

PDF FREE COACHING PRESENCE BUILDING CONSCIOUSNESS AND AWARENESS IN COACHING INTERVENTIONS (READ ONLY)

ONE OF THE HALLMARKS OF MATURITY AS A COACH IS AWARENESS OF HOW YOUR VALUES BELIEFS AND OTHER FACTORS AFFECT YOUR COACHING INTERVENTIONS IT TAKES SKILL TO NOTICE THESE INFLUENCES WHICH CAN MANIFEST BOTH PHYSICALLY AND MENTALLY DURING COACHING WHILE SIMULTANEOUSLY ENSURING A CLIENT FOCUSED APPROACH COACHING PRESENCE EXAMINES HOW SELF AWARENESS CAN BE BUILT ACROSS KEY ASPECTS OF COACHING PRACTICE INTRODUCING A MODEL THAT WILL HELP YOU MAKE A CONSCIOUS AND DELIBERATE CHOICE FOR EVERY APPROACH OR INTERVENTION THAT YOU USE WITH YOUR CLIENT IT EXPLORES HOW BY PAYING CLOSE ATTENTION TO THE MOTIVATIONS BEHIND EVERY COACHING CHOICE YOU CAN MINIMIZE THE UNCONSCIOUS NEGATIVE INFLUENCES AND BIAS TO PRODUCE THE BEST OUTCOME FOR THE CLIENT AND THEIR WIDER SYSTEM IT WILL ALSO HELP YOU RECOGNIZE WHEN CONSCIOUS VISIBILITY EXPRESSED EXPLICITLY TO THE CLIENT MAY ACTUALLY BE THE BEST COACHING SOLUTION AN ONLINE SUPPORTING RESOURCE INCLUDES A LEADER AS MEDIATOR WHITE PAPER PRESENCE BASED COACHING OFFERS COACHES A HANDS ON RESOURCE FOR DEVELOPING THE CAPACITIES AND SKILLS NEEDED TO BE RELIABLY PRESENT IN ALL SITUATIONS AND SHOWS HOW TO LET GO OF HABITUAL AND OFTEN INEFFECTIVE WAYS OF RESPONDING AS AUTHOR AND LEADERSHIP EXPERT DOUG SILSBEE EXPLAINS ONCE A COACH HAS MASTERED THE INNER MOVES OF DIRECTING THEIR OWN ATTENTION THEY CAN WORK TO DEVELOP THE SAME CAPABILITY IN THEIR CLIENTS THE ABILITY OF A COACH TO FACILITATE LASTING SUSTAINABLE DEVELOPMENT IN LEADERS RESTS ON THE PRESENCE A COACH OFFERS TO THE COACH CLIENT RELATIONSHIP ALL THAT IS KNOWN IS EXPERIENCING AND EXPERIENCING IS NOT DIVIDED INTO ONE PART AN INSIDE SELF THAT EXPERIENCES AND ANOTHER PART AN OUTSIDE OBJECT OTHER OR WORLD THAT IS EXPERIENCED EXPERIENCING IS SEAMLESS AND INTIMATE MADE OF KNOWING OR AWARENESS ALONE THIS INTIMACY IN WHICH THERE IS NO ROOM FOR SELVES OBJECTS OR OTHERS IS LOVE ITSELF IT LIES AT ITS HEART OF ALL EXPERIENCE COMPLETELY AVAILABLE UNDER ALL CIRCUMSTANCES RUPERT SPIRA PRESENCE IS ONE OF THE MOST EXCITING AND ILLUMINATING BOOKS ON NON DUALITY I HAVE ENCOUNTERED AND ITS PRECISION ARTICULATENESS IN NAMING THE NAMELESS UNPARALLELED DEPTH AND ABILITY TO INSPIRE WERE CONSTANTLY APPRECIATED THIS BOOK SUCCEEDS IN TAKING THE READER BEYOND CONCEPTS AND INTO THE EXPERIENTIAL LEVEL THE IRONY IS THAT THIS WORK WHICH IS SO ADVANCED AND SOPHISTICATED IN ITS USE OF LANGUAGE THOUGHT AND CONCEPTUALIZATION IS INEXORABLY DIRECTED TOWARDS PURE EXPERIENCING IT IS A BRILLIANT AND LUCID WORK CARRYING GREAT STRENGTH AND AUTHORITY SUGGESTING IT IS AN INDISPUTABLE SOURCE OF TRUTH VICTORIA RITCHIE FORMER MANAGER OF WATKINS BOOKSHOP AND EDITOR FOR ECKHART TOLLE PRACTICING THE PRESENCE IS THE CELEBRATED GUIDE TO THE AWARENESS OF THE DIVINE AND TRANSCENDENTAL IN OUR DAILY LIVES THIS MODERN SPIRITUAL CLASSIC IS ONE OF THE THREE BOOKS JOEL GOLDSMITH FELT CONTAINED THE ESSENCE OF ALL HIS TEACHINGS CONSIDERED AS ONE OF THE BEST INTRODUCTORY BOOKS TO THE MESSAGE OF THE INFINITE WAY THIS BOOK ALLOWS THE STUDENT TO GENTLY WORK WITH GOLDSMITH IN THE REALIZATION OF HIS OR HER TRUE IDENTITY QUIET GUIDED MEDITATIONS ARE ACCOMPANIED BY THE PROFOUND LIGHT AND DEPTH SO ASSOCIATED WITH HIS TEACHING THE STUDENT IS THEN GRADUALLY LIFTED INTO THAT WONDERFUL STATE OF CONSCIOUSNESS THAT IS BEYOND WORDS AND THOUGHTS THE MESSAGE OF THIS BOOK IS NOT A PERSONAL MESSAGE IT IS AN AGE OLD WISDOM THAT MAN SHALL NOT LIVE BY BREAD ALONE BUT BY EVERY WORD REMEMBERED IN CONSCIOUSNESS BY EVERY WORD AND THOUGHT OF GOD HELD WITHIN US BY THIS WE LIVE WHEN WE TRY TO LIVE WITHOUT GOD WE ARE LIVING ONLY WITH THE HUMAN WEAPONS OF THIS WORLD WHEN HOWEVER WE TAKE THIS GREAT TRUTH INTO OUR CONSCIOUSNESS AND LET IT ABIDE IN USE THEN WE ARE CLAD IN SPIRITUAL ARMOR AND THE ONLY SWORD WE NEED IS THE SWORD OF THE SPIRIT AND WHAT IS THE SWORD OF THE SPIRIT EXCEPT EVERY WORD THAT PROCEEDETH OUT OF THE MOUTH OF GOD THIS GROUND BREAKING NEW BOOK FROM NEW YORK TIMES BESTSELLING AUTHOR DANIEL J SIEGEL M D INTRODUCES READERS TO HIS PIONEERING SCIENCE BASED MEDITATION PRACTICE AWARE PROVIDES PRACTICAL INSTRUCTION FOR MASTERING THE WHEEL OF AWARENESS A LIFE CHANGING TOOL FOR CULTIVATING MORE FOCUS PRESENCE AND PEACE IN ONE S DAY TO DAY LIFE AN IN DEPTH LOOK AT THE SCIENCE THAT UNDERLIES MEDITATION S EFFECTIVENESS THIS BOOK TEACHES READERS HOW TO HARNESS THE POWER OF THE PRINCIPLE WHERE ATTENTION GOES NEURAL FIRING FLOWS AND NEURAL CONNECTION GROWS SIEGEL REVEALS HOW DEVELOPING A WHEEL OF AWARENESS PRACTICE TO FOCUS ATTENTION OPEN AWARENESS AND CULTIVATE KIND INTENTION CAN LITERALLY HELP YOU GROW A HEALTHIER BRAIN AND REDUCE FEAR ANXIETY AND STRESS IN YOUR LIFE WHETHER YOU HAVE NO EXPERIENCE WITH A REFLECTIVE PRACTICE OR ARE AN EXPERIENCED PRACTITIONER AWARE IS A HANDS ON GUIDE THAT WILL ENABLE YOU TO BECOME MORE FOCUSED AND PRESENT AS WELL AS MORE ENERGISED AND EMOTIONALLY RESILIENT IN THE FACE OF STRESS AND THE EVERYDAY CHALLENGES LIFE THROWS YOUR WAY THE QUESTION OF CONSCIOUSNESS IS PERHAPS THE MOST SIGNIFICANT PROBLEM STILL UNSOLVED BY SCIENCE IN INNER PRESENCE ANTTI REVONSUO PROPOSES A NOVEL APPROACH TO THE STUDY OF CONSCIOUSNESS THAT INTEGRATES FINDINGS FROM PHILOSOPHY PSYCHOLOGY AND COGNITIVE NEUROSCIENCE INTO A COHERENT THEORETICAL FRAMEWORK ARGUING THAT ANY FRUITFUL SCIENTIFIC APPROACH TO THE PROBLEM MUST CONSIDER BOTH THE SUBJECTIVE PSYCHOLOGICAL REALITY OF CONSCIOUSNESS AND THE OBJECTIVE NEUROBIOLOGICAL REALITY REVONSUO PROPOSES THAT THE BEST STRATEGY FOR DISCOVERING THE CONNECTION BETWEEN THESE TWO REALITIES IS ONE OF BIOLOGICAL REALISM USING TOOLS OF THE EMPIRICAL BIOLOGICAL SCIENCES THIS APPROACH WHICH HE CALLS THE BIOLOGICAL RESEARCH PROGRAM PROVIDES A THEORETICAL AND PHILOSOPHICAL FOUNDATION THAT CONTEMPORARY STUDY OF CONSCIOUSNESS LACKS REVONSUO COINS THE TERM WORLD SIMULATION METAPHOR AND USES THIS METAPHOR TO DEVELOP A POWERFUL WAY OF THINKING ABOUT CONSCIOUSNESS AS A BIOLOGICAL SYSTEM IN THE BRAIN THIS LEADS HIM TO PROPOSE THAT THE DREAMING BRAIN AND VISUAL CONSCIOUSNESS ARE IDEAL MODEL SYSTEMS FOR EMPIRICAL CONSCIOUSNESS RESEARCH HE OFFERS A COMPREHENSIVE OVERVIEW AND CRITICAL ANALYSIS OF CONSCIOUSNESS RESEARCH AND DEFENDS HIS APPROACH AGAINST CURRENTLY POPULAR PHILOSOPHICAL VIEWS IN PARTICULAR AGAINST APPROACHES THAT DENY OR EXTERNALIZE PHENOMENAL CONSCIOUSNESS OR CLAIM THAT BRAIN ACTIVITY IS NOT SUFFICIENT FOR CONSCIOUSNESS HE SYSTEMATICALLY EXAMINES THE PRINCIPAL ISSUES IN THE SCIENCE OF CONSCIOUSNESS THE CONTENTS OF CONSCIOUSNESS THE UNITY OF CONSCIOUSNESS AND THE BINDING PROBLEM THE EXPLANATORY GAP AND THE NEURAL CORRELATES OF CONSCIOUSNESS AND THE CAUSAL POWERS AND FUNCTION OF CONSCIOUSNESS REVONSUO DRAWS TOGETHER EMPIRICAL DATA FROM A WIDE VARIETY OF SOURCES INCLUDING DREAM RESEARCH BRAIN IMAGING NEUROPSYCHOLOGY AND EVOLUTIONARY PSYCHOLOGY INTO THE THEORETICAL FRAMEWORK OF THE BIOLOGICAL RESEARCH PROGRAM THUS POINTING THE WAY TOWARD A UNIFIED BIOLOGICAL SCIENCE OF CONSCIOUSNESS APPLYING IMAGINATIVE THOUGHT EXPERIMENTS INNER PRESENCE REACHES BEYOND THE CURRENT STATE OF THE ART REVEALING HOW THE PROBLEM OF CONSCIOUSNESS MAY EVENTUALLY BE SOLVED BY FUTURE SCIENCE ALL THAT IS KNOWN IS EXPERIENCING AND EXPERIENCING IS NOT DIVIDED INTO ONE PART AN INSIDE SELF THAT EXPERIENCES AND ANOTHER PART AN OUTSIDE OBJECT OTHER OR WORLD THAT IS EXPERIENCED EXPERIENCING IS SEAMLESS AND INTIMATE MADE OF KNOWING OR AWARENESS ALONE THIS INTIMACY IN WHICH THERE IS NO ROOM FOR SELVES OBJECTS OR OTHERS IS LOVE ITSELF IT LIES AT THE HEART OF ALL EXPERIENCE COMPLETELY AVAILABLE UNDER ALL CIRCUMSTANCES CHOICE OUTSTANDING ACADEMIC TITLE FOR 2020 MORE AND MORE PEOPLE ARE NOTICING LINKS BETWEEN URBAN GEOGRAPHY AND THE SPACES WITHIN THE LAYOUT OF PANELS ON THE COMICS PAGE BENJAMIN FRASER EXPLORES THE REPRESENTATION OF THE CITY IN A RANGE OF COMICS FROM ACROSS THE GLOBE COMICS ADDRESS THE CITY AS AN IDEA A HISTORICAL FACT A SOCIAL CONSTRUCTION A MATERIAL BUILT ENVIRONMENT A SHARED SPACE FORGED FROM THE COLLECTIVE IMAGINATION OR AS A SOCIAL ARENA NAVIGATED ACCORDING TO PERSONAL DESIRE ACCORDINGLY FRASER BRINGS INSIGHTS FROM URBAN THEORY TO BEAR ON SPECIFIC COMICS THE WORKS SELECTED COMPRISE A VARIETY OF INTERNATIONAL ALTERNATIVE AND INDEPENDENT SMALL PRESS COMICS ARTISTS FROM ENGRAVINGS AND EARLY COMICS TO SINGLE PANEL WORK GRAPHIC NOVELS MANGA AND TRADING CARDS BY ARTISTS SUCH AS WILL EISNER TSUTOMU NIHEI HARITON PUSHWAGNER JULIE DOUCET FRANS MASEREEL AND CHRIS WARE IN THE FIRST MONOGRAPH ON THIS SUBJECT FRASER TOUCHES ON MANY THEMES OF MODERN URBAN LIFE ACTIVISM ALIENATION CONSUMERISM FLORIAN NERIE GENTRIFICATION THE MYSTERY STORY SCIENCE FICTION SEXUAL ORIENTATION AND WORKING CLASS LABOR HE LEADS READERS TO IMAGES OF SUCH CITIES AS BARCELONA BUENOS AIRES LONDON LYON MADRID MONTEVIDEO MONTREAL NEW YORK OSLO PARIS SANTIAGO PAOLO AND TOKYO THROUGH CLOSE READINGS EACH CHAPTER INTRODUCES READERS TO SPECIFIC COMICS ARTISTS AND WORKS AND INVESTIGATES A RANGE OF TOPICS RELATED TO THE MEDIUM S SPATIAL FORM STYLISTIC VARIATION AND CULTURAL PROMINENCE MAINLY FRASER MIXES INTEREST IN URBANISM AND ARCHITECTURE WITH THE CREATIVE STRATEGIES THAT COMICS ARTISTS EMPLOY TO BRING THEIR URBAN IMAGES TO LIFE SCIENTISTS CLINICIANS AND MINDFULNESS TEACHERS DISCUSS TRAINING THE MIND TO BRING MORE HEALTH AND RESILIENCY TO OUR LIVES IN THIS BOOK DANIEL J SIEGEL AND

