism in girls lives the wider acceptance of diverse communities among young people and the growing disparities between urban and rural rich and poor and how they can affect young girls sense of self worth with a new foreword and afterword and chapters that explore these topics this new edition of *reviving ophelia* builds on the relevance of the original as it provides key insights into the challenges and opportunities facing adolescent girls today the approach pipher and gilliam take in the new edition is just what it was in the original a timely readable combination of insightful research and real world examples that illuminate the challenges young women face and the ways to address them this updated *reviving ophelia* looks at 21st century adolescent girls through fresh eyes with insights and ideas that will help new generations of readers

Catholic Sexual Theology and Adolescent Girls

2021-11-04

textbook

Well-Being in Adolescent Girls

1989

adolescent girls wellbeing is under threat they face pressure to achieve academically while simultaneously negotiating a life dominated by social media an unrelenting focus on appearance cyberbullying sexual harassment and ready access to pornography characterised by male violence to women the sociocultural environment presents significant risks for girls mental health yet clinical psychology remains largely focused on the individual cultural factors are also overshadowed by postfeminist forces and a renewed emphasis on biological determinants of psychological sex differences clinical psychology and adolescent girls in a postfeminist era goes back to first principles and revisits the question of the place of nature and nurture in children s development in the light of what we now know about neural plasticity dynamic systems and gender socialisation feminism and its sometimes uncomfortable relationship with psychology is discussed as are the meaning and implications of postfeminism and whether girls have special strengths practice principles and specific ideas for practice with today s girls are all included finally there is a complementary chapter on working with adolescent boys feminist writings about psychotherapy with women had their heyday some time ago and some see boys as the ones who now need special attention this book contends that the changing pressures of today s western world call for a renewed interest in specialised practice with girls taking account of up to date theories about child development and exploring the idea of expanding clinical practice beyond the individual

Adolescent Girls and Their Friends: a Feminist Ethnography

2000

a study of nineteenth century young adult literature that refocuses the history of girls books and female adolescence in the united states and germany

Bodily Knowledge

2019-06-04

every day adolescent girls face a complex and challenging social world influenced by popularity as parents we benefit from having the resources to help our daughters navigate times of difficulty and vulnerability because with the right support these experiences can also deliver girls with their greatest learnings in this groundbreaking book clinical psychologist dr mary kaspar deconstructs popularity and its links to our girls wellbeing she illustrates how the type of popularity that most girls crave is not the type that will improve their lives with insight and care dr kaspar skilfully blends research and stories for a deeper understanding of social cruelty and advocates for change to benefit all girls the popular girls provides critical strategies and advice that will help girls increase their compassion and guide them towards nourishing friendships and meaningful popularity a 7 step framework provides a clear pathway to help girls achieve the courage and openness necessary for real connection flourishing and likeability within the classroom and beyond i wish i had read this book when i was researching raising girls it really breaks new ground steve biddulph author of raising boys raising girls and 10 things girls need most dr kaspar writes with experience and from the heart sharon salzburg author of lovingkindness real change and the new york times bestseller real happiness thepopulargirls.org

Reviving Ophelia 25th Anniversary Edition

1953

making a difference amid a culture of despair from anorexia to sex to depression and pregnancy the lives of teen girls are often awash in rage and despair

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Personality Development in Adolescent Girls

1925

this guide for adults working with adolescent girls will help them explore and develop their emotional social and spiritual selves young people are hungry and capable of engaging in meaningful explorations of themselves and the world around them adolescent girls especially have a deep desire and capacity to know themselves and explore their own spirituality girls rising is a workbook of activities designed for educators mental health clinicians youth workers parents and in some cases peer educators working with girls ages 13 17 that provides a process for them to explore and develop their emotional social and spiritual selves the curriculum comprises of four themes surrounding self awareness empathy and communication skills social engagement and transpersonal exploration incorporates drawing writing music media role playing storytelling and deeply penetrating interactive activities to help incite self discovery enhance relationships and connect girls to a cause principal or source greater then themselves jackson s guide offers teenage girls a unique opportunity to engage with their changing selves and their environment from a deeply soulful and creative place from the trade paperback edition

The Adolescent Girl

2006

examines the current knowledge base and provides specific recommendations for educators and parents on ways to construct engaging learning environments for all young adolescent girls that promote research based high quality gender equitable schooling

"It's Just Easier Not to Go to School"

