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down your brilliant ideas set goals and record your big dreams in diaries also function as a keepsake which you can use to remember your treasured memories it can also be used as a school notebook or business workbook great for planning strategy recording routines problem solving charting a company s direction or simply crossing off tasks as a multi suitable journal for women men boys and girls journal with motivational quotes makes a great gift for just about anybody to celebrate special occasions like birthdays anniversaries christmas easter holidays or as a going away present for a friend or family member who is about to embark on a trip and needs a place to record their journey ten percent of book sales go towards enabling youth in developing countries to access better educational opportunities this money is being donated to build to learn an initiative started by the mindful word

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