MARION F SOLOMON HAVE GATHERED LEADING WRITERS TO DISCUSS SUCH TOPICS AS ATTENTION RESILIENCE AND MINDFULNESS NEUROPLASTICITY HOW THE BRAIN CHANGES ITS FUNCTION AND STRUCTURE IN RESPONSE TO EXPERIENCE LOVING AWARENESS AS THE FOUNDATION FOR MINDFUL LIVING HOW MINDFULNESS TRAINING CAN HELP BUILD EMPATHY AND COMPASSION IN CLINICIANS SELF COMPASSION ADDICTIONS USING BREATH PRACTICE TO CULTIVATE WELL BEING TOOLS FOR CLIENTS WHO FEEL DISCONNECTED THERAPEUTIC PRESENCE HOW WE SHOW UP FOR OUR CLIENTS HOW WE EMBODY BEING AWARE AND RECEPTIVE THE LATEST ENTRY IN THE ACCLAIMED NORTON SERIES ON INTERPERSONAL NEUROBIOLOGY THIS BOOK BRINGS FRESH VOICES TO THE ALL IMPORTANT TOPICS OF MEDITATION MENTAL TRAINING AND CONSCIOUSNESS MIND CONSCIOUSNESS AND WELL BEING OFFERS A UNIQUE WINDOW INTO THE SCIENCE AND ART OF TAKING OUR UNDERSTANDING OF THE MIND AND CONSCIOUSNESS AND APPLYING IT TO CULTIVATING WELL BEING IN OUR PERSONAL LIVES AND OUR PROFESSIONAL WORK CONTRIBUTORS INCLUDE PAT OGDEN SHAUNA SHAPIRO BONNIE GOLDSTEIN TRUDY GOODMAN KORNFIELD JACK KORNFIELD KRISTIN NEFF JUDSON BREWER GARY SMALL AMISHI JHA AND MORE REV ED OF DREAMS AND THE GROWTH OF PERSONALITY 2ND ED C1985 CONSCIOUSNESS MATTERING PRESENTS A CONTEMPORARY BUDDHIST THEORY IN WHICH BRAINS BODIES ENVIRONMENTS AND CULTURES ARE RELATIONAL INFRASTRUCTURES FOR HUMAN CONSCIOUSNESS DRAWING ON INSIGHTS FROM MEDITATION NEUROSCIENCE PHYSICS AND EVOLUTIONARY THEORY IT DEMONSTRATES THAT HUMAN CONSCIOUSNESS IS NOT SOMETHING THAT OCCURS ONLY IN OUR HEADS AND CONSISTS IN THE CREATIVE ELABORATION OF RELATIONS AMONG SENSED AND SENSING PRESENCES AND MORE FUNDAMENTALLY BETWEEN MATTER AND WHAT MATTERS HERSHOCK ARGUES THAT WITHOUT CONSCIOUSNESS THERE WOULD ONLY BE EITHER UNORDERED SAMENESS OR NOTHING AT ALL EVOLUTION IS CONSCIOUSNESS MATTERING SHEDDING NEW LIGHT ON THE CO EMERGENCE OF SUBJECTIVE AWARENESS AND CULTURE THE POSSIBILITY OF MACHINE CONSCIOUSNESS THE RISKS OF ALGORITHMIC CONSCIOUSNESS HACKING AND THE POTENTIALS OF INTENTIONALLY ALTERED STATES OF CONSCIOUSNESS HERSHOCK INVITES US TO CONSIDER HOW FREELY WISELY AND COMPASSIONATELY CONSCIOUSNESS MATTERS MODERN MEDICINE ENABLES US TO KEEP MANY PEOPLE ALIVE AFTER THEY HAVE SUFFERED SEVERE BRAIN DAMAGE AND SHOW NO RELIABLE OUTWARD SIGNS OF CONSCIOUSNESS MANY SUCH PATIENTS ARE MISDIAGNOSED AS BEING IN A PERMANENT VEGETATIVE STATE WHEN THEY ARE ACTUALLY IN A MINIMALLY CONSCIOUS STATE THIS MISTAKE HAS FAR REACHING IMPLICATIONS FOR TREATMENT AND PROGNOSIS TO ALLEVIATE THIS PROBLEM NEUROSCIENTISTS HAVE RECENTLY DEVELOPED NEW BRAIN SCANNING METHODS TO DETECT CONSCIOUSNESS IN SOME OF THESE PATIENTS AND EVEN TO ASK THEM QUESTIONS INCLUDING DO YOU WANT TO STAY ALIVE FINDING CONSCIOUSNESS THE NEUROSCIENCE ETHICS AND LAW OF SEVERE BRAIN DAMAGE ADDRESSES MANY QUESTIONS REGARDING THESE RECENT NEUROSCIENTIFIC METHODS IS WHAT THESE METHODS DETECT REALLY CONSCIOUSNESS DO PATIENTS FEEL PAIN SHOULD WE DECIDE WHETHER OR NOT TO LET THEM DIE OR ARE THEY COMPETENT TO DECIDE FOR THEMSELVES AND WHICH KINDS OF TREATMENT SHOULD GOVERNMENTS AND HOSPITALS MAKE AVAILABLE THIS EDITED VOLUME PROVIDES CONTEXTUAL INFORMATION SURVEYS THE ISSUES AND POSITIONS AND TAKES CONTROVERSIAL STANDS FROM A WIDE VARIETY OF PROMINENT CONTRIBUTORS IN FIELDS RANGING FROM NEUROSCIENCE AND NEUROLOGY TO LAW AND POLICY TO PHILOSOPHY AND ETHICS FINDING CONSCIOUSNESS SHOULD INTEREST NOT ONLY NEUROSCIENTISTS CLINICIANS AND ETHICISTS BUT ANYONE WHO MIGHT SUFFER BRAIN DAMAGE WHICH INCLUDES US ALL THIS VOLUME OF ESSAYS EXAMINES THE PROBLEM OF MIND LOOKING AT HOW THE PROBLEM HAS APPEARED TO NEUROSCIENTISTS IN THE WIDEST SENSE FROM CLASSICAL ANTIQUITY THROUGH TO CONTEMPORARY TIMES BEGINNING WITH A LOOK AT VENTRICULAR NEUROPSYCHOLOGY IN ANTIQUITY THIS BOOK GOES ON TO LOOK AT SPINOZAN IDEAS ON THE LINKS BETWEEN MIND AND BODY THOMAS WILLIS AND THE FOUNDATION OF NEUROLOGY HOOKE S MECHANICAL MODEL OF THE MIND AND JOSEPH PRIESTLEY S APPROACH TO THE MIND BODY PROBLEM THE VOLUME OFFERS A CHAPTER ON THE 19TH CENTURY OTTOMAN PERSPECTIVE ON WESTERN THINKING FURTHER CHAPTERS TRACE THE WORK OF NINETEENTH CENTURY SCHOLARS INCLUDING GEORGE HENRY LEWES HERBERT SPENCER AND EMIL DU BOIS REYMOND THE BOOK COVERS SIGNIFICANT WORK FROM THE TWENTIETH CENTURY INCLUDING AN EXAMINATION OF ALFRED NORTH WHITEHEAD AND THE HISTORY OF CONSCIOUSNESS AND PARTICULAR ATTENTION IS GIVEN TO THE DEVELOPMENT OF QUANTUM CONSCIOUSNESS CHAPTERS ON SLAVERY AND THE SELF AND THE DEVELOPMENT OF AN UNDERSTANDING OF DUALISM BRING THIS EXAMINATION UP TO DATE ON THE LATEST 21ST CENTURY WORK IN THE FIELD AT THE HEART OF THIS BOOK IS THE MATTER OF HOW WE DEFINE THE PROBLEM OF CONSCIOUSNESS ITSELF HAS THERE BEEN ANY PROGRESS IN OUR UNDERSTANDING OF THE WORKING OF MIND AND BRAIN THIS WORK AT THE INTERFACE BETWEEN SCIENCE AND THE HUMANITIES WILL APPEAL TO EXPERTS FROM ACROSS MANY FIELDS WHO WISH TO DEVELOP THEIR UNDERSTANDING OF THE PROBLEM OF CONSCIOUSNESS INCLUDING SCHOLARS OF NEUROSCIENCE BEHAVIOURAL SCIENCE AND THE HISTORY OF SCIENCE IN A CLEAR LINEAR SEQUENTIAL SYSTEM HIGHLY REGARDED EXECUTIVE COACH SUSAN S FREEMAN LAYS OUT A TRANSFORMATIONAL PATH FOR MAINSTREAM WESTERN BUSINESS LEADERS THROUGH ANCIENT YOGIC WISDOM AND GUIDES LEADERS TO BECOME BETTER VERSIONS OF THEMSELVES SO THAT THEY CAN CREATE POSITIVE CHANGE IN THEIR ORGANIZATIONS DESPITE HAVING A DESIRE TO SUCCEED WE ARE SO ACCUSTOMED TO WORKING HARD TO REACH OUR GOALS AND PRODUCE RESULTS IN THE WORKPLACE THAT MANY OF US SACRIFICE OUR DEEPER HUMANITY IN THE PROCESS THIS TIMELY BOOK IS IDEALLY SUITED FOR THE CURRENT ERA OF ANXIETY AND GLOBAL UPHEAVAL THAT HAS AWAKENED US TO OUR COLLECTIVE DISSATISFACTION WITH THE STATUS QUO THE PHILOSOPHY OF YOGA IS AN ANCIENT TIME TESTED SYSTEM THAT ENABLES US TO SHIFT INTERNALLY SO WE MAY CONTINUE CREATING INNOVATING AND INITIATING DESPITE PRESSURE AND SETBACKS AN EMPOWERING SECRET IS HOW IT ENABLES US TO BE PRESENT CLEAR AND CONNECTED SUSAN UTILIZES MODERN VOCABULARY TO SHARE THESE CONCEPTS AND SIMPLE PROCESSES THAT HAVE BEEN PROVEN EFFECTIVE OVER SEVERAL MILLENNIA THESE YOGIC PRINCIPLES AND PRACTICES WILL TRANSFORM WORKING RELATIONSHIPS FROM CONFLICT CREATING STRESS INDUCING GOAL ORIENTED REACTIVE STRUGGLES INTO HARMONIOUS EFFECTIVE AND RESPONSIVE PARTNERSHIPS THE RESULT WILL BE DEEPER FULFILLMENT AND JOY FROM WORK AND ENABLE PEOPLE TO SEE OPPORTUNITIES THAT WERE PREVIOUSLY HIDDEN ULTIMATELY THEY WILL FEEL MORE CONFIDENT THAT THEY HAVE THE RIGHT MOTIVATIONS AND THEREFORE CAN TRUST THAT THEY ARE DOING THE RIGHT THINGS FOR THE RIGHT REASONS READERS WILL LEARN HOW TO STAY CALM BE RESOURCEFUL AND CONFIDENTLY RESPOND WITH COMPASSION AND EQUANIMITY EVEN UNDER PRESSURE FROM EXTERNAL FORCES BECOME AN INSPIRING EFFECTIVE LEADER AND A MORE JOYFUL HUMAN THROUGH THE TIMELESS PRINCIPLES OF YOGA DISCOVER HOW TO BECOME CONNECTED WITHIN YOURSELF SO THAT YOU CAN ALWAYS BRING YOUR BEST SELF TO YOUR LEADERSHIP AND TRUST IT TOO CREATE AND MAINTAIN A HEALTHY CULTURE THAT VALUES HUMAN RELATIONSHIPS UNDERSTAND THE SIMPLE SEQUENTIAL SYSTEM THAT WILL SHIFT YOUR PERSPECTIVE WHILE DEVELOPING AN INTERNAL COMPASS TO GET YOU WHERE YOU WANT TO GO ADAPT CONFIDENTLY TO STRESSFUL CHANGES AND SETBACKS WHILE GETTING OFF THE REACTIVE HAMSTER WHEEL ONCE AND FOR ALL EMBRACE A COMPLETE INTEGRATIVE FRAMEWORK FOR SELF MANAGEMENT FROM THE INSIDE OUT THERE IS A STRONG POST PANDEMIC SHIFT TO A MORE HUMANISTIC HOLISTIC WORKPLACE WITH A RENEWED EMPHASIS ON PEOPLE AS MUCH AS PROFITS THIS BOOK IS UNIQUELY POSITIONED TO MAKE THIS SHIFT A REALITY CONTEXT AWARENESS IS ONE OF THE DRIVERS OF THE UBIQUITOUS COMPUTING PARADIGM WELL DESIGNED CONTEXT MODELING AND CONTEXT RETRIEVAL APPROACHES ARE KEY P REQUISITES IN ANY CONTEXT AWARE SYSTEM LOCATION IS ONE OF THE PRIMARY ASPECTS OF ALL MAJOR CONTEXT MODELS TOGETHER WITH TIME IDENTITY AND ACTIVITY FROM THE TECHNICAL SIDE SENSING FUSING AND DISTRIBUTING LOCATION AND OTHER CONTEXT INFORMATION IS AS IMPORTANT AS PROVIDING CONTEXT AWARENESS TO APPLICATIONS AND SERVICES IN PERVASIVE SYSTEMS THEMATERIALSUMMARIZEDINTHISVOLUMEWASSELECTEDFORTHE 1STINTERNATIONAL WORKSHOP ON LOCATION AND CONTEXT AWARENESS LOCA 2005 HELD IN COOPERATION WITH THE 3RD INTERNATIONAL CONFERENCE ON PERVASIVE COMPUTING 2005 THE WORKSHOP WAS ORGANIZED BY THE INSTITUTE OF COMMUNICATIONS AND NAVIGATION OF THE GERMAN AEROSPACE CENTER DLR IN OBERPFA ENHOFEN AND THE MOBILE AND DISTRIBUTED SYSTEMS GROUP OF THE UNIVERSITY OF MUNICH DURING THE WORKSHOP NOVEL POSITIONING ALGORITHMS AND LOCATION SENSING TECHNIQUES WERE DISCUSSED COMPRISING NOT ONLY ENHANCEMENTS OF SINGULAR SYSTEMS LIKE POSITIONING IN GSM OR WLAN BUT ALSO HYBRID TECHNOLOGIES SUCH AS THE INTEGRATION OF GLOBAL SATELLITE SYSTEMS WITH INERTIAL POSITIONING FURTHERMORE PROVEMENTS IN SENSOR TECHNOLOGY AS WELL AS THE INTEGRATION AND FUSION OF SENSORS WERE ADDRESSED BOTH ON A THEORETICAL AND ON AN IMPLEMENTATION LEVEL PERSONAL AND CONFIDENTIAL DATA SUCH AS LOCATION DATA OF USERS HAVE P FOUND IMPLICATIONS FOR PERSONAL INFORMATION PRIVACY THUS PRIVACY PROTECTION PRIVACY ORIENTED LOCATION AWARE SYSTEMS AND HOW PRIVACY AFFECTS THE FEASIBILITY AND USEFULNESS OF SYSTEMS WERE ALSO ADDRESSED IN THE WORKSHOP CONSCIOUSNESS IS ARGUABLY THE MOST IMPORTANT INTERDISCIPLINARY AREA IN CONTEMPORARY PHILOSOPHY OF MIND WITH AN EXPLOSION OF RESEARCH OVER THE PAST THIRTY YEARS FROM PHILOSOPHERS PSYCHOLOGISTS AND SCIENTISTS IT IS ALSO PERHAPS THE MOST PUZZLING ASPECT OF THE WORLD DESPITE THE FACT THAT IT IS FAMILIAR TO EACH OF US CONSCIOUSNESS ALSO SEEMS RESISTANT TO ANY STRAIGHTFORWARD PHYSICAL EXPLANATION THIS BOOK INTRODUCES READERS TO THE CONTEMPORARY PROBLEM OF CONSCIOUSNESS PROVIDING A CLEAR INTRODUCTION TO THE OVERALL LANDSCAPE AND A FAIR MINDED CRITICAL SURVEY OF VARIOUS THEORIES OF CONSCIOUSNESS BEGINNING WITH ESSENTIAL HISTORICAL BACKGROUND TO THE

