

Read free Merchants of doubt how a handful of scientists obscured the truth on issues from tobacco smoke to global warming (Download Only)

many of the health problems linked to smoking can lower a person's quality of life smoking related illness can make it harder for a person to breathe get around work or play quitting smoking especially at younger ages can reduce smoking related disability here are some of the most gruesome diseases caused by smoking 1 lung cancer more people die from lung cancer than any other type of cancer cigarette smoking is the number one risk factor for lung cancer it's responsible for close to 90 of lung cancer cases smoking causes about 8 out of 10 of all deaths from chronic obstructive pulmonary disease copd 1 cigarette smoking increases risk for death from all causes in men and women 1 the risk of dying from cigarette smoking has increased over the last 50 years in the u s 1 cigarette smoking is a major public health concern with over 16 million americans living with a smoking related disease smoking and secondhand smoke exposure cause over 480 000 deaths in the u s each year the tobacco epidemic is one of the biggest public health threats the world has ever faced killing over 8 million people a year around the world more than 7 million of those deaths are the result of direct tobacco use while around 1 3 million are the result of non smokers being exposed to second hand smoke 4 smoking can cause long term negative effects on the body including heart disease cancer and diabetes whether smoked or chewed tobacco is dangerous to your health tobacco products contain a fact sheet that lists some of the cancer causing chemicals in tobacco smoke and describes the health problems caused by cigarette smoking and the benefits of quitting smoking cigarettes affects the respiratory system the circulatory system the reproductive system the skin and the eyes and it increases the risk of many cancers this article looks at 13 but smoking tobacco puts you at risk for cancer stroke heart attack lung disease and other health issues nicotine replacements and lifestyle changes may help you quit smoking can damage all parts of your body down to your dna cigarette smoking health risks and how to quit explains how never smoking and quitting result in decreased cancer and cancer deaths get detailed information about smoking risks and how to quit in this expert reviewed summary first signs of smoking related health issues often show up as numbness in the extremities with smoking being a major risk factor for heart attacks chronic obstructive pulmonary disease copd emphysema and cancer particularly lung cancer cancers of the larynx and mouth and pancreatic cancer 1 going blind smoking doesn't do your peepers any good smoking increases your risk of age related macular degeneration the leading cause of blindness in adults over the age of 65 2 type 2 diabetes smoking contributes to type 2 diabetes and increases the risk of complications from the disease including poor blood flow to legs and feet combustible tobacco products or those you must light on fire to use like cigarettes are especially damaging to the lungs and can lead to

lung cancer and other diseases smoking can cause several lung conditions that can have lasting effects learn about how to recognize the most common ones and when to seek medical help diseases caused by smoking kill more than 480 000 people in the u s each year here s a look at the risks linked to smoking as well as information to help you quit tobacco use has serious effects on the health of users in fact tobacco use remains the leading preventable cause of disease and death in the united states 1 leading to more than 480 000 overview no tobacco products including e cigarettes are safe most e cigarettes contain nicotine which is highly addictive and is a health danger for pregnant people developing fetuses and youth 1 aerosol from e cigarettes can also contain harmful and potentially harmful substances find out more on the health effects of smoking secondhand smoke other tobacco products and marijuana smoking is the number one cause of preventable disease and death worldwide there is strong medical evidence that smoking tobacco is a known or probable cause of several debilitating and often fatal diseases of the lungs heart and other organs it has negative effects on nearly every organ of the body and reduces overall health smoking harms almost every part of your body and increases your risk of many diseases smoking also affects how you look and feel your finances and the people close to you within 10 seconds of your first puff the toxic chemicals in tobacco smoke reach your brain heart and other organs

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the tobacco epidemic is one of the biggest public health threats the world has ever faced killing over 8 million people a year around the world more than 7 million of those deaths are the result of direct tobacco use while around 1.3 million are the result of non smokers being exposed to second hand smoke 4

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smoking can cause long term negative effects on the body including heart disease cancer and diabetes whether smoked or chewed tobacco is dangerous to your health tobacco products contain

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first signs of smoking related health issues often show up as numbness in the extremities with smoking being a major risk factor for heart attacks chronic obstructive pulmonary disease copd emphysema and cancer particularly lung cancer cancers of the larynx and mouth and pancreatic cancer

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diseases caused by smoking kill more than 480 000 people in the u s each year here s a look at the risks linked to smoking as well as information to help you quit

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tobacco use has serious effects on the health of users in fact tobacco use remains the leading preventable cause of disease and death in the united states 1 leading to more than 480 000

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overview no tobacco products including e cigarettes are safe most e cigarettes contain nicotine which is highly addictive and is a health danger for pregnant people developing fetuses and youth 1 aerosol from e cigarettes can also contain harmful and potentially harmful substances

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find out more on the health effects of smoking secondhand smoke other tobacco products and marijuana smoking is the number one cause of preventable disease and death worldwide

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