2008

the open access version of this book available at tandfebooks com doi view 10 4324 9781315180250 has been made available under a creative commons attribution non commercial no derivatives 4 0 license adolescence is a pivotal time in a girl s life the development of educational physical psychosocial familial political and economic capabilities enable girls to reach their full potential and contribute to the wellbeing of their families and society however progress is still significantly constrained by discriminatory gender norms and the related attitudes and practices which restrict girls horizons restrain their ambition and if unfettered allow exploitation and abuse empowering adolescent girls in developing countries explores the detrimental impact of discriminatory gender norms on adolescent girls lives across very different contexts grounded in four years of in depth research in ethiopia nepal uganda and viet nam the book adopts a holistic approach recognising the inter related nature of capabilities and the importance of local context by exploring the theory of gendered norm change contextualising and examining socialisation processes the book identifies the patriarchal vested interests in power authority and moral privilege which combine in attempts to restrict and control girls lives throughout the book empowering adolescent girls in developing countries demonstrates how efforts to develop more egalitarian gender norms can enable disadvantaged adolescent girls to change the course of their lives and contribute to societal change accessible and informative the book is perfect for policy makers think tanks ngos activists academics and students of gender and development studies

Ophelia Speaks

2018-02-02

this book equips school psychologists and other mental health professionals with a comprehensive understanding of mental health and well being in adolescent girls the text places adolescent girls in a developmental and social cultural context and outlines factors that can shape girls well being

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~~including family peers and media chapters discuss trajectories that might result in mental distress~~
and dysfunction in adolescent girls and identify pathways to their optimal development additionally the book reviews the domains of well being including physical health and habits emotional well being healthy relationships and identity and agency each chapter includes theory informed and empirically supported interventions to help promote girls positive physical and socio emotional development and culminates in a list of further recommended resources for the reader well being in adolescent girls is a valuable resource for school psychologists counselors and other mental health professionals working with adolescents along with those in graduate level courses in school psychology and school counseling programs

Clinical Psychology and Adolescent Girls in a Postfeminist Era

2021

this book provides a nuanced complex comparative analysis of adolescent girls migration and mobility in the global south the stories and the narratives of migrant girls collected in bangladesh ethiopia and sudan guide the readers in drawing the contours of their lives on the move a complex fluid scenario of choices constraints setbacks risks aspirations and experiences in which internal or international migration plays a pivotal role the main argument of the book is that migration of adolescent girls intersects with other important transitions in their lives such as those related to education work marriage and childbearing and that this affects their transition into adulthood in various ways while migration is sometimes negative it can also offer girls new and better opportunities with positive implications for their future lives the book explores also how concepts of adolescence and adulthood for girls are being transformed in the context of migration

Transforming Girls

2021-11-24

fueled by media reports of gender bias in the schools the debate over single sex education has been recently renewed voices of hope asks for a reconsideration of the framing of that debate for whom is single sex education better for the attainment of which goals what do girls gain by being schooled with male peers what is lost in this longitudinal study of more than fifty high school girls at four new england independent schools carole b shmurak follows their development from ninth grade through the first year of college case studies capture the girls own voices as they describe their hopes for their futures and the events that subsequently affect those futures

The Popular Girls

2007-10-16

girls are worse than boys these days was a common complaint from teachers in the 1970s whether true or not this viewpoint was pervasive yet little guidance had been given to the student teachers to help them tackle the problems that girls presented originally published in 1980 the main purpose of this work was to provide a soundly based textbook on the education of adolescent girls which by taking into account the changing role of women in our society at the time would be of immediate use to all practitioners and students of education research findings and material drawn from recent work by teachers in schools have been collated along with theoretical approaches selected for their relevance to teaching in a manner which demonstrates their practical implications the difficulties that teachers found in coping with the normal as well as the abnormal behaviour of girls is examined the importance of education for girls is looked at in the context of their future roles as members of the work force and as mothers of the next generation reports and complaints about the inadequacies of the education system in preparing girls for their future life were rife in dealing with a topic which was causing such concern the author set out to fill a noticeable gap in the literature of education at

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~~the time the book was designed for use by student teachers lecturers probationary teachers and~~
their supervisors but social workers educational psychologists and others who deal with adolescents
would also find it useful for students its value rested in the practical orientation of its information
which gave it the dual function of handbook and academic textbook for practising teachers it gave
advice encouragement and support

Adolescent Girls in Crisis

2016-05-17

Girls Rising

2016

Educating Young Adolescent Girls

2018-02-13

Empowering Adolescent Girls in Developing Countries

2021-10

Well-Being in Adolescent Girls

2018-09-26

Adolescent Girls' Migration in The Global South

1998

Voices of Hope

1933

Case Studies of Normal Adolescent Girls

2022-12-29

Educating Adolescent Girls

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