PROBLEM OF CONSCIOUSNESS ROCCO GENNARO EXPLORES THE FOLLOWING KEY TOPICS AND DEBATES THE METAPHYSICAL PROBLEM OF CONSCIOUSNESS INCLUDING VARIETIES OF DUALISM AND MATERIALISM CONSCIOUSNESS AND NEUROSCIENCE PARTICULARLY THE QUESTION OF WHETHER CONSCIOUSNESS CAN BE REDUCED TO BRAIN ACTIVITY OR ATTENTIONAL MECHANISMS REPRESENTATIONAL AND COGNITIVE THEORIES OF CONSCIOUSNESS CONSCIOUSNESS AND PSYCHOPATHOLOGY ANIMALS MACHINES AND CONSCIOUSNESS EXTENSIVE USE IS MADE OF INTERESTING PHENOMENA THROUGHOUT THE BOOK RANGING FROM BLINDSIGHT SYNAESTHESIA AND CHANGE BLINDNESS TO PHANTOM LIMB SYNDROME SPLIT BRAIN CASES AND DISSOCIATIVE IDENTITY DISORDER DID THE INCLUSION OF CHAPTER SUMMARIES ANNOTATED FURTHER READING AND A GLOSSARY MAKE THIS BOOK ESSENTIAL READING FOR ANYONE SEEKING A CLEAR AND INFORMATIVE OVERVIEW OF THE PROBLEM OF CONSCIOUSNESS NOT ONLY IN PHILOSOPHY BUT RELATED FIELDS SUCH AS PSYCHOLOGY AND COGNITIVE SCIENCE FIRST PUBLISHED IN 1995 ROUTLEDGE IS AN IMPRINT OF TAYLOR FRANCIS AN INFORMA COMPANY A SIGNIFICANT DRIVER OF DISENGAGEMENT AMONGST EMPLOYEES IS A LACK OF PSYCHOLOGICAL SAFETY GENERATED FROM WEAK AND UNDERDEVELOPED INTRA AND INTERPERSONAL SKILLS ON THE PART OF MANAGERS ADDRESSING THE ISSUE HEAD ON THIS BOOK ENABLES LEADERS TO LEAD WITH CONSCIOUS AWARENESS TO BUILD AND SUSTAIN PSYCHOLOGICALLY SAFE CULTURES THROUGH WHICH TEAM MEMBERS MAY POSITIVELY ENGAGE WITH WORK IN A FAR MORE MEANINGFUL AND PURPOSEFUL WAY ALL TOO OFTEN LEADERSHIP FOLLOWER RELATIONSHIPS ARE PURELY TRANSACTIONAL AND FOCUS ON ERRORS AND PROBLEMS RESULTING IN AN IMPOVERISHED TRANSACTIONAL LEADERSHIP CULTURE THESE DYNAMICS RESULT IN WEAK RAPPORT LOW LEVELS OF EMOTIONAL INTELLIGENCE ON THE PART OF LINE MANAGERS AND SUBSEQUENTLY EMPLOYEE DISENGAGEMENT THIS BOOK UNPACKS THESE DRIVERS IN DETAIL AND BUILDS A MODEL THAT CAN BE USED AS THE BASIS OF PERSONAL DEVELOPMENT AND AS A LARGE SCALE INTERVENTION INTO THE LEADERSHIP CULTURE OF AN ORGANISATION THIS MODEL IS VERY ACCESSIBLE AND CAN BE USED IN A STRUCTURED TRAINING PROGRAMME THROUGH A SERIES OF ACTION LEARNING WORKSHOPS BASED UPON COACHING RELATIONSHIPS AND MUTUAL DIALOGUE THE BOOK IS IDEAL READING FOR HRM MANAGERS CHANGE LEADERS LEARNING AND DEVELOPMENT MANAGERS STUDENTS OF MANAGEMENT AND LEADERSHIP AND LINE MANAGERS IN ORGANISATIONS WHO ARE INVOLVED IN LEADERSHIP ROLES A CENTRAL CLAIM OF THIS BOOK IS THAT THE EMERGENCE OF HUMANITY INVOLVES A SPLITTING OF CONSCIOUSNESS THE ABILITY OF CONSCIOUSNESS TO BECOME REFLECTIVELY AWARE OF ITSELF BUT THE SPLITTING OF CONSCIOUSNESS IS SIMULTANEOUSLY THE DEVELOPMENT OF THE POSSIBILITY OF FRAGMENTATION INCOHERENCE WITHIN CONSCIOUSNESS AND ALIENATION NON UNITY OF CONSCIOUSNESS WITH OTHERS AND THE WORLD THUS THROUGH THE GROWTH OF REFLECTIVE CONSCIOUSNESS SEPARATION COMES TO PERMEATE THE WHOLE OF HUMAN EXPERIENCE SO UNDERSTOOD IT CREATES THE NEED FOR INTEGRATION AND ROSSMAN S DISCUSSION ULTIMATELY CENTERS ON ITS ATTAINMENT WITHIN THIS PERSPECTIVE VARIOUS ASPECTS OF CONSCIOUSNESS INCLUDING PERCEPTION ORGANIC SENSATION DESIRE AND BELIEF ARE EXPLORED THERE IS ALSO EXTENSIVE DISCUSSION OF PERSONAL IDENTITY OR THE EXPERIENCE OF BEING A SELF FINALLY THE ABOVE ANALYSES PROVIDE THE GROUND FOR DISCUSSIONS OF FREEDOM MORALITY AND BEING RELIGIOUS THIS BOOK IS A STEP BY STEP EXCURSION INTO THE UNFOLDING OF CONSCIOUSNESS IT MERGES SCIENCE AND SPIRITUALITY IN SIMPLE CHRISTIAN TERMS TO ATTUNE THE READER TO BODY MIND AND SPIRIT THE BOOK BEGINS WITH THE KNOWLEDGE OF OUR ONENESS WITH A GOD THAT IS EVERYWHERE IN PURECONSCIOUSNESS AND THEN IT LEADS ONE TO THE ULTIMATE CHRISTIAN GOAL THE BOOK ATTUNES THE READER TO SCIENCE AND SPIRITUALITY BECAUSE THEY ARE NOT DIVORCED BUT COMPLIMENT EACH OTHER SCIENTIST AND PROPHETS THROUGH OUT ALL THE AGES OF CIVILIZATION HAVE RECOGNIZED THE IMMENSE POWER THAT GOVERNS AND CONTROLS THE UNIVERSE WHAT MAKES A MORAL PERSON MORAL WHO DECIDES WHAT MORALITY MEANS WHAT MAKES LEADERSHIP PRACTICE MORAL IN TODAY S SCHOOLS WHAT STANDS AS MORAL LEADERSHIP THESE ARE QUESTIONS THAT REFLECT THE COMPLEXITY INTEGRAL TO THE CALCULUS OF HUMAN MORALITY ESPECIALLY IN A WORLD THAT IS DEFINED DAILY BY ITS VARIANT MEANINGS OF MORALITY ITS ACTS OF IMMORALITY THE SCHOOL AS AN EDUCATIONAL SETTING IS OR SHOULD BE A DECIDEDLY MORAL CENTER OF THE SOCIETY IT IS THE NATURAL INTERSECT BETWEEN THE FAMILY AND THE MULTI DIMENSIONAL NATURE OF PUBLIC LIFE EDUCATIONAL LEADERSHIP AND MORAL LITERACY ADDRESSES THESE QUESTIONS SITUATING THE READER IN A CONVERSATION THAT EXAMINES THE MEANING AND NATURE OF MORAL LEADERSHIP THROUGH THE LENS OF MORAL LITERACY AND THE DISPOSITIONAL AIMS OF MORAL LEADERSHIP IN EDUCATIONAL SETTINGS THE CONTRIBUTING AUTHORS EXTEND AN ARGUMENT THAT THE WORK OF LEADER EDUCATORS AND PRACTITIONERS ALIKE MUST CONTINUOUSLY BE RE ARTICULATED AROUND THE DISPOSITIONAL AIMS ALIGNED WITH A MORAL DEMOCRATIC EDUCATION EDUCATORS MUST BE CONCERNED WITH DEVELOPING THE MORAL INTELLECTUAL AND AESTHETIC DIMENSIONS OF THE EDUCATIONAL LEADER AS A MORAL PERSON EMBRACING THE AGE OF DIGITAL GRIMOIRES ALT WITCHERY A DIY GUIDE TO BUILDING YOUR BOOK OF SHADOWS IN A TECH SAVVY WORLD EMPOWERS YOU TO CRAFT A MODERN MAGICAL PRACTICE THIS COMPREHENSIVE GUIDE EXPLORES THE CORE PRINCIPLES OF WITCHCRAFT HELPING YOU TRANSLATE ANCIENT TRADITIONS INTO A DIGITAL FORMAT THAT INTEGRATES SEAMLESSLY WITH YOUR LIFE FORGET BULKY TOMES DISCOVER HOW TO LEVERAGE THE POWER OF TECHNOLOGY TO DESIGN A DYNAMIC AND PERSONALIZED BOOK OF SHADOWS LEARN HOW TO WEAVE SPELLS CRAFT RITUALS AND CURATE YOUR MAGICAL TOOLKIT USING APPS ONLINE RESOURCES AND DIGITAL TOOLS PACKED WITH PRACTICAL EXERCISES PROMPTS AND INSPIRATION ALT WITCHERY WILL EQUIP YOU TO BUILD A DIGITAL BOOK OF SHADOWS THAT REFLECTS YOUR UNIQUE MAGICAL PATH UTILIZE DIGITAL TOOLS FOR SPELLCASTING SIGIL CREATION AND MOON PHASE TRACKING DISCOVER ONLINE RESOURCES FOR DEEPENING YOUR KNOWLEDGE OF HERBS CRYSTALS AND MAGICAL LORE CONNECT WITH A VIBRANT ONLINE WITCHCRAFT COMMUNITY FOR SUPPORT AND INSPIRATION WHETHER YOU RE A TECH SAVVY WITCH SEEKING TO MODERNIZE YOUR PRACTICE OR A CURIOUS NEWCOMER DRAWN TO THE ALLURE OF MAGIC ALT WITCHERY A DIY GUIDE TO BUILDING YOUR BOOK OF SHADOWS IN A TECH SAVVY WORLD IS YOUR ESSENTIAL GUIDE TO CREATING A POWERFUL AND PRACTICAL MAGICAL TOOLKIT FOR THE DIGITAL AGE WHAT IS CONSCIOUSNESS WHAT IS LIFE WHAT IS THE UNIVERSE THIS BOOK EXPLORES THESE THREE INTERCONNECTED QUESTIONS PROVIDING DEEP INSIGHTS INTO THE PAST PRESENT AND FUTURE OF CONSCIOUSNESS RESEARCH CONSCIOUSNESS LIFE AND THE UNIVERSE BUILDS A UNIFIED VIEW OF CONSCIOUSNESS ACROSS BIOLOGICAL CHEMICAL AND PHYSICAL SCALES TRACING THE NATURAL CONNECTIONS FROM THE INFINITESIMALLY SMALL TO THE INFINITELY BIG FROM QUANTUM FIELDS AND ELEMENTARY PARTICLES TO MOLECULES CELLS AND LIVING ORGANISMS TO THE COSMOS FROM THE EVOLUTION OF LIFE TO THE EVOLUTION OF THE UNIVERSE AND TO THE FUTURE OF HUMANITY THE BOOK PROVIDES A UNIFIED FRAMEWORK FOR FUTURE CONSCIOUSNESS STUDIES AND IDENTIFIES THE SCIENTIFIC AND TECHNOLOGICAL APPROACHES THAT ARE ESSENTIAL FOR FURTHER UNDERSTANDING CONSCIOUSNESS THROUGH THIS PIONEERING RESEARCH APPROACH THE BOOK CLEARLY REDEFINES CONSCIOUSNESS AND LIFE AND CONCEIVES A PLAUSIBLE VIEW OF THE ORIGIN AND NATURE OF THE UNIVERSE THIS IS A MUST READ FOR STUDENTS AND RESEARCHERS IN CONSCIOUSNESS STUDIES COGNITIVE PSYCHOLOGY COGNITIVE SCIENCE AND NEUROSCIENCE AS WELL AS ANYONE INTERESTED IN THE BIOLOGICAL AND PHYSICAL BASIS OF CONSCIOUSNESS AND THE HISTORY AND EVOLUTION OF CONSCIOUSNESS RESEARCH AS MODERN TECHNOLOGIES CONTINUE TO DEVELOP AND EVOLVE THE ABILITY OF USERS TO INTERFACE WITH NEW SYSTEMS BECOMES A PARAMOUNT CONCERN RESEARCH INTO NEW WAYS FOR HUMANS TO MAKE USE OF ADVANCED COMPUTERS AND OTHER SUCH TECHNOLOGIES IS NECESSARY TO FULLY REALIZE THE POTENTIAL OF 21ST CENTURY TOOLS HUMAN COMPUTER INTERACTION CONCEPTS METHODOLOGIES TOOLS AND APPLICATIONS GATHERS RESEARCH ON USER INTERFACES FOR ADVANCED TECHNOLOGIES AND HOW THESE INTERFACES CAN FACILITATE NEW DEVELOPMENTS IN THE FIELDS OF ROBOTICS ASSISTIVE TECHNOLOGIES AND COMPUTATIONAL INTELLIGENCE THIS FOUR VOLUME REFERENCE CONTAINS CUTTING EDGE RESEARCH FOR COMPUTER SCIENTISTS FACULTY AND STUDENTS OF ROBOTICS DIGITAL SCIENCE AND NETWORKED COMMUNICATIONS AND CLINICIANS INVESTED IN ASSISTIVE TECHNOLOGIES THIS SEMINAL REFERENCE WORK INCLUDES CHAPTERS ON TOPICS PERTAINING TO SYSTEM USABILITY INTERACTIVE DESIGN MOBILE INTERFACES VIRTUAL WORLDS AND MORE THIS BOOK PROVIDES A FRAMEWORK GROUNDED IN THE INTERNATIONAL COACH FEDERATION S EIGHT CORE COMPETENCIES FOR UNDERSTANDING THE COACHING RELATIONSHIP AND HOW IT BENEFITS THE CLIENT IT HELPS THE READER TO UNDERSTAND THE WIDE VARIETY OF APPLICATIONS OF PERSONAL COACHING AND EXPLAINS THE CHANGE AND COACHING MODELS THAT HAVE EVOLVED OVER DECADES PUBLISHER DESCRIPTION FRAMING CONSCIOUSNESS IN ART EXAMINES HOW THE CONSCIOUS MIND ENACTS AND PROCESSES THE FRAME THAT BOTH SURROUNDS THE WORK OF ART YET IS ALSO SHOWN AS AN ELEMENT INSIDE ITS SPACE THESE FRAMES IN FRAMES MAY BE SEEN IN WORKS BY TENIERS VEL[?] ZQUEZ VERMEER DEGAS RODIN AND CARTIER BRESSON AND IN THE FILMS OF ALFRED HITCHCOCK AND BU[?] UEL THE BOOK ALSO DEALS WITH FRAMING IN A VARIETY OF CULTURAL CONTEXTS INDIAN CHINESE AND AFRICAN GOING BEYOND EURO AMERICAN FORMALIST AND AESTHETIC CONCERNS WHICH DOMINATE CRITICAL THEORIES OF THE FRAME THE BOOK CONSISTS OF RESEARCH CONTRIBUTIONS DEALING WITH THE CRUCIAL NOTION OF SITUATIONAL AWARENESS WITHIN ASSISTIVE SMART SYSTEMS EMERGING AS AN OVERARCHING CONCEPT AN APPLIED COMPUTER SCIENCE CHARACTER HAS BEEN RETAINED WHILST BRINGING TO THE FORE RESEARCH PROJECTS WHERE FORMAL KNOWLEDGE REPRESENTATION AND REASONING TECHNIQUES HAVE BEEN DEMONSTRATED TO BE APPLICABLE TO AREAS WITHIN THE BROADER FIELD OF AMBIENT INTELLIGENCE AND SMART ENVIRONMENTS PIOS PRESS IS AN INTERNATIONAL SCIENCE TECHNICAL AND MEDICAL PUBLISHER OF HIGH QUALITY BOOKS FOR ACADEMICS

SCIENTISTS AND PROFESSIONALS IN ALL FIELDS PSOME OF THE AREAS WE PUBLISH OUR SPIRITUAL DESTINY MANIFESTING NEW BODIES DISCUSSES THE WAYS THAT EVOLUTIONARY FORCES ARE CONTINUING TO UNFOLD THROUGH ALL GRADATIONS OF LIFE IT EXPLAINS THE PURPOSE OF HUMAN LIFE AS THE EXPANSION OF CONSCIOUSNESS IN MATTER THROUGH ONGOING BODY DEVELOPMENT WE HAVE THE CHOICE TO FULFILL THIS PURPOSE CONSCIOUSLY AT AN ACCELERATED PACE BY CHANGING AND RAISING THE MATTER OF OUR BODIES TO A LEVEL OF OUR DIVINE ESSENCE UTILIZING THE CAPACITIES OF OUR HIGHER SELVES WITHIN AN INITIATORY FRAMEWORK OF GROWTH AND TRANSMUTATION WE CAN ACTIVELY PARTICIPATE IN OUR BODY DEVELOPMENT THEREBY HELPING TO EXPEDITE THE MANIFESTATION OF NEW BODIES THE FOLLOWING ARE PASSAGES FROM VARIOUS CHAPTERS IN THE BOOK FROM ALIGNMENT CLARIFICATION MANY OF THE ANCIENT WISDOM TRADITIONS SACRED RELIGIOUS TEXTS AND MODERN DAY WRITERS HAVE ALL ALLUDED TO SOME FORM OF PHYSICAL TRANSCENDENCE LIFE EXTENSION OR THE RAISING AND REFINEMENT OF THE PHYSICAL BODY FROM THE PAST EACH CULTURE RELIGION OR ENTITY HAS ITS OWN INTERPRETATION AND LANGUAGE OF WHAT THE STORIES MEAN OR SYMBOLIZE AND HOW THEY APPLY TO THE PRESENT DAY I BELIEVE THAT MANY OF THESE REFERENCES RELATE TO PHYSICAL ASCENSION PHYSICAL BODY PERFECTION OR PHYSICAL IMMORTALITY ALL INCLUDE THE SAME PREMISE THAT OUR BODIES ARE OF A NATURE AND ESSENCE WHICH ENABLE THEIR TRANSFORMATION FROM OUR JOURNEY INTO MATTER I HAVE COME TO SEE ALL OF CREATION AS A WORK IN PROGRESS GRADUALLY WORKING ITS WAY TOWARDS FULFILLMENT THROUGH EVOLUTIONARY FORCES MATTER IS CONTINUALLY BEING PREPARED TO EXPRESS EVER HIGHER ASPECTS OF CONSCIOUSNESS IN OUR PHYSICAL LIFE IT MAY NOT ALWAYS SEEM LIKE IT BUT I ALSO BELIEVE WE ARE IMPORTANT AGENTS OF CHANGE FOR THE EXPANSION OF CONSCIOUSNESS IN THE WORLD OUR IMMORTAL HUMAN SPIRIT REPEATEDLY REINCARNATES WITHIN HUMANITY WITH INCREASING EXPERIENCE TO HELP UNFOLD AND EXPAND A HIGHER PLAN FOR MATTER HOWEVER OUR MAIN PROBLEM WITH THIS TASK IS THAT BY TAKING PHYSICAL FORM IN MATTER BODIES WE CANNOT REMEMBER OUR DIVINE ORIGINS IN THE INNER UNSEEN REALMS FROM REMEMBERING SOME RELIGIOUS SCHOLARS SUGGEST THAT THE ESSENCE OF ALL SACRED MATERIAL IS SOMEHOW BURIED DEEP WITHIN OUR BEING IF THIS IS TRUE THEN HELPING US REMEMBER MUST BE THE INTENT AND PURPOSE OF ALL DIVINELY INSPIRED SACRED BOOKS SPIRITUAL LITERATURE AND CULTURAL MYTHS IN THE WORLD SOMEWHERE IN OUR BEING OR HIGHER SELF WE ALREADY KNOW THE PURPOSE OF PHYSICAL LIFE IN MATTER AS EVOLUTION PROGRESSES AND OUR CONSCIOUSNESS EXPANDS THROUGH TIME WE ARE INCREMENTALLY WORKING TOWARDS REMEMBERING THIS PURPOSE FROM SPIRITUAL ORIENTATION AND ALIGNMENT FOR MOST OF US THE PHYSICAL DEMANDS OF OUR DAILY LIVES CAPTURE OUR CONSCIOUS ATTENTION AND VITAL ENERGIES THIS HAPPENS GRADUALLY WITHIN OUR RITUALIZED PATTERNS AND DAILY ACTIVITIES THROUGH THIS PHYSICAL FOCUS AND ORIENTATION THE CRYSTALLIZING FORCE IN MATTER CONSTRUCTS BARRIERS WITHIN OUR CONSCIOUSNESS AND BODIES THAT MAINTAIN AND REINFORCE THIS ALIGNMENT BECAUSE OF ITS COMPELLING AND COALESCING NATURE OUR LIFE ENERGIES ARE DRAINED THROUGH ATTACHMENT TO THE FORM AND ROUTINE OF OUR LIVES AS A RESULT WE USUALLY FEEL AND BELIEVE WE HAVE LITTLE LEFT OVER TO DEVOTE TO OUR SPIRITUAL DEVELOPMENT FROM HEALTH AND NEW BODY ALIGNMENT MOST PEOPLE HAVE GROWN UP WITH A BODY CENTERED IDENTITY EVERYTHING ABOUT LIVING IN THE WORLD SEEMS TO CONDITION US TO IDENTIFY WITH THIS ORIENTATION THE REALITIES OF PHYSICAL LIFE THROUGHOUT HISTORY HAVE ENCOURAGED US TO STRENGTHEN BUILD UP OR PERFECT OUR NATURAL BODY IN ONE WAY OR ANOTHER THIS ALIGNMENT HAS ENSURED THE SURVIVAL OF OUR SPECIES EVEN TODAY IN OUR MODERN WORLD WE CONTINUE TO VALUE THE ATTRIBUTES OF PHYSICAL STRENGTH FITNESS AND VITALITY AS THE ULTIMATE EXPERIENCE OF A GOOD LIFE FROM THE STANDPOINT OF OUR PRESENT BODIES AND OUR COLLECTIVE BELIEFS ABOUT THEM THIS ORIENTATION IS HELPFUL AND NECESSARY HOWEVER THIS BOOK BRINGS FORWARD AN EXTRAORDINARY REFRESHING POINT OF VIEW OF THE FIRST TEACHING OF THE REALITY BEYOND DUALITY INTO THE TRINITY OF YOUR TRUE ESSENCE THE DIAMOND GEOMETRY OF LIGHT ACTIVATES THE FULL DNA AND ACCELERATES THE ASCENSION PROCESS THIS BOOK OFFERS SPECIFIC EXERCISES AND PRACTICES THAT HELP YOU USE THESE TOOLS TO BREATHE THE DIAMOND LIGHT BACK INTO YOUR AWARENESS THE FEMALE MERKABA IS AN IMPORTANT COMPONENT TO THE DIAMOND LIGHT IT IS A MESSAGE FOR EVERYONE AND SPECIFICALLY USEFUL FOR THOSE PEOPLE THAT ARE READY TO TAKE THE NEXT STEP IN THEIR OWN PERSONAL EVOLUTION BROADENING YOUR AWARENESS IS THE KEY THIS BOOK DETAILS A MODEL OF CONSCIOUSNESS SUPPORTED BY SCIENTIFIC EXPERIMENTAL DATA FROM THE HUMAN BRAIN IT PRESENTS HOW THE COROLLARY DISCHARGE OF ATTENTION MOVEMENT CODAM NEURAL NETWORK MODEL ALLOWS FOR A SCIENTIFIC UNDERSTANDING OF CONSCIOUSNESS AS WELL AS PROVIDES A SOLUTION TO THE MIND BODY PROBLEM THE BOOK PROVIDES READERS WITH A GENERAL APPROACH TO CONSCIOUSNESS THAT IS POWERFUL ENOUGH TO LEAD TO THE INNER SELF AND ITS RAMIFICATIONS FOR THE VAST RANGE OF HUMAN EXPERIENCES IT ALSO OFFERS AN APPROACH TO THE EVOLUTION OF HUMAN CONSCIOUSNESS AND FEATURES CHAPTERS ON MENTAL DISEASE ESPECIALLY SCHIZOPHRENIA AND ON MEDITATIVE STATES INCLUDING DRUG INDUCED STATES OF MIND SOLVING THE MIND BODY PROBLEM BRIDGES THE GAP THAT EXISTS BETWEEN PHILOSOPHERS OF MIND AND THE NEUROSCIENCE COMMUNITY ALLOWING THE ENORMOUS WEIGHT OF THEORIZING ON THE NATURE OF MIND TO BE BROUGHT TO EARTH AND PUT UNDER THE PROBING GAZE OF THE SCIENTIFIC FACTS OF LIFE AND MIND LOCATION AWARENESS IN THE AGE OF GOOGLE MAPS EXPLORES THE MUNDANE ACT OF NAVIGATING CITIES IN THE AGE OF DIGITAL MAPPING INFRASTRUCTURES NOONE FOLLOWS THE FRICTIONS ROUTING THROUGH GOOGLE MAPS CATEGORISING AND CLASSIFYING OF SPATIAL INFORMATION COMPLICATING THE ASSUMPTION THAT DIGITAL MAPS DISTORT A SENSE OF DIRECTION NOONE ARGUES THAT GOOGLE MAPS LOCATION AWARENESS DOES MORE THAN JUST ORGANISE AND ORIENT A REPRESENTATION OF SPACE IT ALSO ORGANISES AND ORIENTS IMAGINARIES OF PUBLICNESS SELFSUFFICIENCY LEGIBILITY AND ERROR AT THE SAME TIME LOCATION AWARENESS IN THE AGE OF GOOGLE MAPS HELPS TO ANIMATE THE ORDINARY WAYS PEOPLE ARE CHALLENGING AND REFUSING GOOGLE MAPS VISION OF THE WORLD DRAWING ON AN ARTS BASED FIELD STUDY SPANNING THE STREETS OF LONDON NEW YORK LONDON TORONTO AND AMSTERDAM NOONE S ENCOUNTERS OF ASKING FOR DIRECTIONS OPEN UP LINES OF INQUIRY AND SPATIAL SCORES THAT CUT THROUGH GOOGLE S UNIVERSAL MAPPING PROJECT LOCATION AWARENESS IN THE AGE OF GOOGLE MAPS WILL BE ESSENTIAL READING FOR INFORMATION STUDIES AND MEDIA STUDIES SCHOLARS AND STUDENTS WITH AN INTEREST IN EMBODIED INFORMATION PRACTICES CRITICAL INFORMATION STUDIES AND CRITICAL DATA STUDIES THE BOOK WILL ALSO APPEAL TO AN URBAN STUDIES AUDIENCE ENGAGED IN WORK ON THE DIGITAL CITY AND THE DATAFICATION OF URBAN ENVIRONMENTS THIS BOOK IS ABOUT THE NEUROSCIENCE OF YOU AND THE MIND BODY CONNECTION STARTING WITH THE EVOLUTION OF AWARENESS THE BOOK WILL EXPLAIN THE THEORY OF MIND AND HOW IT RELATES TO OUR ABILITY TO RECOGNIZE OURSELVES IN THE MIRROR IN THE SECOND PART THE BOOK WILL DISCUSS THE PHILOSOPHY OF CONSCIOUSNESS AND HOW WE COULD CREATE CONSCIOUSNESS WITH ARTIFICIAL INTELLIGENCE WHO IS THIS FOR WHAT IS IT ABOUT WHAT WILL IT DO FOR ME THIS BOOK IS FOR ANYONE INTERESTED IN THE INNER MECHANISMS THAT MAKE UP YOU YOUR CONSCIOUSNESS YOUR PERCEPTION OF SELF AND YOUR AWARENESS WHILE IT RAISES SIGNIFICANT PHILOSOPHIC AND SCIENTIFIC QUESTIONS IT IS AN INTRODUCTORY BOOK AND CAN BE READ AND UNDERSTOOD BY ANYONE NEW TO THE TOPIC THE BOOK EXPLAINS HOW OUR BRAIN EVOLVED OVER MILLIONS OF YEARS WHAT DAMAGE TO OUR BRAIN CAN DO TO OUR CONSCIOUS EXPERIENCE OF THE WORLD AND HOW WE COULD RECREATE HUMAN CONSCIOUSNESS IN A MECHANICAL SYSTEM FOR YOU THE READER THE BOOK WILL PROVIDE YOU WITH A NEW PERSPECTIVE ON FREE WILL CONSCIOUSNESS AND PHILOSOPHY IMAGINE ONE OF OUR ANCESTORS IN THE DISTANT PAST SITTING NEAR A LAKE LOST IN THOUGHT SHE LOOKS INTO THE WATER AND SEES HER REFLECTION THEN FOR THE FIRST TIME IN THE EVOLUTIONARY HISTORY OF HUMANS THE QUESTION IS ASKED WHAT IS THIS EXPERIENCE I HAVE OF MYSELF UNBEKNOWNST TO HER THAT QUESTION WOULD VEX HUMANITY THROUGH MODERN TIMES TODAY THERE IS AGAIN AN ENTITY LOOKING INTO A PROVERBIAL LAKE AND EXAMINING ITS REFLECTION WHILE ARTIFICIAL INTELLIGENCE IS STILL IN ITS INFANCY IT IS ON THE VERGE OF RECOGNIZING ITSELF AND ASKING THE SAME QUESTION WHO AM I THE CLOSER WE COME TO A MACHINE THAT SEEMS TO BE AS INTELLIGENT AS A HUMAN BEING THE MORE WE START TO WORRY ABOUT OUR OWN SUBJECTIVE EXPERIENCE IF A COMPUTER EVENTUALLY BECOMES INDISTINGUISHABLE FROM US WHAT MAKES HUMANS SPECIAL WHAT IS OUR ROLE IN THE UNIVERSE IF WE ARE SO SIMILAR TO A COMPUTER PROGRAM DOES YOUR BRAIN NEED YOU AT ALL IN THIS BOOK I WILL EXAMINE FROM THE GROUND UP QUESTIONS ABOUT CONSCIOUSNESS MANY STEPS TOWARD THE UNDERSTANDING OF THE SELF WILL TELL YOU NOTHING ABOUT THE SELF UNTIL YOUR RIGHT HEMISPHERE CONNECTS EVERYTHING INTO ONE IDEA AS YOU UNDERSTAND THE CONCEPT SUCH AN INSIGHT IS ALSO CALLED AN EPIPHANY USING A BRAIN SCANNER WE CAN ACTUALLY OBSERVE SOMEONE HAVING AN EPIPHANY WHEN THE BRAIN S RIGHT HEMISPHERE SUDDENLY BUZZES WITH ACTIVITY WHILE THE LEFT HEMISPHERE DEALS WITH CONCRETE ENTITIES THE RIGHT HEMISPHERE HELPS WITH LOOKING FOR ALTERNATIVE MEANINGS FOR EXAMPLE THE LEFT HEMISPHERE MIGHT IDENTIFY A BANK AS A FINANCIAL INSTITUTION WHILE THE RIGHT HEMISPHERE ALSO CONSIDERS IT TO BE THE EDGE OF A RIVER RIVERBANK IN THE OLD INDO ARYAN LANGUAGE SANSKRIT AN EPIPHANY LEADING YOU TO THE ANSWER ABOUT WHO YOU ARE IS CALLED BODHI WHICH LITERALLY MEANS AWAKENING OR ENLIGHTENMENT SIMILARLY THE NAME BUDDHA MEANS THE AWAKENED ONE OR THE ENLIGHTENED ONE A SIMILAR IDEA CAN BE FOUND IN ZEN BUDDHISM AS SATORI WHICH CORRESPONDS TO A VERY SUDDEN INSIGHT THIS BOOK SHOWS SOME OF THE STEPS LEADING TO SATORI COMBINING THE INSIGHTS OF PHILOSOPHERS AND SCIENTISTS INTO A NEW IDEA OF WHAT THE SELF MEANS WITH THIS KNOWLEDGE WE CAN BETTER

REFLECT ON OUR OWN VALUES AND ACT ACCORDING TO REALITY RATHER THAN JUST BLINDLY FOLLOWING SOMEONE ELSE'S BELIEFS MY GOAL WITH THE BOOK IS TO GIVE YOU AN INTRODUCTION TO NEUROSCIENCE THAT IS NOT SCATTERED INTO DIFFERENT PARTS I AIM TO FOCUS ON HELPING YOU TO ANSWER THE FOLLOWING QUESTIONS WHAT IS THE SELF DOES YOUR BRAIN EVEN NEED A SELF IS THERE A CONSCIOUSNESS BEYOND THE BODY WHAT IS THIS SEEMINGLY MYSTERIOUS SUBJECTIVE EXPERIENCE WE SHARE HOW CAN WE THINK DREAM PLAN FEEL AND MAKE DECISIONS

COACHING PRESENCE

2014-03-03

ONE OF THE HALLMARKS OF MATURITY AS A COACH IS AWARENESS OF HOW YOUR VALUES BELIEFS AND OTHER FACTORS AFFECT YOUR COACHING INTERVENTIONS IT TAKES SKILL TO NOTICE THESE INFLUENCES WHICH CAN MANIFEST BOTH PHYSICALLY AND MENTALLY DURING COACHING WHILE SIMULTANEOUSLY ENSURING A CLIENT FOCUSED APPROACH COACHING PRESENCE EXAMINES HOW SELF AWARENESS CAN BE BUILT ACROSS KEY ASPECTS OF COACHING PRACTICE INTRODUCING A MODEL THAT WILL HELP YOU MAKE A CONSCIOUS AND DELIBERATE CHOICE FOR EVERY APPROACH OR INTERVENTION THAT YOU USE WITH YOUR CLIENT IT EXPLORES HOW BY PAYING CLOSE ATTENTION TO THE MOTIVATIONS BEHIND EVERY COACHING CHOICE YOU CAN MINIMIZE THE UNCONSCIOUS NEGATIVE INFLUENCES AND BIAS TO PRODUCE THE BEST OUTCOME FOR THE CLIENT AND THEIR WIDER SYSTEM IT WILL ALSO HELP YOU RECOGNIZE WHEN CONSCIOUS VISIBILITY EXPRESSED EXPLICITLY TO THE CLIENT MAY ACTUALLY BE THE BEST COACHING SOLUTION AN ONLINE SUPPORTING RESOURCE INCLUDES A LEADER AS MEDIATOR WHITE PAPER

PRESENCE-BASED COACHING

2008-11-17

PRESENCE BASED COACHING OFFERS COACHES A HANDS ON RESOURCE FOR DEVELOPING THE CAPACITIES AND SKILLS NEEDED TO BE RELIABLY PRESENT IN ALL SITUATIONS AND SHOWS HOW TO LET GO OF HABITUAL AND OFTEN INEFFECTIVE WAYS OF RESPONDING AS AUTHOR AND LEADERSHIP EXPERT DOUG SILSBEE EXPLAINS ONCE A COACH HAS MASTERED THE INNER MOVES OF DIRECTING THEIR OWN ATTENTION THEY CAN WORK TO DEVELOP THE SAME CAPABILITY IN THEIR CLIENTS THE ABILITY OF A COACH TO FACILITATE LASTING SUSTAINABLE DEVELOPMENT IN LEADERS RESTS ON THE PRESENCE A COACH OFFERS TO THE COACH CLIENT RELATIONSHIP

PRESENCE

2011

ALL THAT IS KNOWN IS EXPERIENCING AND EXPERIENCING IS NOT DIVIDED INTO ONE PART AN INSIDE SELF THAT EXPERIENCES AND ANOTHER PART AN OUTSIDE OBJECT OTHER OR WORLD THAT IS EXPERIENCED EXPERIENCING IS SEAMLESS AND INTIMATE MADE OF KNOWING OR AWARENESS ALONE THIS INTIMACY IN WHICH THERE IS NO ROOM FOR SELVES OBJECTS OR OTHERS IS LOVE ITSELF IT LIES AT ITS HEART OF ALL EXPERIENCE COMPLETELY AVAILABLE UNDER ALL CIRCUMSTANCES RUPERT SPIRA PRESENCE IS ONE OF THE MOST EXCITING AND ILLUMINATING BOOKS ON NON DUALITY I HAVE ENCOUNTERED AND ITS PRECISION ARTICULATENESS IN NAMING THE NAMELESS UNPARALLELED DEPTH AND ABILITY TO INSPIRE WERE CONSTANTLY APPRECIATED THIS BOOK SUCCEEDS IN TAKING THE READER BEYOND CONCEPTS AND INTO THE EXPERIENTIAL LEVEL THE IRONY IS THAT THIS WORK WHICH IS SO ADVANCED AND SOPHISTICATED IN ITS USE OF LANGUAGE THOUGHT AND CONCEPTUALIZATION IS INEXORABLY DIRECTED TOWARDS PURE EXPERIENCING IT IS A BRILLIANT AND LUCID WORK CARRYING GREAT STRENGTH AND AUTHORITY SUGGESTING IT IS AN INDISPUTABLE SOURCE OF TRUTH VICTORIA RITCHIE FORMER MANAGER OF WATKINS BOOKSHOP AND EDITOR FOR ECKHART TOLLE

PRESENCE

2003

PRACTICING THE PRESENCE IS THE CELEBRATED GUIDE TO THE AWARENESS OF THE DIVINE AND TRANSCENDENTAL IN OUR DAILY LIVES THIS MODERN SPIRITUAL CLASSIC IS ONE OF THE THREE BOOKS JOEL GOLDSMITH FELT CONTAINED THE ESSENCE OF ALL HIS TEACHINGS CONSIDERED AS ONE OF THE BEST INTRODUCTORY BOOKS TO THE MESSAGE OF THE INFINITE WAY THIS BOOK ALLOWS THE STUDENT TO GENTLY WORK WITH GOLDSMITH IN THE REALIZATION OF HIS OR HER TRUE IDENTITY QUIET GUIDED MEDITATIONS ARE ACCOMPANIED BY THE PROFOUND LIGHT AND DEPTH SO ASSOCIATED WITH HIS TEACHING THE STUDENT IS THEN GRADUALLY LIFTED INTO THAT WONDERFUL STATE OF CONSCIOUSNESS THAT IS BEYOND WORDS AND THOUGHTS THE MESSAGE OF THIS BOOK IS NOT A PERSONAL MESSAGE IT IS AN AGE OLD WISDOM THAT MAN SHALL NOT LIVE BY BREAD ALONE BUT BY EVERY WORD REMEMBERED IN CONSCIOUSNESS BY EVERY WORD AND THOUGHT OF GOD HELD WITHIN US BY THIS WE LIVE WHEN WE TRY TO LIVE WITHOUT GOD WE ARE LIVING ONLY WITH THE HUMAN WEAPONS OF THIS WORLD WHEN HOWEVER WE TAKE THIS GREAT TRUTH INTO OUR CONSCIOUSNESS AND LET IT ABIDE IN USE THEN WE ARE CLAD IN SPIRITUAL ARMOR AND THE ONLY SWORD WE NEED IS THE SWORD OF THE SPIRIT AND WHAT IS THE SWORD OF THE SPIRIT EXCEPT EVERY WORD THAT PROCEEDETH OUT OF THE MOUTH OF GOD

PRACTICING THE PRESENCE

2003

THIS GROUND BREAKING NEW BOOK FROM NEW YORK TIMES BESTSELLING AUTHOR DANIEL J SIEGEL M D INTRODUCES READERS TO HIS PIONEERING SCIENCE BASED MEDITATION PRACTICE AWARE PROVIDES PRACTICAL INSTRUCTION FOR MASTERING THE WHEEL OF AWARENESS A LIFE CHANGING TOOL FOR CULTIVATING MORE FOCUS PRESENCE AND PEACE IN ONE S DAY TO DAY LIFE AN IN DEPTH LOOK AT THE SCIENCE THAT UNDERLIES MEDITATION S EFFECTIVENESS THIS BOOK TEACHES READERS HOW TO HARNESS THE POWER OF THE PRINCIPLE WHERE ATTENTION GOES NEURAL FIRING FLOWS AND NEURAL CONNECTION GROWS SIEGEL REVEALS HOW DEVELOPING A WHEEL OF AWARENESS PRACTICE TO FOCUS ATTENTION OPEN AWARENESS AND CULTIVATE KIND INTENTION CAN LITERALLY HELP YOU GROW A HEALTHIER BRAIN AND REDUCE FEAR ANXIETY AND STRESS IN YOUR LIFE WHETHER YOU HAVE NO EXPERIENCE WITH A REFLECTIVE PRACTICE OR ARE AN EXPERIENCED PRACTITIONER AWARE IS A HANDS ON GUIDE THAT WILL ENABLE YOU TO BECOME MORE FOCUSSED AND PRESENT AS WELL AS MORE ENERGISED AND EMOTIONALLY RESILIENT IN THE FACE OF STRESS AND THE EVERYDAY CHALLENGES LIFE THROWS YOUR WAY

AWARE

2018-09-03

THE QUESTION OF CONSCIOUSNESS IS PERHAPS THE MOST SIGNIFICANT PROBLEM STILL UNSOLVED BY SCIENCE IN INNER PRESENCE ANTTI REVONSUO PROPOSES A NOVEL APPROACH TO THE STUDY OF CONSCIOUSNESS THAT INTEGRATES FINDINGS FROM PHILOSOPHY PSYCHOLOGY AND COGNITIVE NEUROSCIENCE INTO A COHERENT THEORETICAL FRAMEWORK ARGUING THAT ANY FRUITFUL SCIENTIFIC APPROACH TO THE PROBLEM MUST CONSIDER BOTH THE SUBJECTIVE PSYCHOLOGICAL REALITY OF CONSCIOUSNESS AND THE OBJECTIVE NEUROBIOLOGICAL REALITY REVONSUO PROPOSES THAT THE BEST STRATEGY FOR DISCOVERING THE CONNECTION BETWEEN THESE TWO REALITIES IS ONE OF BIOLOGICAL REALISM USING TOOLS OF THE EMPIRICAL BIOLOGICAL SCIENCES THIS APPROACH WHICH HE CALLS THE BIOLOGICAL RESEARCH PROGRAM PROVIDES A THEORETICAL AND PHILOSOPHICAL FOUNDATION THAT CONTEMPORARY STUDY OF CONSCIOUSNESS LACKS REVONSUO COINS THE TERM WORLD SIMULATION

2023-07-14

6/13

TIMEX EXPEDITION DIGITAL COMPASS
INSTRUCTIONS

METAPHOR AND USES THIS METAPHOR TO DEVELOP A POWERFUL WAY OF THINKING ABOUT CONSCIOUSNESS AS A BIOLOGICAL SYSTEM IN THE BRAIN THIS LEADS HIM TO PROPOSE THAT THE DREAMING BRAIN AND VISUAL CONSCIOUSNESS ARE IDEAL MODEL SYSTEMS FOR EMPIRICAL CONSCIOUSNESS RESEARCH HE OFFERS A COMPREHENSIVE OVERVIEW AND CRITICAL ANALYSIS OF CONSCIOUSNESS RESEARCH AND DEFENDS HIS APPROACH AGAINST CURRENTLY POPULAR PHILOSOPHICAL VIEWS IN PARTICULAR AGAINST APPROACHES THAT DENY OR EXTERNALIZE PHENOMENAL CONSCIOUSNESS OR CLAIM THAT BRAIN ACTIVITY IS NOT SUFFICIENT FOR CONSCIOUSNESS HE SYSTEMATICALLY EXAMINES THE PRINCIPAL ISSUES IN THE SCIENCE OF CONSCIOUSNESS THE CONTENTS OF CONSCIOUSNESS THE UNITY OF CONSCIOUSNESS AND THE BINDING PROBLEM THE EXPLANATORY GAP AND THE NEURAL CORRELATES OF CONSCIOUSNESS AND THE CAUSAL POWERS AND FUNCTION OF CONSCIOUSNESS REVONSUO DRAWS TOGETHER EMPIRICAL DATA FROM A WIDE VARIETY OF SOURCES INCLUDING DREAM RESEARCH BRAIN IMAGING NEUROPSYCHOLOGY AND EVOLUTIONARY PSYCHOLOGY INTO THE THEORETICAL FRAMEWORK OF THE BIOLOGICAL RESEARCH PROGRAM THUS POINTING THE WAY TOWARD A UNIFIED BIOLOGICAL SCIENCE OF CONSCIOUSNESS APPLYING IMAGINATIVE THOUGHT EXPERIMENTS INNER PRESENCE REACHES BEYOND THE CURRENT STATE OF THE ART REVEALING HOW THE PROBLEM OF CONSCIOUSNESS MAY EVENTUALLY BE SOLVED BY FUTURE SCIENCE

PRESENCE OF MIND

1885

ALL THAT IS KNOWN IS EXPERIENCING AND EXPERIENCING IS NOT DIVIDED INTO ONE PART AN INSIDE SELF THAT EXPERIENCES AND ANOTHER PART AN OUTSIDE OBJECT OTHER OR WORLD THAT IS EXPERIENCED EXPERIENCING IS SEAMLESS AND INTIMATE MADE OF KNOWING OR AWARENESS ALONE THIS INTIMACY IN WHICH THERE IS NO ROOM FOR SELVES OBJECTS OR OTHERS IS LOVE ITSELF IT LIES AT THE HEART OF ALL EXPERIENCE COMPLETELY AVAILABLE UNDER ALL CIRCUMSTANCES

INNER PRESENCE

2006

CHOICE OUTSTANDING ACADEMIC TITLE FOR 2020 MORE AND MORE PEOPLE ARE NOTICING LINKS BETWEEN URBAN GEOGRAPHY AND THE SPACES WITHIN THE LAYOUT OF PANELS ON THE COMICS PAGE BENJAMIN FRASER EXPLORES THE REPRESENTATION OF THE CITY IN A RANGE OF COMICS FROM ACROSS THE GLOBE COMICS ADDRESS THE CITY AS AN IDEA A HISTORICAL FACT A SOCIAL CONSTRUCTION A MATERIAL BUILT ENVIRONMENT A SHARED SPACE FORGED FROM THE COLLECTIVE IMAGINATION OR AS A SOCIAL ARENA NAVIGATED ACCORDING TO PERSONAL DESIRE ACCORDINGLY FRASER BRINGS INSIGHTS FROM URBAN THEORY TO BEAR ON SPECIFIC COMICS THE WORKS SELECTED COMPRISE A VARIETY OF INTERNATIONAL ALTERNATIVE AND INDEPENDENT SMALL PRESS COMICS ARTISTS FROM ENGRAVINGS AND EARLY COMICS TO SINGLE PANEL WORK GRAPHIC NOVELS MANGA AND TRADING CARDS BY ARTISTS SUCH AS WILL EISNER TSUTOMU NIHEI HARITON PUSHWAGNER JULIE DOUCET FRANS MASEREEL AND CHRIS WARE IN THE FIRST MONOGRAPH ON THIS SUBJECT FRASER TOUCHES ON MANY THEMES OF MODERN URBAN LIFE ACTIVISM ALIENATION CONSUMERISM FLORIAN GENTRIFICATION THE MYSTERY STORY SCIENCE FICTION SEXUAL ORIENTATION AND WORKING CLASS LABOR HE LEADS READERS TO IMAGES OF SUCH CITIES AS BARCELONA BUENOS AIRES LONDON LYON MADRID MONTEVIDEO MONTREAL NEW YORK OSLO PARIS SINGAPORE AND TOKYO THROUGH CLOSE READINGS EACH CHAPTER INTRODUCES READERS TO SPECIFIC COMICS ARTISTS AND WORKS AND INVESTIGATES A RANGE OF TOPICS RELATED TO THE MEDIUM'S SPATIAL FORM STYLISTIC VARIATION AND CULTURAL PROMINENCE MAINLY FRASER MIXES INTEREST IN URBANISM AND ARCHITECTURE WITH THE CREATIVE STRATEGIES THAT COMICS ARTISTS EMPLOY TO BRING THEIR URBAN IMAGES TO LIFE

PRESENCE, VOLUME II

2016

SCIENTISTS CLINICIANS AND MINDFULNESS TEACHERS DISCUSS TRAINING THE MIND TO BRING MORE HEALTH AND RESILIENCY TO OUR LIVES IN THIS BOOK DANIEL J SIEGEL AND MARION F SOLOMON HAVE GATHERED LEADING WRITERS TO DISCUSS SUCH TOPICS AS ATTENTION RESILIENCE AND MINDFULNESS NEUROPLASTICITY HOW THE BRAIN CHANGES ITS FUNCTION AND STRUCTURE IN RESPONSE TO EXPERIENCE LOVING AWARENESS AS THE FOUNDATION FOR MINDFUL LIVING HOW MINDFULNESS TRAINING CAN HELP BUILD EMPATHY AND COMPASSION IN CLINICIANS SELF COMPASSION ADDICTIONS USING BREATH PRACTICE TO CULTIVATE WELL BEING TOOLS FOR CLIENTS WHO FEEL DISCONNECTED THERAPEUTIC PRESENCE HOW WE SHOW UP FOR OUR CLIENTS HOW WE EMBODY BEING AWARE AND RECEPTIVE THE LATEST ENTRY IN THE ACCLAIMED NORTON SERIES ON INTERPERSONAL NEUROBIOLOGY THIS BOOK BRINGS FRESH VOICES TO THE ALL IMPORTANT TOPICS OF MEDITATION MENTAL TRAINING AND CONSCIOUSNESS MIND CONSCIOUSNESS AND WELL BEING OFFERS A UNIQUE WINDOW INTO THE SCIENCE AND ART OF TAKING OUR UNDERSTANDING OF THE MIND AND CONSCIOUSNESS AND APPLYING IT TO CULTIVATING WELL BEING IN OUR PERSONAL LIVES AND OUR PROFESSIONAL WORK CONTRIBUTORS INCLUDE PAT OGDEN SHAUNA SHAPIRO BONNIE GOLDSTEIN TRUDY GOODMAN KORNFIELD JACK KORNFIELD KRISTIN NEFF JUDSON BREWER GARY SMALL AMISHI JHA AND MORE

RECLAIMING VITALITY AND PRESENCE

2007

REV ED OF DREAMS AND THE GROWTH OF PERSONALITY 2ND ED C 1985

VISIBLE CITIES, GLOBAL COMICS

2019-09-25

CONSCIOUSNESS MATTERING PRESENTS A CONTEMPORARY BUDDHIST THEORY IN WHICH BRAINS BODIES ENVIRONMENTS AND CULTURES ARE RELATIONAL INFRASTRUCTURES FOR HUMAN CONSCIOUSNESS DRAWING ON INSIGHTS FROM MEDITATION NEUROSCIENCE PHYSICS AND EVOLUTIONARY THEORY IT DEMONSTRATES THAT HUMAN CONSCIOUSNESS IS NOT SOMETHING THAT OCCURS ONLY IN OUR HEADS AND CONSISTS IN THE CREATIVE ELABORATION OF RELATIONS AMONG SENSED AND SENSING PRESENCES AND MORE FUNDAMENTALLY BETWEEN MATTER AND WHAT MATTERS HERSHOCK ARGUES THAT WITHOUT CONSCIOUSNESS THERE WOULD ONLY BE EITHER UNORDERED SAMENESS OR NOTHING AT ALL EVOLUTION IS CONSCIOUSNESS MATTERING SHEDDING NEW LIGHT ON THE CO EMERGENCE OF SUBJECTIVE AWARENESS AND CULTURE THE POSSIBILITY OF MACHINE CONSCIOUSNESS THE RISKS OF ALGORITHMIC CONSCIOUSNESS HACKING AND THE POTENTIALS OF INTENTIONALLY ALTERED STATES OF CONSCIOUSNESS HERSHOCK INVITES US TO CONSIDER HOW FREELY WISELY AND COMPASSIONATELY CONSCIOUSNESS MATTERS

MIND, CONSCIOUSNESS, AND WELL-BEING (NORTON SERIES ON INTERPERSONAL NEUROBIOLOGY)

2020-09-29

2023-07-14

7/13

MODERN MEDICINE ENABLES US TO KEEP MANY PEOPLE ALIVE AFTER THEY HAVE SUFFERED SEVERE BRAIN DAMAGE AND SHOW NO RELIABLE OUTWARD SIGNS OF CONSCIOUSNESS MANY SUCH PATIENTS ARE MISDIAGNOSED AS BEING IN A PERMANENT VEGETATIVE STATE WHEN THEY ARE ACTUALLY IN A MINIMALLY CONSCIOUS STATE THIS MISTAKE HAS FAR REACHING IMPLICATIONS FOR TREATMENT AND PROGNOSIS TO ALLEVIATE THIS PROBLEM NEUROSCIENTISTS HAVE RECENTLY DEVELOPED NEW BRAIN SCANNING METHODS TO DETECT CONSCIOUSNESS IN SOME OF THESE PATIENTS AND EVEN TO ASK THEM QUESTIONS INCLUDING DO YOU WANT TO STAY ALIVE FINDING CONSCIOUSNESS THE NEUROSCIENCE ETHICS AND LAW OF SEVERE BRAIN DAMAGE ADDRESSES MANY QUESTIONS REGARDING THESE RECENT NEUROSCIENTIFIC METHODS IS WHAT THESE METHODS DETECT REALLY CONSCIOUSNESS DO PATIENTS FEEL PAIN SHOULD WE DECIDE WHETHER OR NOT TO LET THEM DIE OR ARE THEY COMPETENT TO DECIDE FOR THEMSELVES AND WHICH KINDS OF TREATMENT SHOULD GOVERNMENTS AND HOSPITALS MAKE AVAILABLE THIS EDITED VOLUME PROVIDES CONTEXTUAL INFORMATION SURVEYS THE ISSUES AND POSITIONS AND TAKES CONTROVERSIAL STANDS FROM A WIDE VARIETY OF PROMINENT CONTRIBUTORS IN FIELDS RANGING FROM NEUROSCIENCE AND NEUROLOGY TO LAW AND POLICY TO PHILOSOPHY AND ETHICS FINDING CONSCIOUSNESS SHOULD INTEREST NOT ONLY NEUROSCIENTISTS CLINICIANS AND ETHICISTS BUT ANYONE WHO MIGHT SUFFER BRAIN DAMAGE WHICH INCLUDES US ALL

DREAMS, CONSCIOUSNESS, SPIRIT

2000

THIS VOLUME OF ESSAYS EXAMINES THE PROBLEM OF MIND LOOKING AT HOW THE PROBLEM HAS APPEARED TO NEUROSCIENTISTS IN THE WIDEST SENSE FROM CLASSICAL ANTIQUITY THROUGH TO CONTEMPORARY TIMES BEGINNING WITH A LOOK AT VENTRICULAR NEUROPSYCHOLOGY IN ANTIQUITY THIS BOOK GOES ON TO LOOK AT SPINOZAN IDEAS ON THE LINKS BETWEEN MIND AND BODY THOMAS WILLIS AND THE FOUNDATION OF NEUROLOGY HOOKE S MECHANICAL MODEL OF THE MIND AND JOSEPH PRIESTLEY S APPROACH TO THE MIND BODY PROBLEM THE VOLUME OFFERS A CHAPTER ON THE 19TH CENTURY OTTOMAN PERSPECTIVE ON WESTERN THINKING FURTHER CHAPTERS TRACE THE WORK OF NINETEENTH CENTURY SCHOLARS INCLUDING GEORGE HENRY LEWES HERBERT SPENCER AND EMIL DU BOIS REYMOND THE BOOK COVERS SIGNIFICANT WORK FROM THE TWENTIETH CENTURY INCLUDING AN EXAMINATION OF ALFRED NORTH WHITEHEAD AND THE HISTORY OF CONSCIOUSNESS AND PARTICULAR ATTENTION IS GIVEN TO THE DEVELOPMENT OF QUANTUM CONSCIOUSNESS CHAPTERS ON SLAVERY AND THE SELF AND THE DEVELOPMENT OF AN UNDERSTANDING OF DUALISM BRING THIS EXAMINATION UP TO DATE ON THE LATEST 21ST CENTURY WORK IN THE FIELD AT THE HEART OF THIS BOOK IS THE MATTER OF HOW WE DEFINE THE PROBLEM OF CONSCIOUSNESS ITSELF HAS THERE BEEN ANY PROGRESS IN OUR UNDERSTANDING OF THE WORKING OF MIND AND BRAIN THIS WORK AT THE INTERFACE BETWEEN SCIENCE AND THE HUMANITIES WILL APPEAL TO EXPERTS FROM ACROSS MANY FIELDS WHO WISH TO DEVELOP THEIR UNDERSTANDING OF THE PROBLEM OF CONSCIOUSNESS INCLUDING SCHOLARS OF NEUROSCIENCE BEHAVIOURAL SCIENCE AND THE HISTORY OF SCIENCE

CONSCIOUSNESS MATTERING

2023-12-14

IN A CLEAR LINEAR SEQUENTIAL SYSTEM HIGHLY REGARDED EXECUTIVE COACH SUSAN S FREEMAN LAYS OUT A TRANSFORMATIONAL PATH FOR MAINSTREAM WESTERN BUSINESS LEADERS THROUGH ANCIENT YOGIC WISDOM AND GUIDES LEADERS TO BECOME BETTER VERSIONS OF THEMSELVES SO THAT THEY CAN CREATE POSITIVE CHANGE IN THEIR ORGANIZATIONS DESPITE HAVING A DESIRE TO SUCCEED WE ARE SO ACCUSTOMED TO WORKING HARD TO REACH OUR GOALS AND PRODUCE RESULTS IN THE WORKPLACE THAT MANY OF US SACRIFICE OUR DEEPER HUMANITY IN THE PROCESS THIS TIMELY BOOK IS IDEALLY SUITED FOR THE CURRENT ERA OF ANXIETY AND GLOBAL UPHEAVAL THAT HAS AWAKENED US TO OUR COLLECTIVE DISSATISFACTION WITH THE STATUS QUO THE PHILOSOPHY OF YOGA IS AN ANCIENT TIME TESTED SYSTEM THAT ENABLES US TO SHIFT INTERNALLY SO WE MAY CONTINUE CREATING INNOVATING AND INITIATING DESPITE PRESSURE AND SETBACKS AN EMPOWERING SECRET IS HOW IT ENABLES US TO BE PRESENT CLEAR AND CONNECTED SUSAN UTILIZES MODERN VOCABULARY TO SHARE THESE CONCEPTS AND SIMPLE PROCESSES THAT HAVE BEEN PROVEN EFFECTIVE OVER SEVERAL MILLENNIA THESE YOGIC PRINCIPLES AND PRACTICES WILL TRANSFORM WORKING RELATIONSHIPS FROM CONFLICT CREATING STRESS INDUCING GOAL ORIENTED REACTIVE STRUGGLES INTO HARMONIOUS EFFECTIVE AND RESPONSIVE PARTNERSHIPS THE RESULT WILL BE DEEPER FULFILLMENT AND JOY FROM WORK AND ENABLE PEOPLE TO SEE OPPORTUNITIES THAT WERE PREVIOUSLY HIDDEN ULTIMATELY THEY WILL FEEL MORE CONFIDENT THAT THEY HAVE THE RIGHT MOTIVATIONS AND THEREFORE CAN TRUST THAT THEY ARE DOING THE RIGHT THINGS FOR THE RIGHT REASONS READERS WILL LEARN HOW TO STAY CALM BE RESOURCEFUL AND CONFIDENTLY RESPOND WITH COMPASSION AND EQUANIMITY EVEN UNDER PRESSURE FROM EXTERNAL FORCES BECOME AN INSPIRING EFFECTIVE LEADER AND A MORE JOYFUL HUMAN THROUGH THE TIMELESS PRINCIPLES OF YOGA DISCOVER HOW TO BECOME CONNECTED WITHIN YOURSELF SO THAT YOU CAN ALWAYS BRING YOUR BEST SELF TO YOUR LEADERSHIP AND TRUST IT TOO CREATE AND MAINTAIN A HEALTHY CULTURE THAT VALUES HUMAN RELATIONSHIPS UNDERSTAND THE SIMPLE SEQUENTIAL SYSTEM THAT WILL SHIFT YOUR PERSPECTIVE WHILE DEVELOPING AN INTERNAL COMPASS TO GET YOU WHERE YOU WANT TO GO ADAPT CONFIDENTLY TO STRESSFUL CHANGES AND SETBACKS WHILE GETTING OFF THE REACTIVE HAMSTER WHEEL ONCE AND FOR ALL EMBRACE A COMPLETE INTEGRATIVE FRAMEWORK FOR SELF MANAGEMENT FROM THE INSIDE OUT THERE IS A STRONG POST PANDEMIC SHIFT TO A MORE HUMANISTIC HOLISTIC WORKPLACE WITH A RENEWED EMPHASIS ON PEOPLE AS MUCH AS PROFITS THIS BOOK IS UNIQUELY POSITIONED TO MAKE THIS SHIFT A REALITY

PLATONIC JUNG AND THE NATURE OF SELF

2017-04-17

CONTEXT AWARENESS IS ONE OF THE DRIVERS OF THE UBIQUITOUS COMPUTING PARADIGM WELL DESIGNED CONTEXT MODELING AND CONTEXT RETRIEVAL APPROACHES ARE KEY PREQUISITES IN ANY CONTEXT AWARE SYSTEM LOCATION IS ONE OF THE PRIMARY ASPECTS OF ALL MAJOR CONTEXT MODELS TOGETHER WITH TIME IDENTITY AND ACTIVITY FROM THE TECHNICAL SIDE SENSING FUSING AND DISTRIBUTING LOCATION AND OTHER CONTEXT INFORMATION IS AS IMPORTANT AS PROVIDING CONTEXT AWARENESS TO APPLICATIONS AND SERVICES IN PERVASIVE SYSTEMS THEMATERIALSUMMARIZEDINTHISVOLUMEWASSELECTEDFORTHE1STINTERNATIONAL WORKSHOP ON LOCATION AND CONTEXT AWARENESS LOCA 2005 HELD IN COOPERATION WITH THE 3RD INTERNATIONAL CONFERENCE ON PERVASIVE COMPUTING 2005 THE WORKSHOP WAS ORGANIZED BY THE INSTITUTE OF COMMUNICATIONS AND NAVIGATION OF THE GERMAN AEROSPACE CENTER DLR IN OBERPFA ENHOFEN AND THE MOBILE AND DISTRIBUTED SYSTEMS GROUP OF THE UNIVERSITY OF MUNICH DURING THE WORKSHOP NOVEL POSITIONING ALGORITHMS AND LOCATION SENSING TECHNIQUES WERE DISCUSSED COMPRISING NOT ONLY ENHANCEMENTS OF SINGULAR SYSTEMS LIKE POSITIONING IN GSM OR WLAN BUT ALSO HYBRID TECHNOLOGIES SUCH AS THE INTEGRATION OF GLOBAL SATELLITE SYSTEMS WITH INERTIAL POSITIONING FURTHERMORE PROVEMENTS IN SENSOR TECHNOLOGY AS WELL AS THE INTEGRATION AND FUSION OF SENSORS WERE ADDRESSED BOTH ON A THEORETICAL AND ON AN IMPLEMENTATION LEVEL PERSONAL AND CONFIDENTIAL DATA SUCH AS LOCATION DATA OF USERS HAVE FOUND IMPLICATIONS FOR PERSONAL INFORMATION PRIVACY THUS PRIVACY PROTECTION PRIVACY ORIENTED LOCATION AWARE SYSTEMS AND HOW PRIVACY AFFECTS THE FEASIBILITY AND USEFULNESS OF SYSTEMS WERE ALSO ADDRESSED IN THE WORKSHOP

FINDING CONSCIOUSNESS

2016-01-13

CONSCIOUSNESS IS ARGUABLY THE MOST IMPORTANT INTERDISCIPLINARY AREA IN CONTEMPORARY PHILOSOPHY OF MIND WITH AN EXPLOSION OF RESEARCH OVER THE PAST THIRTY YEARS FROM PHILOSOPHERS PSYCHOLOGISTS AND SCIENTISTS IT IS ALSO PERHAPS THE MOST PUZZLING ASPECT OF THE WORLD DESPITE THE FACT THAT IT IS FAMILIAR TO EACH OF US CONSCIOUSNESS ALSO SEEMS RESISTANT TO ANY STRAIGHTFORWARD PHYSICAL EXPLANATION THIS BOOK INTRODUCES READERS TO THE CONTEMPORARY PROBLEM OF CONSCIOUSNESS PROVIDING A CLEAR INTRODUCTION TO THE OVERALL LANDSCAPE AND A FAIR MINDED CRITICAL SURVEY OF VARIOUS THEORIES OF CONSCIOUSNESS BEGINNING WITH ESSENTIAL HISTORICAL BACKGROUND TO THE PROBLEM OF CONSCIOUSNESS ROCCO GENNARO EXPLORES THE FOLLOWING KEY TOPICS AND DEBATES THE METAPHYSICAL PROBLEM OF CONSCIOUSNESS INCLUDING VARIETIES OF DUALISM AND MATERIALISM CONSCIOUSNESS AND NEUROSCIENCE PARTICULARLY THE QUESTION OF WHETHER CONSCIOUSNESS CAN BE REDUCED TO BRAIN ACTIVITY OR ATTENTIONAL MECHANISMS REPRESENTATIONAL AND COGNITIVE THEORIES OF CONSCIOUSNESS CONSCIOUSNESS AND PSYCHOPATHOLOGY ANIMALS MACHINES AND CONSCIOUSNESS EXTENSIVE USE IS MADE OF INTERESTING PHENOMENA THROUGHOUT THE BOOK RANGING FROM BLINDSIGHT SYNAESTHESIA AND CHANGE BLINDNESS TO PHANTOM LIMB SYNDROME SPLIT BRAIN CASES AND DISSOCIATIVE IDENTITY DISORDER DID THE INCLUSION OF CHAPTER SUMMARIES ANNOTATED FURTHER READING AND A GLOSSARY MAKE THIS BOOK ESSENTIAL READING FOR ANYONE SEEKING A CLEAR AND INFORMATIVE OVERVIEW OF THE PROBLEM OF CONSCIOUSNESS NOT ONLY IN PHILOSOPHY BUT RELATED FIELDS SUCH AS PSYCHOLOGY AND COGNITIVE SCIENCE

BRAIN, MIND AND CONSCIOUSNESS IN THE HISTORY OF NEUROSCIENCE

2014-04-23

FIRST PUBLISHED IN 1995 ROUTLEDGE IS AN IMPRINT OF TAYLOR FRANCIS AN INFORMA COMPANY

INNER SWITCH

2023-05-09

A SIGNIFICANT DRIVER OF DISENGAGEMENT AMONGST EMPLOYEES IS A LACK OF PSYCHOLOGICAL SAFETY GENERATED FROM WEAK AND UNDERDEVELOPED INTRA AND INTERPERSONAL SKILLS ON THE PART OF MANAGERS ADDRESSING THE ISSUE HEAD ON THIS BOOK ENABLES LEADERS TO LEAD WITH CONSCIOUS AWARENESS TO BUILD AND SUSTAIN PSYCHOLOGICALLY SAFE CULTURES THROUGH WHICH TEAM MEMBERS MAY POSITIVELY ENGAGE WITH WORK IN A FAR MORE MEANINGFUL AND PURPOSEFUL WAY ALL TOO OFTEN LEADERSHIP FOLLOWER RELATIONSHIPS ARE PURELY TRANSACTIONAL AND FOCUS ON ERRORS AND PROBLEMS RESULTING IN AN IMPOVERISHED TRANSACTIONAL LEADERSHIP CULTURE THESE DYNAMICS RESULT IN WEAK RAPPORT LOW LEVELS OF EMOTIONAL INTELLIGENCE ON THE PART OF LINE MANAGERS AND SUBSEQUENTLY EMPLOYEE DISENGAGEMENT THIS BOOK UNPACKS THESE DRIVERS IN DETAIL AND BUILDS A MODEL THAT CAN BE USED AS THE BASIS OF PERSONAL DEVELOPMENT AND AS A LARGE SCALE INTERVENTION INTO THE LEADERSHIP CULTURE OF AN ORGANISATION THIS MODEL IS VERY ACCESSIBLE AND CAN BE USED IN A STRUCTURED TRAINING PROGRAMME THROUGH A SERIES OF ACTION LEARNING WORKSHOPS BASED UPON COACHING RELATIONSHIPS AND MUTUAL DIALOGUE THE BOOK IS IDEAL READING FOR HRM MANAGERS CHANGE LEADERS LEARNING AND DEVELOPMENT MANAGERS STUDENTS OF MANAGEMENT AND LEADERSHIP AND LINE MANAGERS IN ORGANISATIONS WHO ARE INVOLVED IN LEADERSHIP ROLES

LOCATION- AND CONTEXT-AWARENESS

2005-05-03

A CENTRAL CLAIM OF THIS BOOK IS THAT THE EMERGENCE OF HUMANITY INVOLVES A SPLITTING OF CONSCIOUSNESS THE ABILITY OF CONSCIOUSNESS TO BECOME REFLECTIVELY AWARE OF ITSELF BUT THE SPLITTING OF CONSCIOUSNESS IS SIMULTANEOUSLY THE DEVELOPMENT OF THE POSSIBILITY OF FRAGMENTATION INCOHERENCE WITHIN CONSCIOUSNESS AND ALIENATION NON UNITY OF CONSCIOUSNESS WITH OTHERS AND THE WORLD THUS THROUGH THE GROWTH OF REFLECTIVE CONSCIOUSNESS SEPARATION COMES TO PERMEATE THE WHOLE OF HUMAN EXPERIENCE SO UNDERSTOOD IT CREATES THE NEED FOR INTEGRATION AND ROSSMAN S DISCUSSION ULTIMATELY CENTERS ON ITS ATTAINMENT WITHIN THIS PERSPECTIVE VARIOUS ASPECTS OF CONSCIOUSNESS INCLUDING PERCEPTION ORGANIC SENSATION DESIRE AND BELIEF ARE EXPLORED THERE IS ALSO EXTENSIVE DISCUSSION OF PERSONAL IDENTITY OR THE EXPERIENCE OF BEING A SELF FINALLY THE ABOVE ANALYSES PROVIDE THE GROUND FOR DISCUSSIONS OF FREEDOM MORALITY AND BEING RELIGIOUS

BRAIN STATES AND NEURAL MECHANISMS OF CONSCIOUSNESS

2022-09-30

THIS BOOK IS A STEP BY STEP EXCURSION INTO THE UNFOLDING OF CONSCIOUSNESS IT MERGES SCIENCE AND SPIRITUALITY IN SIMPLE CHRISTIAN TERMS TO ATTUNE THE READER TO BODY MIND AND SPIRIT THE BOOK BEGINS WITH THE KNOWLEDGE OF OUR ONENESS WITH A GOD THAT IS EVERYWHERE IN PURECONSCIOUSNESS AND THEN IT LEADS ONE TO THE ULTIMATE CHRISTIAN GOAL THE BOOK ATTUNES THE READER TO SCIENCE AND SPIRITUALITY BECAUSE THEY ARE NOT DIVORCED BUT COMPLIMENT EACH OTHER SCIENTIST AND PROPHETS THROUGH OUT ALL THE AGES OF CIVILIZATION HAVE RECOGNIZED THE IMMENSE POWER THAT GOVERNS AND CONTROLS THE UNIVERSE

CONSCIOUSNESS

2016-10-04

WHAT MAKES A MORAL PERSON MORAL WHO DECIDES WHAT MORALITY MEANS WHAT MAKES LEADERSHIP PRACTICE MORAL IN TODAY S SCHOOLS WHAT STANDS AS MORAL LEADERSHIP THESE ARE QUESTIONS THAT REFLECT THE COMPLEXITY INTEGRAL TO THE CALCULUS OF HUMAN MORALITY ESPECIALLY IN A WORLD THAT IS DEFINED DAILY BY ITS VARIANT MEANINGS OF MORALITY ITS ACTS OF IMMORALITY THE SCHOOL AS AN EDUCATIONAL SETTING IS OR SHOULD BE A DECIDEDLY MORAL CENTER OF THE SOCIETY IT IS THE NATURAL INTERSECT BETWEEN THE FAMILY AND THE MULTI DIMENSIONAL NATURE OF PUBLIC LIFE EDUCATIONAL LEADERSHIP AND MORAL LITERACY ADDRESSES THESE QUESTIONS SITUATING THE READER IN A CONVERSATION THAT EXAMINES THE MEANING AND NATURE OF MORAL LEADERSHIP THROUGH THE LENS OF MORAL LITERACY AND THE DISPOSITIONAL AIMS OF MORAL LEADERSHIP IN EDUCATIONAL SETTINGS THE CONTRIBUTING AUTHORS EXTEND AN ARGUMENT THAT THE WORK OF LEADER EDUCATORS AND PRACTITIONERS ALIKE MUST CONTINUOUSLY BE RE ARTICULATED AROUND THE DISPOSITIONAL AIMS ALIGNED WITH A MORAL DEMOCRATIC EDUCATION EDUCATORS MUST BE CONCERNED WITH DEVELOPING THE MORAL INTELLECTUAL AND AESTHETIC DIMENSIONS OF THE EDUCATIONAL LEADER AS A MORAL PERSON

QUESTIONS OF CONSCIOUSNESS

2003-12-16

EMBRACING THE AGE OF DIGITAL GRIMOIRES ALT WITCHERY A DIY GUIDE TO BUILDING YOUR BOOK OF SHADOWS IN A TECH SAVVY WORLD EMPOWERS YOU TO CRAFT A MODERN MAGICAL PRACTICE THIS COMPREHENSIVE GUIDE EXPLORES THE CORE PRINCIPLES OF WITCHCRAFT HELPING YOU TRANSLATE ANCIENT TRADITIONS INTO A DIGITAL FORMAT THAT INTEGRATES SEAMLESSLY WITH YOUR LIFE FORGET BULKY TOMES DISCOVER HOW TO LEVERAGE THE POWER OF TECHNOLOGY TO DESIGN A DYNAMIC AND PERSONALIZED BOOK OF SHADOWS LEARN HOW TO WEAVE SPELLS CRAFT RITUALS AND CURATE YOUR MAGICAL TOOLKIT USING APPS ONLINE RESOURCES AND DIGITAL TOOLS PACKED WITH PRACTICAL EXERCISES PROMPTS AND INSPIRATION ALT WITCHERY WILL EQUIP YOU TO BUILD A DIGITAL BOOK OF SHADOWS THAT REFLECTS YOUR UNIQUE MAGICAL PATH UTILIZE DIGITAL TOOLS FOR SPELLCASTING SIGIL CREATION AND MOON PHASE TRACKING DISCOVER ONLINE RESOURCES FOR DEEPENING YOUR KNOWLEDGE OF HERBS CRYSTALS AND MAGICAL LORE CONNECT WITH A VIBRANT ONLINE WITCHCRAFT COMMUNITY FOR SUPPORT AND INSPIRATION WHETHER YOU RE A TECH SAVVY WITCH SEEKING TO MODERNIZE YOUR PRACTICE OR A CURIOUS NEWCOMER DRAWN TO THE ALLURE OF MAGIC ALT WITCHERY A DIY GUIDE TO BUILDING YOUR BOOK OF SHADOWS IN A TECH SAVVY WORLD IS YOUR ESSENTIAL GUIDE TO CREATING A POWERFUL AND PRACTICAL MAGICAL TOOLKIT FOR THE DIGITAL AGE

BUILDING A CULTURE OF CONSCIOUS LEADERSHIP

2022-08-22

WHAT IS CONSCIOUSNESS WHAT IS LIFE WHAT IS THE UNIVERSE THIS BOOK EXPLORES THESE THREE INTERCONNECTED QUESTIONS PROVIDING DEEP INSIGHTS INTO THE PAST PRESENT AND FUTURE OF CONSCIOUSNESS RESEARCH CONSCIOUSNESS LIFE AND THE UNIVERSE BUILDS A UNIFIED VIEW OF CONSCIOUSNESS ACROSS BIOLOGICAL CHEMICAL AND PHYSICAL SCALES TRACING THE NATURAL CONNECTIONS FROM THE INFINITESIMALLY SMALL TO THE INFINITELY BIG FROM QUANTUM FIELDS AND ELEMENTARY PARTICLES TO MOLECULES CELLS AND LIVING ORGANISMS TO THE COSMOS FROM THE EVOLUTION OF LIFE TO THE EVOLUTION OF THE UNIVERSE AND TO THE FUTURE OF HUMANITY THE BOOK PROVIDES A UNIFIED FRAMEWORK FOR FUTURE CONSCIOUSNESS STUDIES AND IDENTIFIES THE SCIENTIFIC AND TECHNOLOGICAL APPROACHES THAT ARE ESSENTIAL FOR FURTHER UNDERSTANDING CONSCIOUSNESS THROUGH THIS PIONEERING RESEARCH APPROACH THE BOOK CLEARLY REDEFINES CONSCIOUSNESS AND LIFE AND CONCEIVES A PLAUSIBLE VIEW OF THE ORIGIN AND NATURE OF THE UNIVERSE THIS IS A MUST READ FOR STUDENTS AND RESEARCHERS IN CONSCIOUSNESS STUDIES COGNITIVE PSYCHOLOGY COGNITIVE SCIENCE AND NEUROSCIENCE AS WELL AS ANYONE INTERESTED IN THE BIOLOGICAL AND PHYSICAL BASIS OF CONSCIOUSNESS AND THE HISTORY AND EVOLUTION OF CONSCIOUSNESS RESEARCH

CONSCIOUSNESS

1991-01-21

AS MODERN TECHNOLOGIES CONTINUE TO DEVELOP AND EVOLVE THE ABILITY OF USERS TO INTERFACE WITH NEW SYSTEMS BECOMES A PARAMOUNT CONCERN RESEARCH INTO NEW WAYS FOR HUMANS TO MAKE USE OF ADVANCED COMPUTERS AND OTHER SUCH TECHNOLOGIES IS NECESSARY TO FULLY REALIZE THE POTENTIAL OF 21ST CENTURY TOOLS HUMAN COMPUTER INTERACTION CONCEPTS METHODOLOGIES TOOLS AND APPLICATIONS GATHERS RESEARCH ON USER INTERFACES FOR ADVANCED TECHNOLOGIES AND HOW THESE INTERFACES CAN FACILITATE NEW DEVELOPMENTS IN THE FIELDS OF ROBOTICS ASSISTIVE TECHNOLOGIES AND COMPUTATIONAL INTELLIGENCE THIS FOUR VOLUME REFERENCE CONTAINS CUTTING EDGE RESEARCH FOR COMPUTER SCIENTISTS FACULTY AND STUDENTS OF ROBOTICS DIGITAL SCIENCE AND NETWORKED COMMUNICATIONS AND CLINICIANS INVESTED IN ASSISTIVE TECHNOLOGIES THIS SEMINAL REFERENCE WORK INCLUDES CHAPTERS ON TOPICS PERTAINING TO SYSTEM USABILITY INTERACTIVE DESIGN MOBILE INTERFACES VIRTUAL WORLDS AND MORE

EVOLUTION OF CONSCIOUSNESS

2004

THIS BOOK PROVIDES A FRAMEWORK GROUNDED IN THE INTERNATIONAL COACH FEDERATION S EIGHT CORE COMPETENCIES FOR UNDERSTANDING THE COACHING RELATIONSHIP AND HOW IT BENEFITS THE CLIENT IT HELPS THE READER TO UNDERSTAND THE WIDE VARIETY OF APPLICATIONS OF PERSONAL COACHING AND EXPLAINS THE CHANGE AND COACHING MODELS THAT HAVE EVOLVED OVER DECADES

EDUCATIONAL LEADERSHIP AND MORAL LITERACY

2014-03-18

PUBLISHER DESCRIPTION

INSIGHTS IN CONSCIOUSNESS RESEARCH 2021

2023-05-31

FRAMING CONSCIOUSNESS IN ART EXAMINES HOW THE CONSCIOUS MIND ENACTS AND PROCESSES THE FRAME THAT BOTH SURROUNDS THE WORK OF ART YET IS ALSO SHOWN AS AN ELEMENT INSIDE ITS SPACE THESE FRAMES IN FRAMES MAY BE SEEN IN WORKS BY TENIERS VELAZQUEZ VERMEER DEGAS RODIN AND CARTIER BRESSON AND IN THE FILMS OF ALFRED HITCHCOCK AND BUNEL THE BOOK ALSO DEALS WITH FRAMING IN A VARIETY OF CULTURAL CONTEXTS INDIAN CHINESE AND AFRICAN GOING BEYOND EURO AMERICAN FORMALIST AND AESTHETIC CONCERNS WHICH DOMINATE CRITICAL THEORIES OF THE FRAME

AWARENESS: DIGITAL WITCHCRAFT: BUILDING YOUR BOOK OF SHADOWS IN THE TECH AGE

2024-02-20

THE BOOK CONSISTS OF RESEARCH CONTRIBUTIONS DEALING WITH THE CRUCIAL NOTION OF SITUATIONAL AWARENESS WITHIN ASSISTIVE SMART SYSTEMS EMERGING AS AN OVERARCHING CONCEPT AN APPLIED COMPUTER SCIENCE CHARACTER HAS BEEN RETAINED WHILST BRINGING TO THE FORE RESEARCH PROJECTS WHERE FORMAL KNOWLEDGE REPRESENTATION AND REASONING TECHNIQUES HAVE BEEN DEMONSTRATED TO BE APPLICABLE TO AREAS WITHIN THE BROADER FIELD OF AMBIENT INTELLIGENCE AND SMART ENVIRONMENTS PLOS PRESS IS AN INTERNATIONAL SCIENCE TECHNICAL AND MEDICAL PUBLISHER OF HIGH QUALITY BOOKS FOR ACADEMICS SCIENTISTS AND PROFESSIONALS IN ALL FIELDS SOME OF THE AREAS WE PUBLISH

2023-07-14

10/13

TIMEX EXPEDITION DIGITAL COMPASS

INSTRUCTIONS

CONSCIOUSNESS, LIFE AND THE UNIVERSE

2024-04-23

OUR SPIRITUAL DESTINY MANIFESTING NEW BODIES DISCUSSES THE WAYS THAT EVOLUTIONARY FORCES ARE CONTINUING TO UNFOLD THROUGH ALL GRADATIONS OF LIFE IT EXPLAINS THE PURPOSE OF HUMAN LIFE AS THE EXPANSION OF CONSCIOUSNESS IN MATTER THROUGH ONGOING BODY DEVELOPMENT WE HAVE THE CHOICE TO FULFILL THIS PURPOSE CONSCIOUSLY AT AN ACCELERATED PACE BY CHANGING AND RAISING THE MATTER OF OUR BODIES TO A LEVEL OF OUR DIVINE ESSENCE UTILIZING THE CAPACITIES OF OUR HIGHER SELVES WITHIN AN INITIATORY FRAMEWORK OF GROWTH AND TRANSMUTATION WE CAN ACTIVELY PARTICIPATE IN OUR BODY DEVELOPMENT THEREBY HELPING TO EXPEDITE THE MANIFESTATION OF NEW BODIES THE FOLLOWING ARE PASSAGES FROM VARIOUS CHAPTERS IN THE BOOK FROM ALIGNMENT CLARIFICATION MANY OF THE ANCIENT WISDOM TRADITIONS SACRED RELIGIOUS TEXTS AND MODERN DAY WRITERS HAVE ALL ALLUDED TO SOME FORM OF PHYSICAL TRANSCENDENCE LIFE EXTENSION OR THE RAISING AND REFINEMENT OF THE PHYSICAL BODY FROM THE PAST EACH CULTURE RELIGION OR ENTITY HAS ITS OWN INTERPRETATION AND LANGUAGE OF WHAT THE STORIES MEAN OR SYMBOLIZE AND HOW THEY APPLY TO THE PRESENT DAY I BELIEVE THAT MANY OF THESE REFERENCES RELATE TO PHYSICAL ASCENSION PHYSICAL BODY PERFECTION OR PHYSICAL IMMORTALITY ALL INCLUDE THE SAME PREMISE THAT OUR BODIES ARE OF A NATURE AND ESSENCE WHICH ENABLE THEIR TRANSFORMATION FROM OUR JOURNEY INTO MATTER I HAVE COME TO SEE ALL OF CREATION AS A WORK IN PROGRESS GRADUALLY WORKING ITS WAY TOWARDS FULFILLMENT THROUGH EVOLUTIONARY FORCES MATTER IS CONTINUALLY BEING PREPARED TO EXPRESS EVER HIGHER ASPECTS OF CONSCIOUSNESS IN OUR PHYSICAL LIFE IT MAY NOT ALWAYS SEEM LIKE IT BUT I ALSO BELIEVE WE ARE IMPORTANT AGENTS OF CHANGE FOR THE EXPANSION OF CONSCIOUSNESS IN THE WORLD OUR IMMORTAL HUMAN SPIRIT REPEATEDLY REINCARNATES WITHIN HUMANITY WITH INCREASING EXPERIENCE TO HELP UNFOLD AND EXPAND A HIGHER PLAN FOR MATTER HOWEVER OUR MAIN PROBLEM WITH THIS TASK IS THAT BY TAKING PHYSICAL FORM IN MATTER BODIES WE CANNOT REMEMBER OUR DIVINE ORIGINS IN THE INNER UNSEEN REALMS FROM REMEMBERING SOME RELIGIOUS SCHOLARS SUGGEST THAT THE ESSENCE OF ALL SACRED MATERIAL IS SOMEHOW BURIED DEEP WITHIN OUR BEING IF THIS IS TRUE THEN HELPING US REMEMBER MUST BE THE INTENT AND PURPOSE OF ALL DIVINELY INSPIRED SACRED BOOKS SPIRITUAL LITERATURE AND CULTURAL MYTHS IN THE WORLD SOMEWHERE IN OUR BEING OR HIGHER SELF WE ALREADY KNOW THE PURPOSE OF PHYSICAL LIFE IN MATTER AS EVOLUTION PROGRESSES AND OUR CONSCIOUSNESS EXPANDS THROUGH TIME WE ARE INCREMENTALLY WORKING TOWARDS REMEMBERING THIS PURPOSE FROM SPIRITUAL ORIENTATION AND ALIGNMENT FOR MOST OF US THE PHYSICAL DEMANDS OF OUR DAILY LIVES CAPTURE OUR CONSCIOUS ATTENTION AND VITAL ENERGIES THIS HAPPENS GRADUALLY WITHIN OUR RITUALIZED PATTERNS AND DAILY ACTIVITIES THROUGH THIS PHYSICAL FOCUS AND ORIENTATION THE CRYSTALLIZING FORCE IN MATTER CONSTRUCTS BARRIERS WITHIN OUR CONSCIOUSNESS AND BODIES THAT MAINTAIN AND REINFORCE THIS ALIGNMENT BECAUSE OF ITS COMPELLING AND COALESCING NATURE OUR LIFE ENERGIES ARE DRAINED THROUGH ATTACHMENT TO THE FORM AND ROUTINE OF OUR LIVES AS A RESULT WE USUALLY FEEL AND BELIEVE WE HAVE LITTLE LEFT OVER TO DEVOTE TO OUR SPIRITUAL DEVELOPMENT FROM HEALTH AND NEW BODY ALIGNMENT MOST PEOPLE HAVE GROWN UP WITH A BODY CENTERED IDENTITY EVERYTHING ABOUT LIVING IN THE WORLD SEEMS TO CONDITION US TO IDENTIFY WITH THIS ORIENTATION THE REALITIES OF PHYSICAL LIFE THROUGHOUT HISTORY HAVE ENCOURAGED US TO STRENGTHEN BUILD UP OR PERFECT OUR NATURAL BODY IN ONE WAY OR ANOTHER THIS ALIGNMENT HAS ENSURED THE SURVIVAL OF OUR SPECIES EVEN TODAY IN OUR MODERN WORLD WE CONTINUE TO VALUE THE ATTRIBUTES OF PHYSICAL STRENGTH FITNESS AND VITALITY AS THE ULTIMATE EXPERIENCE OF A GOOD LIFE FROM THE STANDPOINT OF OUR PRESENT BODIES AND OUR COLLECTIVE BELIEFS ABOUT THEM THIS ORIENTATION IS HELPFUL AND NECESSARY HOWEVER

MINDFULNESS MASTERY: TRANSFORM YOUR LIFE WITH PRESENT MOMENT AWARENESS

2015-10-02

THIS BOOK BRINGS FORWARD AN EXTRAORDINARY REFRESHING POINT OF VIEW OF THE FIRST TEACHING OF THE REALITY BEYOND DUALITY INTO THE TRINITY OF YOUR TRUE ESSENCE THE DIAMOND GEOMETRY OF LIGHT ACTIVATES THE FULL DNA AND ACCELERATES THE ASCENSION PROCESS THIS BOOK OFFERS SPECIFIC EXERCISES AND PRACTICES THAT HELP YOU USE THESE TOOLS TO BREATHE THE DIAMOND LIGHT BACK INTO YOUR AWARENESS THE FEMALE MERKABA IS AN IMPORTANT COMPONENT TO THE DIAMOND LIGHT IT IS A MESSAGE FOR EVERYONE AND SPECIFICALLY USEFUL FOR THOSE PEOPLE THAT ARE READY TO TAKE THE NEXT STEP IN THEIR OWN PERSONAL EVOLUTION BROADENING YOUR AWARENESS IS THE KEY

HUMAN-COMPUTER INTERACTION: CONCEPTS, METHODOLOGIES, TOOLS, AND APPLICATIONS

2022

THIS BOOK DETAILS A MODEL OF CONSCIOUSNESS SUPPORTED BY SCIENTIFIC EXPERIMENTAL DATA FROM THE HUMAN BRAIN IT PRESENTS HOW THE COROLLARY DISCHARGE OF ATTENTION MOVEMENT CODAM NEURAL NETWORK MODEL ALLOWS FOR A SCIENTIFIC UNDERSTANDING OF CONSCIOUSNESS AS WELL AS PROVIDES A SOLUTION TO THE MIND BODY PROBLEM THE BOOK PROVIDES READERS WITH A GENERAL APPROACH TO CONSCIOUSNESS THAT IS POWERFUL ENOUGH TO LEAD TO THE INNER SELF AND ITS RAMIFICATIONS FOR THE VAST RANGE OF HUMAN EXPERIENCES IT ALSO OFFERS AN APPROACH TO THE EVOLUTION OF HUMAN CONSCIOUSNESS AND FEATURES CHAPTERS ON MENTAL DISEASE ESPECIALLY SCHIZOPHRENIA AND ON MEDITATIVE STATES INCLUDING DRUG INDUCED STATES OF MIND SOLVING THE MIND BODY PROBLEM BRIDGES THE GAP THAT EXISTS BETWEEN PHILOSOPHERS OF MIND AND THE NEUROSCIENCE COMMUNITY ALLOWING THE ENORMOUS WEIGHT OF THEORIZING ON THE NATURE OF MIND TO BE BROUGHT TO EARTH AND PUT UNDER THE PROBING GAZE OF THE SCIENTIFIC FACTS OF LIFE AND MIND

FOUNDATIONS OF PROFESSIONAL COACHING

2002-07-15

LOCATION AWARENESS IN THE AGE OF GOOGLE MAPS EXPLORES THE MUNDANE ACT OF NAVIGATING CITIES IN THE AGE OF DIGITAL MAPPING INFRASTRUCTURES NOONE FOLLOWS THE FRICTIONS ROUTING THROUGH GOOGLE MAPS CATEGORISING AND CLASSIFYING OF SPATIAL INFORMATION COMPLICATING THE ASSUMPTION THAT DIGITAL MAPS DISTORT A SENSE OF DIRECTION NOONE ARGUES THAT GOOGLE MAPS LOCATION AWARENESS DOES MORE THAN JUST ORGANISE AND ORIENT A REPRESENTATION OF SPACE IT ALSO ORGANISES AND ORIENTS IMAGINARIES OF PUBLICNESS SELFSUFFICIENCY LEGIBILITY AND ERROR AT THE SAME TIME LOCATION AWARENESS IN THE AGE OF GOOGLE MAPS HELPS TO ANIMATE THE ORDINARY WAYS PEOPLE ARE CHALLENGING AND REFUSING GOOGLE MAPS VISION OF THE WORLD DRAWING ON AN ARTS BASED FIELD STUDY SPANNING THE STREETS OF LONDON NEW YORK LONDON TORONTO AND AMSTERDAM NOONE S ENCOUNTERS OF ASKING FOR DIRECTIONS OPEN UP LINES OF INQUIRY AND SPATIAL SCORES THAT CUT THROUGH GOOGLE S UNIVERSAL MAPPING PROJECT LOCATION AWARENESS IN THE AGE OF GOOGLE MAPS WILL BE ESSENTIAL READING FOR INFORMATION STUDIES AND MEDIA STUDIES SCHOLARS AND STUDENTS WITH AN INTEREST IN EMBODIED INFORMATION PRACTICES CRITICAL INFORMATION STUDIES AND CRITICAL DATA STUDIES THE BOOK WILL ALSO APPEAL TO AN URBAN STUDIES AUDIENCE ENGAGED IN WORK ON THE DIGITAL CITY AND THE DATAFICATION OF URBAN ENVIRONMENTS

CONSCIOUSNESS AND LANGUAGE

2009

THIS BOOK IS ABOUT THE NEUROSCIENCE OF YOU AND THE MIND BODY CONNECTION STARTING WITH THE EVOLUTION OF AWARENESS THE BOOK WILL EXPLAIN THE THEORY OF MIND AND HOW IT RELATES TO OUR ABILITY TO RECOGNIZE OURSELVES IN THE MIRROR IN THE SECOND PART THE BOOK WILL DISCUSS THE PHILOSOPHY OF CONSCIOUSNESS AND HOW WE COULD CREATE CONSCIOUSNESS WITH ARTIFICIAL INTELLIGENCE WHO IS THIS FOR WHAT IS IT ABOUT WHAT WILL IT DO FOR ME THIS BOOK IS FOR ANYONE INTERESTED IN THE INNER MECHANISMS THAT MAKE UP YOU YOUR CONSCIOUSNESS YOUR PERCEPTION OF SELF AND YOUR AWARENESS WHILE IT RAISES SIGNIFICANT PHILOSOPHIC AND SCIENTIFIC QUESTIONS IT IS AN INTRODUCTORY BOOK AND CAN BE READ AND UNDERSTOOD BY ANYONE NEW TO THE TOPIC THE BOOK EXPLAINS HOW OUR BRAIN EVOLVED OVER MILLIONS OF YEARS WHAT DAMAGE TO OUR BRAIN CAN DO TO OUR CONSCIOUS EXPERIENCE OF THE WORLD AND HOW WE COULD RECREATE HUMAN CONSCIOUSNESS IN A MECHANICAL SYSTEM FOR YOU THE READER THE BOOK WILL PROVIDE YOU WITH A NEW PERSPECTIVE ON FREE WILL CONSCIOUSNESS AND PHILOSOPHY IMAGINE ONE OF OUR ANCESTORS IN THE DISTANT PAST SITTING NEAR A LAKE LOST IN THOUGHT SHE LOOKS INTO THE WATER AND SEES HER REFLECTION THEN FOR THE FIRST TIME IN THE EVOLUTIONARY HISTORY OF HUMANS THE QUESTION IS ASKED WHAT IS THIS EXPERIENCE I HAVE OF MYSELF UNBEKNOWNST TO HER THAT QUESTION WOULD VEX HUMANITY THROUGH MODERN TIMES TODAY THERE IS AGAIN AN ENTITY LOOKING INTO A PROVERBIAL LAKE AND EXAMINING ITS REFLECTION WHILE ARTIFICIAL INTELLIGENCE IS STILL IN ITS INFANCY IT IS ON THE VERGE OF RECOGNIZING ITSELF AND ASKING THE SAME QUESTION WHO AM I THE CLOSER WE COME TO A MACHINE THAT SEEMS TO BE AS INTELLIGENT AS A HUMAN BEING THE MORE WE START TO WORRY ABOUT OUR OWN SUBJECTIVE EXPERIENCE IF A COMPUTER EVENTUALLY BECOMES INDISTINGUISHABLE FROM US WHAT MAKES HUMANS SPECIAL WHAT IS OUR ROLE IN THE UNIVERSE IF WE ARE SO SIMILAR TO A COMPUTER PROGRAM DOES YOUR BRAIN NEED YOU AT ALL IN THIS BOOK I WILL EXAMINE FROM THE GROUND UP QUESTIONS ABOUT CONSCIOUSNESS MANY STEPS TOWARD THE UNDERSTANDING OF THE SELF WILL TELL YOU NOTHING ABOUT THE SELF UNTIL YOUR RIGHT HEMISPHERE CONNECTS EVERYTHING INTO ONE IDEA AS YOU UNDERSTAND THE CONCEPT SUCH AN INSIGHT IS ALSO CALLED AN EPIPHANY USING A BRAIN SCANNER WE CAN ACTUALLY OBSERVE SOMEONE HAVING AN EPIPHANY WHEN THE BRAIN S RIGHT HEMISPHERE SUDDENLY BUZZES WITH ACTIVITY WHILE THE LEFT HEMISPHERE DEALS WITH CONCRETE ENTITIES THE RIGHT HEMISPHERE HELPS WITH LOOKING FOR ALTERNATIVE MEANINGS FOR EXAMPLE THE LEFT HEMISPHERE MIGHT IDENTIFY A BANK AS A FINANCIAL INSTITUTION WHILE THE RIGHT HEMISPHERE ALSO CONSIDERS IT TO BE THE EDGE OF A RIVER RIVERBANK IN THE OLD INDO ARYAN LANGUAGE SANSKRIT AN EPIPHANY LEADING YOU TO THE ANSWER ABOUT WHO YOU ARE IS CALLED BODHI WHICH LITERALLY MEANS AWAKENING OR ENLIGHTENMENT SIMILARLY THE NAME BUDDHA MEANS THE AWAKENED ONE OR THE ENLIGHTENED ONE A SIMILAR IDEA CAN BE FOUND IN ZEN BUDDHISM AS SATORI WHICH CORRESPONDS TO A VERY SUDDEN INSIGHT THIS BOOK SHOWS SOME OF THE STEPS LEADING TO SATORI COMBINING THE INSIGHTS OF PHILOSOPHERS AND SCIENTISTS INTO A NEW IDEA OF WHAT THE SELF MEANS WITH THIS KNOWLEDGE WE CAN BETTER REFLECT ON OUR OWN VALUES AND ACT ACCORDING TO REALITY RATHER THAN JUST BLINDLY FOLLOWING SOMEONE ELSE S BELIEFS MY GOAL WITH THE BOOK IS TO GIVE YOU AN INTRODUCTION TO NEUROSCIENCE THAT IS NOT SCATTERED INTO DIFFERENT PARTS I AIM TO FOCUS ON HELPING YOU TO ANSWER THE FOLLOWING QUESTIONS WHAT IS THE SELF DOES YOUR BRAIN EVEN NEED A SELF IS THERE A CONSCIOUSNESS BEYOND THE BODY WHAT IS THIS SEEMINGLY MYSTERIOUS SUBJECTIVE EXPERIENCE WE SHARE HOW CAN WE THINK DREAM PLAN FEEL AND MAKE DECISIONS

FRAMING CONSCIOUSNESS IN ART

2012

SITUATIONAL AWARENESS FOR ASSISTIVE TECHNOLOGIES

2007-10-22

OUR SPIRITUAL DESTINY

2010-07-10

DIAMOND LIGHT AWARENESS

2013-12-05

SOLVING THE MIND-BODY PROBLEM BY THE CODAM NEURAL MODEL OF CONSCIOUSNESS?

2024-07-12

LOCATION AWARENESS IN THE AGE OF GOOGLE MAPS

2021-01-01

DOES YOUR BRAIN NEED YOU? AN INTRODUCTION TO NEUROSCIENCE AND CONSCIOUSNESS

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